## How to move politically?

With this question we started on day 2 the workshop PRE PRODUCTION by Paz Rojo.

We are more than twenty participants sitting on a dance floor that contains and frames us in this huge courtyard of La Casa Encendida. We would be mistaken if we believe that we can summarize everything we talked and experience this morning. However, we encourage ourselves to leave some notes and traces that can awaken interest in following this question. What mobilizes you? Paz asks again. We gather. Some take notes, others draw, we all listen.

To let go of being, in order to let (it) do.

We are ideologically colonized and our bodies are daily enrolled in choreographies that sustain those very forces. Being a subject today (at least in certain artistic fields), seems to respond more to the figure of an ideologized worker, because we produce and consume our reality according to guidelines that have been given to us or that we rather choose or opt for them so. It seems that we can choose, it seems that we are in a position to decide what to do with our lives. But we are not able to interrupt *what we know* (which is also standardized and normativized); to produce an emptying that facilitates another kind of motion. It is not about discovering something new, but about recovering or (re)gain motion back.

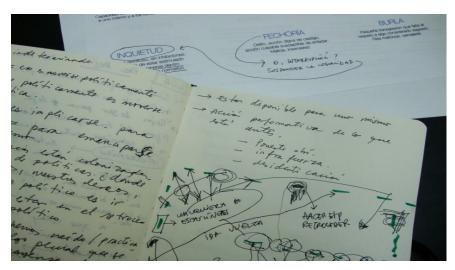
The strategy that Paz proposes is interruption yet following what does not have an assignable value yet. "To take care of the processes is to be attentive to the situation in which we become, that which involves us. What moves is what that which is moving, that is the information that should involve us."

How do you think you are necessary in this context?

"Make yourself necessary in that which is moving you. Get in situation. But that situation is not a fixed one, it is always moving under our feet. "Facilitate that, that moves you, even if it takes you to an non-determined, inaccurate place ... even if you get lost".

To move politically is to move interrupting the ideologized worker (whether if it is an artist, spectator, citizen, choreographer, dancer...etc). Moving politically is to experience being in a self-receding without fear of not finding a consensus. To interrupt the consensus and to practice dissensus as an alternative of a movement to come. We practice being available to oneself within others.

Lying on the ground, we activate our joints one by one listening to what moves letting go of the control that our body's knowledges involves.





Pre-formative action. What is before knowledge's action: positioning / infra-force / disidentification.

Western thought is articulated as direction, purpose and as an overall vision that can be totalising. The problem with the latter is that it makes us move towards. But reality offers many nuances to be aware of and attentive to. "As in a landscape, there are slopes, declines, curves and cuts that must be considered. "The job of a good strategist is not to dominate the situation that moves him, but to go along with it".

Bodies on the floor moving from releasing our synovial fluid (viscous and clear fluid found in the joints).

A "WITH" WITHOUT NOTHING. Moving listening attentive to what is moving.

Elaborate, Accompany what arrives, what you encounter avoiding saturating it. If you allow it and you follow it, it ends up producing meaning but not the reasonable one and the one that is exposed to an assignable value, at least, not the one we know how to interpret from the ways we represent and project ourselves. <u>Purposeless movement</u>