

reflection through the body. But more precise. I as well experience a sensation of presence at my spine: the time like a string cut the middle of my back, curving from under my coccyx around to under my skull (foreman magnus). This act of reflecting, bending over to the paper and writing, makes that sensation of my spine happen.

Yeah, the peculiar research for the relation between Harket, madness and the human spine, how to procedure? I would say to sit right in the middle and look at those things from all possible angles. I have met a psychiatrist yesterday who was positively surprised by this research and he made a beautiful reflection: He sees the spine as something so typical for the human species body: it holds us together, but more over, it makes us stand, different from other ~~the~~ many other skeletal beings. The spine defines us as a standing strong and flexible resilient being, ~~the~~ it is our existential identity. In contrast to the understanding of madness, a person dwelling in madness is not standing anymore, a mad person is seen as somebody that lost this aspect of standing strong and resilient. So, the spine is in a state of abruption? I would like to talk more with this psychiatrist and share reflection.

I would like to explore the journey that travels from theory to practice these days in our residency place in the theater. Just as an exploration and observe, experience what resonates from that exploration and proposals we will experiment upon. And we will be starting to bring documentation and data into one format: the Research Catalogue. Wow, all new steps, without knowing what it will bring; I believe we will have to simply embrace the unknown happily and being open to what comes out of it.

I guess this open attitude I would like to propose, makes me start in a way a bit empty here. I have not much reflection to bring here to the paper. I do not want to be frustrated about it, I just let it be and offer my energy for filling that emptiness, together with you!

Yours,

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