

with bitterness and the underlying deepest insecurity (rather a fear that I'm not "good" at living, in general.)

16⁴⁰ S calls: she wants to talk while I walk home because she's scared of being on her own at home, even though I'm just about away. We chat.

17¹⁵ Driving S to piano lesson. I see messages from sister and mom in all states because email I sent. I'm exasperated and furious because they seem to assume I've done something in malice, or a default.

17³⁰ 18 Call with mom (short) and S (longer). I lose my temper. They apologize. S tells me about her relationship and I understand more. It doesn't look good and I would like her to walk away right now. But I've seen this pattern: she won't unless something really crazy happens. And even then she might not leave. There's so much I can do for her. She's her own boss.

18-18¹⁵ Drive home

18¹⁵-18³⁰ Get ready with girls, pack more of their bags and give Kirsten hug then. F is teary: not used to both parents being away. They will