

Sensing, Perceiving, Reflecting – Knowing?

In this presentation, combining a workshop and a lecture-performance, I will share how I approach the subject of my current doctoral artistic research into the relationship between the processes of sensing, perceiving and reflecting in dance training and performance practice. The point is to come to terms with the issue of *change*, or *alteration*, of perception.

The artistic part of my investigation builds on an exploration into one of the constitutive elements of *Body Weather* training practice: the so-called *Manipulations*. In the workshop-part, I will introduce the first section of the *Manipulations*, which we will practice together, then (please wear comfortable clothes). This will prepare the grounds for the lecture-performance, where I want to zoom in to the following questions: How do the *Manipulations* alter the body's perception in relation to itself and to others? How, actually, *does* alteration happen? And: what effect does the altered body have on one's way of moving - and reflecting?

The investigation of these questions is expected to contribute to the debate about research in and through the arts, in particular with regard to epistemological and methodological issues of the debate: *What* is the knowledge created in and through dance/performance-as-research? *How* is this knowledge being created?

Requirements: studio space, flexible seating (moveable chairs or cushions), projection devise for ppt-presentation, 15 yoga mats, max. 30 participants

Joa Hug studied History, Political Science and Sociology at the Universities of Freiburg and Oregon/Eugene (US), and Choreography at the School for New Dance Development in Amsterdam. He worked as independent dancer with Body Weather Amsterdam a. o. and completed his M. A. in Artistic Research at the University of Amsterdam. Based in Berlin, he initiated AREAL (Artistic Research Lab Berlin), a network initiative of research-oriented dancers, performers and choreographers, supported by Tanzfabrik Berlin, and currently follows the doctoral artistic research programme at the Theatre Academy Helsinki. His investigation into the processes of sensing, perceiving, and reflecting connects practice-as-research grounded on Body Weather with a theoretical exploration of epistemological and methodological issues of artistic research.