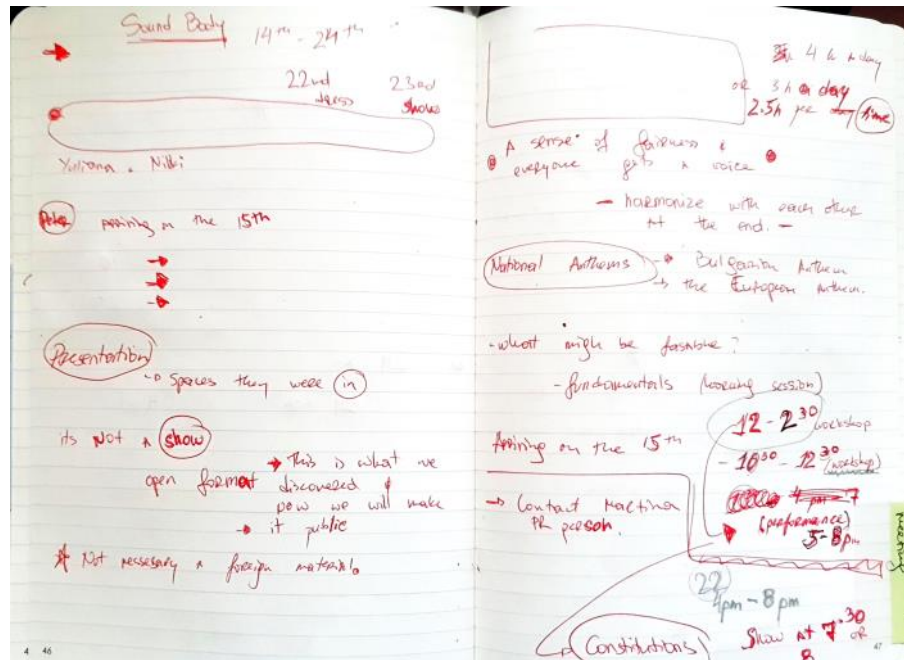
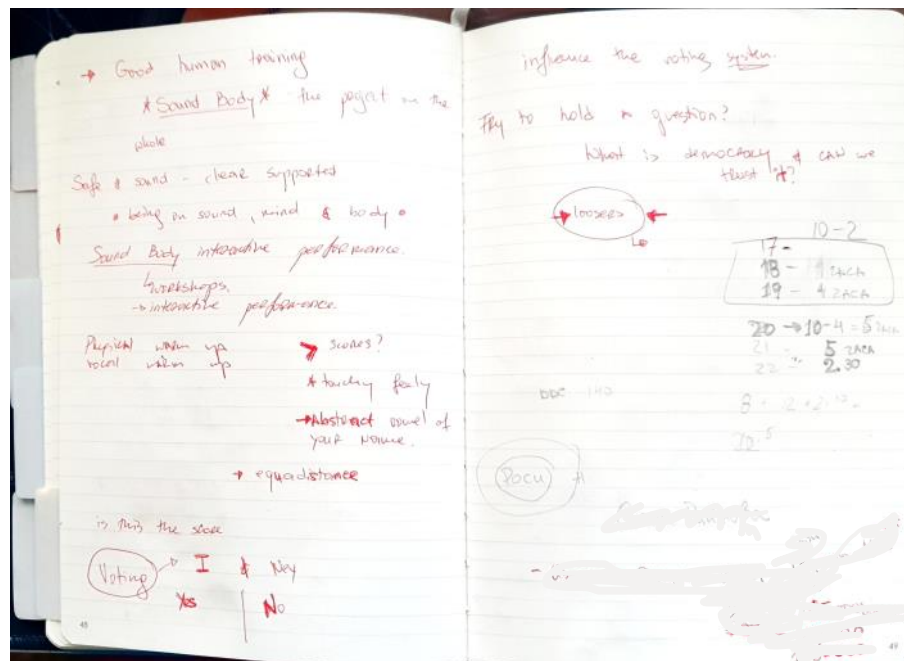


Sound Body notes

Tuesday, January 14, 2025 2:47 PM



First meeting about Sound Body - deciding times and schedule



→ social democratic ideography
 → how democracy is formed & what we
 And is there utopia in it.
 - Simone Forti - moving objects (how to create a situation)
 • Special effects (how people into a situation)

↳ look at the situation in a different way (Special effects)

Project D →
 I will work on interaction
 it will be site specific.
 Audience has a huge role in making the work.

