

Park:

Last individual research, the human intervention. Two locations were chosen for the experience, which consisted of inhabiting two spaces by choosing some of the nodal points raised in the talks. The locations chosen were a pergola and a tree next to a square on top of a hill.

Pergola

A pergola in the middle of a park in the centre of Athens. The possibilities offered by the space through movement are investigated, as well as what can be offered to it. The force created by the weight of the body on the structure is perceived, generating different routes. Different parts of the body can be used to maintain contact and generate different movements. Feel the movement and how it transforms. Slow and breathed movement. You can hear the sound of the wind in the leaves, the footsteps of passers-by walking on the sand. You can feel how their gazes interfere with the space and how movement is part of their paths. Freedom of movement interfered with by the weight of gravity. How many bodies have inhabited it, what is their story, what is being told now, what other possibilities are there? The harness is incorporated and connected by a carabiner and a grigri to a 5-metre rope, which in turn is connected to another rope of the same length by another carabiner. This last rope is connected to the pergola at its centre, at the top, on the central beam. When it starts to move more lightly. Gravity is still there. It distorts reality, where is verticality and horizontality. Freedom. New movements thanks to another body. She is aware of how the structure touches her skin, how her body moves on it. She can see it from other perspectives, she can see how the sunlight streams through the squares the structure forms at the top, she can see the memory of her time through the plants that surround her from the ground to the top. And they are not alone, they are accompanied, she looks at them with different eyes, she follows them, she moves with them, she gives another new perspective, an external one that in turn connects in such a way that it becomes internal.

They speak to each other, they communicate, they are equal bodies.