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! to display that we are able to walk on that road of madness, without losing ourselves, but rather enriching ourselves and actually overcoming trauma, questions and pain. Ophelia herself answers to her brother to warn him for the "primrose path of dalliance trends" (Shakespeare, Hamlet, 1.3.50-51), while she is losing herself on that path, the path I am mentioning above. The solo we made is the display of that primrose flowerpath, but concluded with the survival of it: a total claiming of yourself, being enriched and empowered by the different stages of the 5-foldness path which travels from innocence - remembrance - with, quick to bloom - bitterness to bitterness - and from the start of writing love, the underlying growing of the CONCRETE calls from inside & takes off. You are unrooting, excavating the cancer galls when you hit the rope on Hamlet's chair, and you take distance from them by creating the line between that line and yourself. In that new space you are totally untouchable, honest and virtuous; there the way you reveal the world your strength, yet you are separated from it, liberation, transparency. Everything can be questioned, but the true love that shines from you is intimate and unbreakable, undeniably.

I cannot repeat it enough: YOU SHOULD CLAIM THAT WORK FULLY TO YOURSELF. There can't be any choreographic or dramaturgical decisions visible in your intentions, they should all come from your inner state, emotional state.

I thought it was useful to write down the things Ricardo mentioned on our way home tonight, otherwise we loose them before the next sun rises tomorrow. He was very conf convinced about you having to claim the work more: he sees moments that you think and that takes you away from the actual moment. No noise in the actions: in my words you should be like a ninja, going extremely virtuous from one action to another, from one rooftop to another without a single sound. All actions super accurate, perfect in target, dangerous and in a terrifying scream of silence, ALIEN.
Do it!!!

Then he says that you can (and should) go wilder in the wilt scene. I totally agree on it. Be careful, this DOESN'T mean you have to get out of your mind or discontrolling your