(researching & documenting)
 different leadership aspects

We will decide how we will use the space.

- Reading Project D it seems the assignment is not focused on working in public space, but it is rather concerned with working on with people & audiences.

→ Jason - content like about a meeting
 → Sound Body

Peter Sciacchi
 - workshop
 +

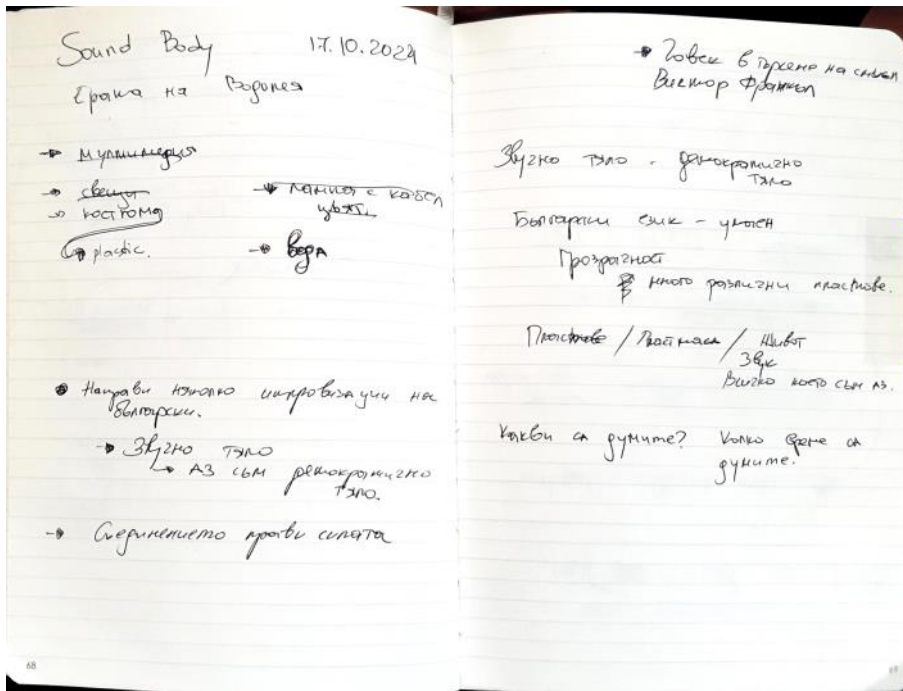
flights →
 Lufthansa →
 KLM →
 Austrian →
 Turkish →
 Delta →

