John Martín Cordero Peralta (2012)

You told me in the workshop: "move but don't dance" ... i could not understand ... i still have it in mind "move but don't dance" it is incredible to be present and here connected with the sense of observing what happens, allowing to move without dancing as it is already happening; the law of impermanence everything is changing all the time. Thanks for teaching me how bodying is in the bathroom, cooking, walking all the time.