

6th Rehearsal/ 2nd zoom rehearsal

Working on 1body, 2 rhythms

Lots of upper body + shaking → hands

Instruction: close self-view. Face your screen so you're able to face the others, if you so desire. Start improvising on 1 body, 2 rhythms.

- The shaking of a pelvis is always a strong image.

What if you add MAYA/around yourself to it?

+ But before that, keep one member and move it in space. *Didn't work. Not enough space in the rooms. Leave it for the studio.*

- Two rhythms can even be three rhythms: a body member, the feet moving, the rest of the body.
- How blurry is the border between dancing around yourself and around something else (it gets more blurred when you go towards the body's edges)?

Feedback:

This instruction is very tiring if kept for long.