14th JFK 6:10 pm
 Vienna 55 min <
 Sofia 11:50 noon

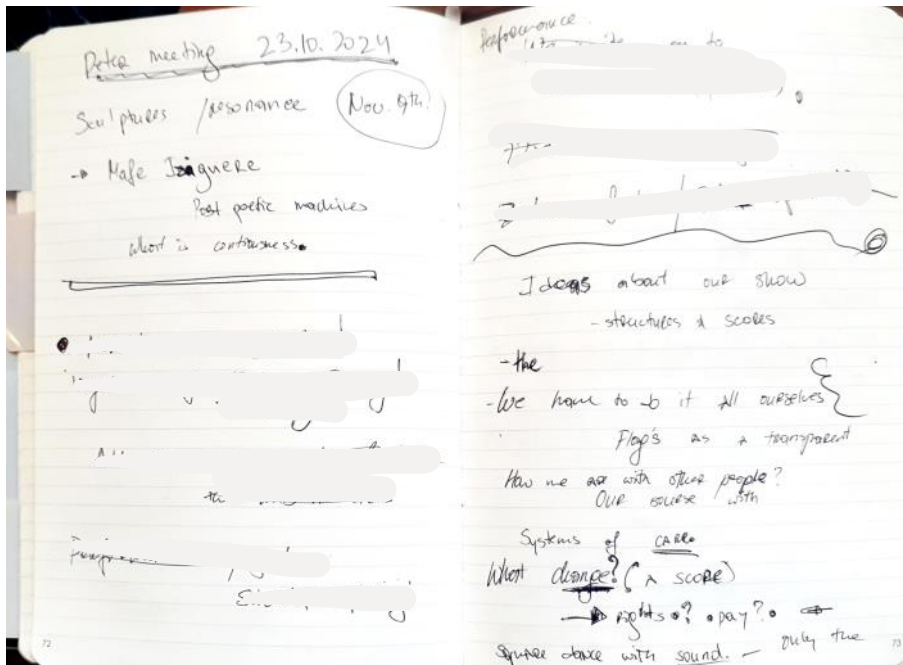
24th 11:05 50 min Vienna
6:40

Changeable \$797 → about \$800

Date of Birth July 25, 1974
 Peter Dyle Sciacchi



Meeting with Peter Sciscioli in Burgas



A pulse & a tempo
repeat your sounds / as a
workshop

Reception - rights
health
family care
pay

Political systems
how do we both direct & give agency to.

Something good to work about with a
fancy pen.

Come to you need
filling up the fridge

likely that I speak in English
Luisa
Pavla
Wah
Nash
several
Chad Spencer
may appear it will
turn into Blue
over time.

Google adds \$10 per week

Temporary Pa
04 - life in temporary town maps
or housing!

- for people moving for money!
gathering of data / huge amounts of data &
networks.

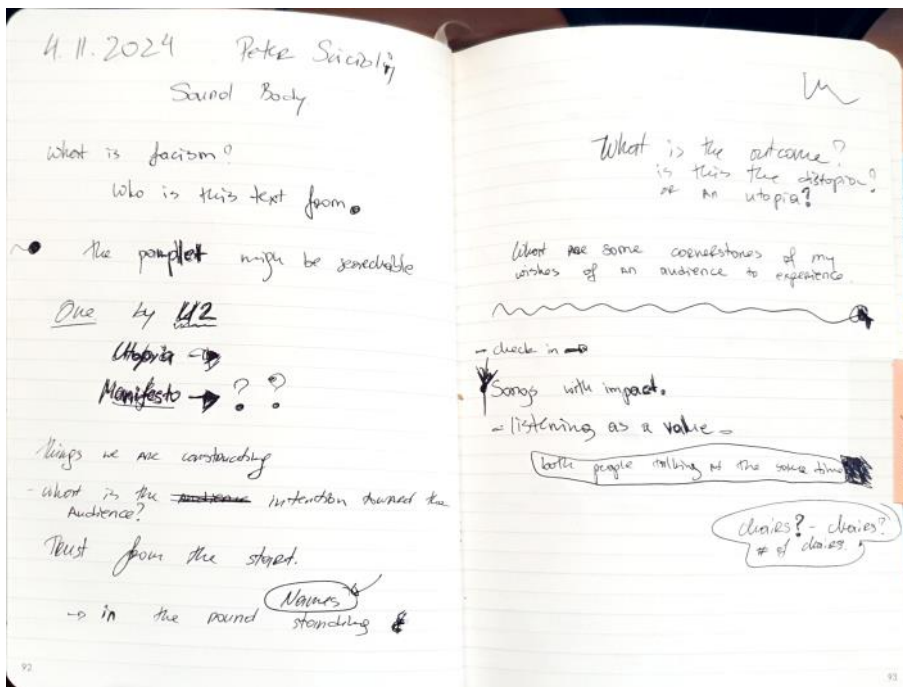
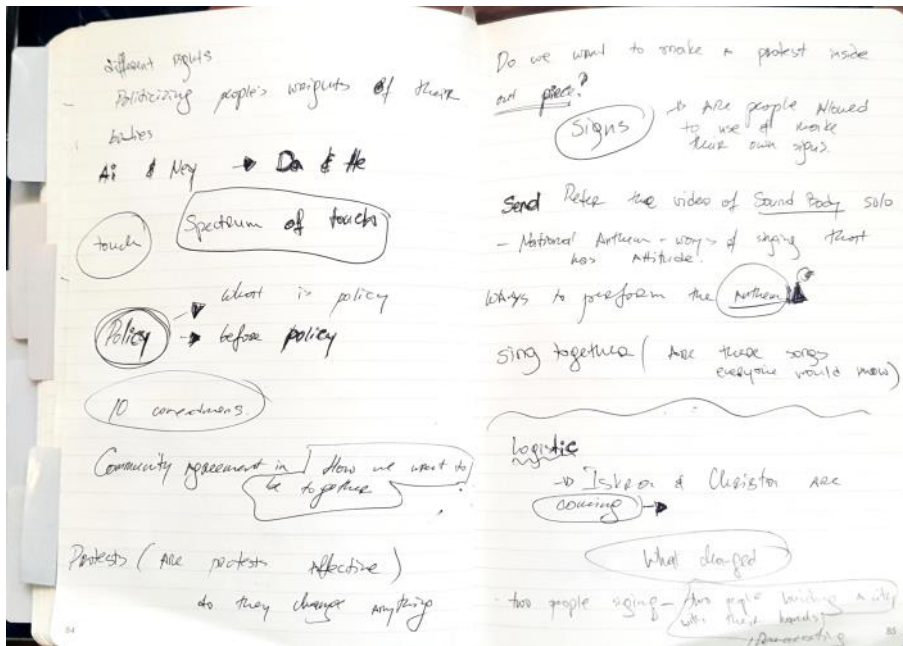
for improvisation & performance creation

