

Traged smiles deep in sleep
Laminated pinches sting a wound

We try to move on the end of
the day. Take pictures, laugh, muck
about a bit. Giddily.

Gwyn's AOTS WEEK 3

2023-01-26

We arrive to the studio to find that we left the lights on in the hall all night. We settle in and start looking at transferring videos to Google drive in order to free up space on iCloud. Gwyn realizes he and I forgot to insert a link to video material on the KR funding application. It takes a while to sort out videos and photos, as the computer is also out of storage space.

Gwyn leads warm-up. Says he has some ideas to "bring it back to the body". We spoke last night about just that, that it was getting too emotional and not enough in the body.

The warm-up is short and intense, goes through the body meticulously, systematically, sweatily.

A task inspired by Wayne McGregor: everybody observes Gwyn. He finds a memory/sensation and starts amplifying. The others are to find/identify for themselves the sensation and start embodying it themselves. Then they should reflect around what they have discovered about Gwyn and what he was working with. Also, take a guess at what memory/event he was relating to.

Change: the person moving picks a memory from a year the group proposes.

B starts with the year 2009. She was 8 then. Everybody takes a guess on the memory and when B explains which movement was representative of what aspect it sheds also light on how she translates it through the body. Thought: what is representation in this context? Is there a difference between representing and sensing? Is the sensing/locating also representing?

Next is J with the year 2010. He was 19 then.

Aw: think about how do you communicate it? The goal is