Like 29.10.2024
Babara Sola Meeting / Sarah Boly
indigenous women
water practices

Paulina
Square Dance
Vocal sounds
one person starts - 1 2 3 / different
patterns
→ step on the first
beat of game

Resula? - meeting
Dec

proposals
Flags - what's the history of
national flags.
reflective flags (imaging no borders)
utopic idea reflective idea
invented language
notions of routine & separating
mapping rules
↓
someone loses
Vote for Nobody / What Change?
A Blank vote.
improv fest
to 20 years
composition & improvisation for performance



12.11.2024. Daniel Bied
Presenting Contrasts

- with or without
- and nuance (grey area)
into not black or white

(21st) Niki is not with us

Contrasts

to voting
competitive vs cooperative

- Money / Economics
- Politics (power dynamics)
- Social / who gets resources
/ what gets shared

elements - National anthems

Democracy can be defined as faith
in the common people
shared knowledge of people from
all walks of life.

ask to do something together

Score - square dance / the sound of
the names

* Spatial configuration *
moving the audience around.

Spectrum of touch - all kinds of different ways
touch is allowed or not.

gender expression or expression in general

what we wear? → What are the
costumes.

4 freedoms

- freedom from fear.
- freedom from want.

Voting on wearing

'I & Hey'

→ different notions of democracy
& how it works

Geometrical structures

- a loop & soft

in a vane

the circle is the universe

- flow of things in relation to democracy

Way of expression - community & relations

Dictating to: hard & soft
effort / volume.

Overview = Creating an experience to
question & interrogate

What can you do about any of this

Their voice doesn't matter
Their person doesn't matter

How are we with these people?

Interpersonal relationships

Case studies shown & included

Cybernetic structures - sounds
related to vibration

Not using an actual language

Everyone said these names

"Life is overwhelmed with beauty"

The ability to listen - how do we coach
people to listen.

Conductor - each has or sound / give
add other people

Your voice is perceived in more than one way.

Anna 1 - 27. 2024 1st DAY
 Absolutely Not together SOUND BODY
 sounding in to
 harmony / but also event
 gently going into singing together
 • listening / moving together
 listening.
 moving / standing
 Conversation
 solos - that people join!
 in
 (Niki) experience
 breathing together
 or making noise together
 or watching together
 in
 (Niki) play & listening
 responding / playfulness
 not in competition & Energy
 being into myself & others.
 Bouncing off each other
 in harmony or co-creation.
 • Why is her decision in a perfect
 democracy to take a role of a nation
 Victinizing yourself
 It's not about its democracy
 having the power to choose how to be.
 (Niki)
 Every choice comes with a
 form of skill (V)

Always having agency is not always
 joyful.
 (Niki) - ways of expression
 speaking in reverse
 of in words. Ingesting your
 words.
 Continuity with dead gesture & sound
 How much the hands were doing
 the distinction of each sound &
 to have task - dispersing together
 vs. are at a time
 Co-existence respect - hardness
 • Competing is a strong factor
 of democracy.
 NAMES none games
 (Flora) - Bine
 drawing -
 writing -
 When you are looking the
 still you have the power.
 Not taking / but Absent
 - making or with it.

15 constitution

Memories of what else we did.

- Name game - less attached to?
less objective about
something I can teach
expandable / usable /

conforming & freedom

- > Militaristic precision
to other people have stepped
out.

• doubling

Saying the vowels of your name as a declarative
way.

Speaking not speaking when up
coexistence.
listening, leaving space.

Yes abstraction, & have each other
distinctively.
personality / individuality

- the need to use real language

Flong images

Read in a few ways
what do we intend for them to say.

What is it that anyone understand as
democracy?

- Notional / Antinous
to shape of people doing
difficult

Singing the antinous like a question?

• Wolofy form

the flags become obstacles

noting image / binaries /

the image of noting

notions of self expression.

Who do you want to rule this
world?

With me you will

Leadership in

each presents proposal

- claptometer

(they turn under a
flag.)

Feastory & Power

constant predatory mag

Termination 1 ->

Rehearsal 2 day

how breath can connect to
the sand you can make

↳ Breathing together synchronizes

Moment of all moving together

- One starting & the others
joining in very fast after that.

imaging was mind.

breeding it flows the loudest

What about a jingle

Numbers - militaristic sounding #

Name game

↳ Name game is after
↳ But short form the
saying of the

Name

May be the saying of the
name is what is being
noted for.

Flags? Are they always
in the space?

DAY 3 (Rehearsal)
Imagining

Everyone has a voice / but it might
not be the voice you want

(Peter
about Drury)

→ Workshop & performance

• everyone used the sound
to do that in the writing
was

Seeds of Questions

- notions of rights & freedoms
- do you shake
- we're always
- do you know any
- Jewish people

For, so, in, do - taken up
the roles of the people

Overarching thing a positive & a
responsive thing.

Who is an audience & who is a
performer.

Space

freedom of • speech & expression
to • worship
from • fear
from • want

- the claps might be just the
single expression into words
↳ sounding together as separate

Solo high spinning

Clapping - may be this is
a beginning & it
goes into audience clapping
call & response / into / sound

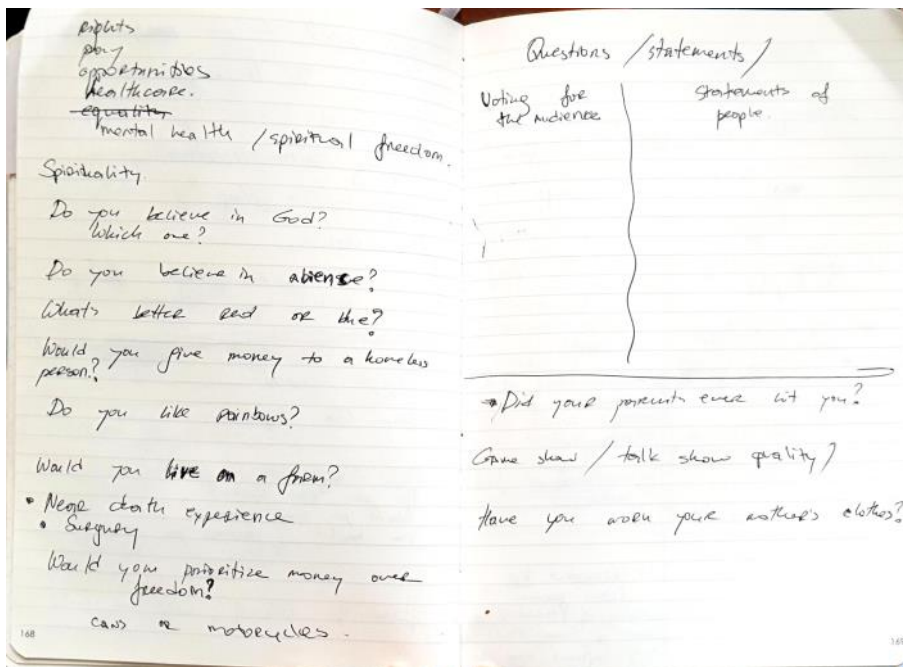
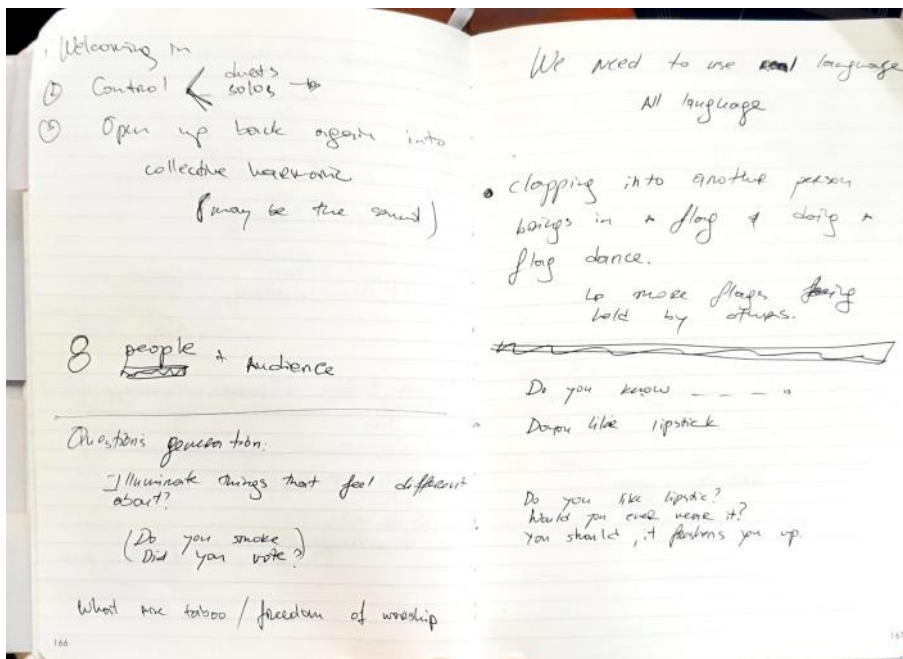
Acts in clapping each person
claps at one other person moves
& stops when claps are
happening

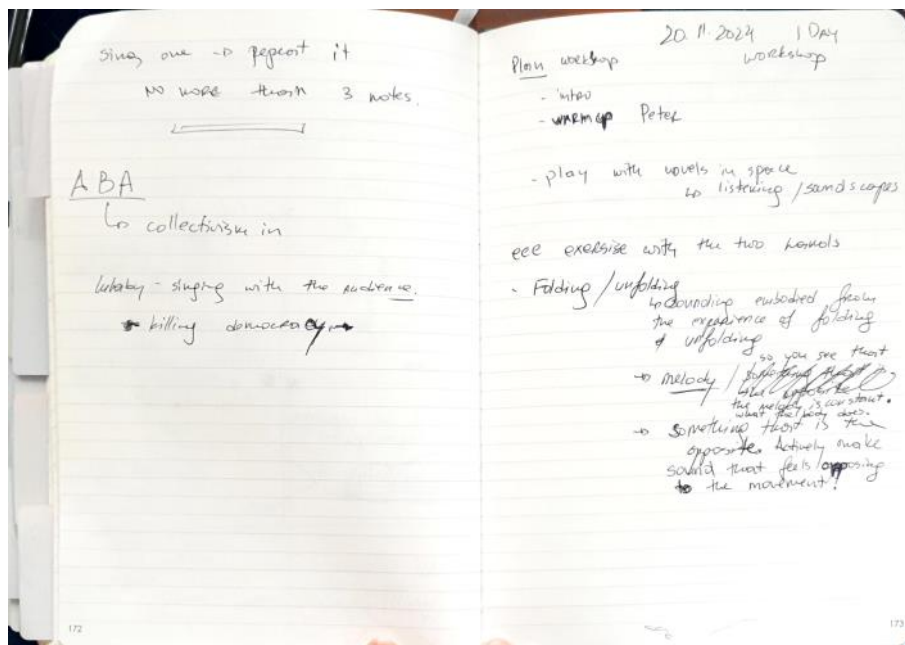
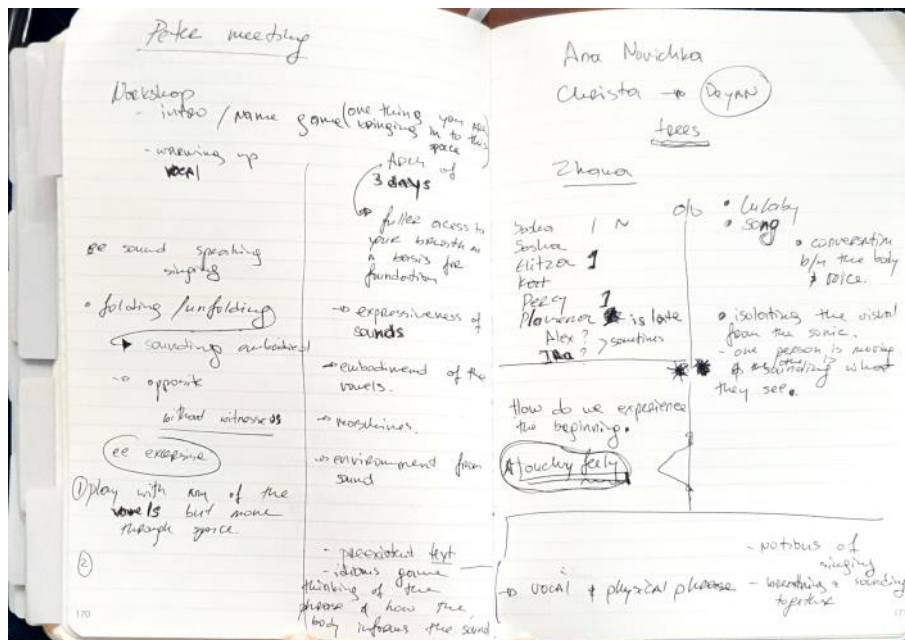
Clapping? - how to engage with
the audience / the power aspect
of that.

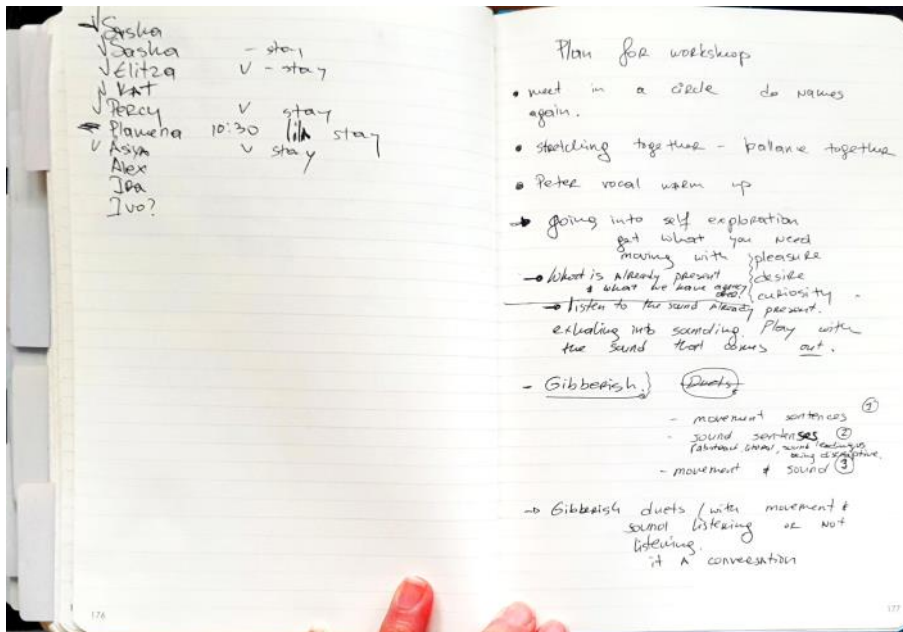
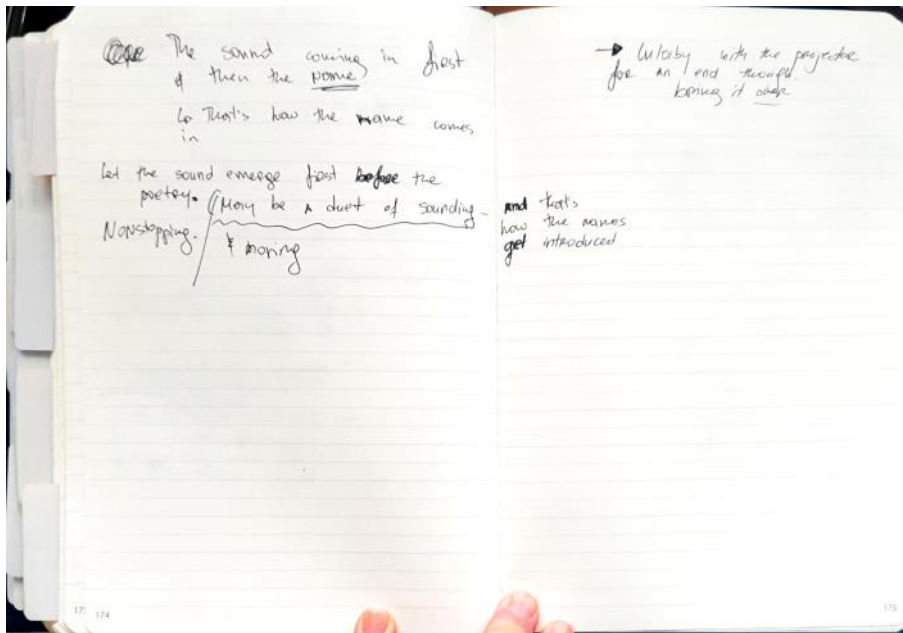
Clapping the Space with clapping

Light & Dark

Construction
& deconstructed, pause & during the







- in conversation what are the
principals

- repeating
- reflecting
- mirroring / agreeing
- disagreeing
- opposing
- adding

Poetics (Lili's suggestion)

from movement into
sounding specific words.
(this could be a theme)
going towards meaning.

Do anyone chose a different
language, g. Lithuanian.

- from clapping shaking hands
going into Names. Abstracting
Names.

- share my desire for the end
but with the
abstracted image of the
space.

• character emerges or being
abstracted.

emotions / is? intention?

no painting

writing poems in Lithuanian

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Performance project 21.11.2024

- language & actions of language

→ lead the audience in a way I
want up.

+ everyone has a voice

Do you like your voice / not?

Do you like lipstick?

Role of the frog.

More opinion & less judgement.

What you do with it.

resonators?

(Noticing my not interest and allowing
it to be present.)

going to the audience to
see not sharing.

→ the thing that gets
shown always turns into a
frog.

→ Presenting things - what are
the objects.

lipstick / bag / shoes
spreads / what else is there

→ Not to connect to the object, object
to be sold. (How it works.)

What it work / How it works.

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* Dreams

Workshop plan 22.11.2024

- notions of singing elongation of tone into adding rhythm & a pulse moving in different registers in a pattern

Starting from moving →

- ① (something you are bringing in) Bring in a sound of how you are in this moment
- ② Circle ballance may be a bit of nonsense
- ③ Vocal warm up land (notions of singing)
 - AS A solo exercise → finding a vowel & elongating in a duet:
 - notion of harmony/harmonizing AS duets complementary
 - one person starts

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* Demonstration of outside moving to the flag & clapping together

half the group water/half the group do.

It's a circuit

what is circuit

→ so much joy & etc happening

Changing versions of expectations

- adding
- harmonizing

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Plan for rehearsal 22.11.2024

audience involvement - How to use our voice

- How to have a voice? for the audience...
- Answering questions (A) or die
- introducing each other to names

→ group clapping & bonfire

- fake applause

- flag anthems - a flaps

- sitting (fast - frantic? - rapid fire thing)

- describing our names (full person)

- into square name game

- dissolve into individual gibberish

- harmonizing with the group &

- lullaby

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music's
→ Beethoven

One way to sense your voice

An opportunity to experience & hear your own voice. Regardless if you like it or not.

one at a time there is 1 to begin with, but they end up being more than one

→ have some people getting swapped in the name game formal version of poetry session... flow out of that into individual sentences

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