

Curriculum Vitae

Academic Resume

Helen Kindred



Kindred, Helen Elizabeth
5a Holme Close | Hatfield | Herts | AL10 9LQ | England
helen.kindred@talk21.com
<http://www.helen-kindred.com>

Current Position

Senior Lecturer in Dance (Professional Practice and Choreography) (fte)
Programme Leader MA Professional Practice, Dance Technique Pedagogy
Middlesex University London, School of Arts and the Creative Industries

Education – UK / USA

- Rainham School for Girls, Rainham, Kent
Attended 1985-1992
- Roehampton University, London
Attended 1992-1995
- Goucher College, Baltimore, USA
Attended 1995-1996 (Graduate Intern)
- Roehampton University, London (Post-Graduate School)
Attended 2005-2007

Qualifications

- BA (Hons) Dance Studies (1st class) University of Surrey (Roehampton) July 1995
- International Therapies Examining Council (ITEC) Diploma in Holistic Massage, Anatomy and Physiology, Essentials for Health, London. May 1998
- MFA Choreography, Roehampton University, London. July 2007
Title of thesis; '*What is the Contract between Choreographer and Audience in 21st Century British Contemporary Dance.*'
- PGcertHE, Middlesex University, Sept 2009
- *PhD candidate Middlesex University (anticipated completion Sept 2019)*

Membership of Professional Bodies and Learned Societies

Foundation for Community Dance, Associate membership since 1999
Dance UK, Individual Artist membership since 2007
Fellow of the Higher Education Academy since 2013
Founding member of TIN (TransDisciplinary Improvisation Network) since 2015

Career details

- **Senior Lecturer in Dance, Middlesex University, London 2007-present**
- **Co-Curator/resident choreographer – *trip* (Turning Research Ideas into Practice) project. 2013-present**
- Visiting Lecturer in Dance, Roehampton University, London. 2005-2007
- Director, Hertsdance Ltd. Regional Dance Development Agency. Oct 2001-2004 (3 year Arts Council funded post)
- Independent Dance Artist/Choreographer/Community Practitioner, London/Hertfordshire. 2000-2007
- Dance Tutor, Hendon College (now Barnet College), London. 1998-2000
- Dance Tutor, Parnell School for Performing Arts, Dublin, Ireland. 1997-1998
- Professional Dancer/Performer, Daghdá Dance Company, Limerick, Ireland. 1996-1997
- Professional Dancer/Performer, Modem Dance Company, London. 1996

Research

- *'Extending Good Practice or Diluting the Dance?'* paper presented at the 'Community Dance in the 21st Century' conference at De Montfort University, Leicester, May 2008
- Choreographic Research and Development work with Wendy Houstoun at Siobhan Davies Dance Studios, Sept 2010 (leading to the creation of her new work, *50 Acts*, premiering in Dance Umbrella Nov 2011)
- Practice-based research leading to presentation of new choreographic work at the SIFDANS International Choreographic Festival at Bedford University, June 2011.
- *'The beating of space'* co-authored paper presented with Dr Adesola Akinleye at the Body + Space conference at Middlesex University London, School of Art and Design, Sept 2014
- *Creative Spaces* – emerging issues of identity in practice and performance 2013-17
- *'KnowingUnknowing'* improvised performance project for music and dance with composer/guitarist Benjamin Dwyer (2015-2017)
- *'Coterminous'* an International cross-arts improvisation research project with Benjamin Dwyer, Nick Roth, Lucas Niggli, Maga Radlowska, Pete Gomes and Dominique Rivoal (2017)

Teaching

Teaching Interests

- Contemporary Dance **Technique** and **Choreography**.
- **Release-based technique and improvisation and contact improvisation** in HE underpinned by the study of **Bartenieff Fundamentals**.
- **Choreographic Practice As Research**, teaching and learning.
- **Community Dance** in Theory and Practice
- **Dance Technique Pedagogy**

Modules taught in previous year at Middlesex University (www.mdx.ac.uk)

BA Dance Programmes:

DAN1001 Participatory Arts (Community Dance)

DAN2010 Technique (contemporary, Release-based)

DAN2112 Improvisation

DAN3100 Technique (contemporary, Release-based)

DAN3051 Choreography 1

DAN3061 Choreography 2

DAN3710 Applied Professional Practice

DAN3810 Independent Research Project (dissertation supervision)

DAN3830 Independent Choreographic Research Project (dissertation supervision)

MA Professional Practice, Dance Technique Pedagogy Programme:

WBS4510 – Review of Learning

WBS4630 – Advanced Practitioner Inquiry

WBS4760 – Work-based learning Research Project (thesis supervision)

Pedagogic Interests

These lie within the areas of embodied learning and engaging the learning community, assessment and teaching methods in dance, with a particular focus on teaching and learning within choreographic contexts and the value of improvisation in dance practice and performance. In order to pursue these interests I have been supported through Staff Development to further my training in Bartenieff Fundamentals work at London Metropolitan University (2009/2010) and to attend the Dance and Somatics International Conferences at Coventry University (2011/2013/2015/2017), To teach as a guest artist in Southern Italy and Poland (2016) and to share research at symposiums and conferences Internationally (2016-2017). My interest in assessment practices was largely developed through research carried out as part of my PGcertHE, under the supervision of Dr Carole Davis, and beyond this into the Curriculum Design of key level 5 and 6 modules with the BA Dance Performance

Programme (2010/11) and subsequently at level 7 through the MA Professional Practice, Dance Technique Pedagogy programme. My interest in strategies for engaging learning communities and 'non-traditional' learners is fueled through my work on this MA programme also. Currently I am engaged in Practice as Research around improvisation in dance performance contexts, space, identity and gender (this forming the basis of my PhD).

Publications

'*Extending Good Practice or Diluting the Dance?*' paper presented at 'Community Dance: Challenges and Opportunities in the 21st Century' conference, De Montfort University, Leicester, June 2008. Conference papers published online <communitydance.org>

'*The beating of space*' co-authored paper presented with Dr Adesola Akinleye at the Body + Space conference at Middlesex University London, School of Art and Design, Sept 2014.

'*Knowing/Unknowing and improvised movement practices*' paper presented at the Dance Fields conference, Roehampton University London 2017. Conferences papers in process of publication (2018)

'*Moving In-Between: Decolonizing and re-inhabiting our dance*' co-authored chapter Dr Adesola Akinleye, for the forthcoming book 'Narratives of Black British Dance: Embodied Perspectives (Routledge 2017).

Membership of University committee(s) and task group(s)

Learning and Teaching Strategy Academic for Performing Arts 2010-12 / 2015-16

Co-Convener Improvisation Research Cluster Group 2014-17

Administrative roles

Preparation and writing of Programme and Module Handbooks (MA Professional Practice, Dance Technique Pedagogy).

Preparation and writing of Module Handbooks (BA Dance Studies and BA Dance Performance).

Grade inputting annually as Module Leader.

Organisation of (and participation in) e-learning training for the dance department.

Production of e-materials for students, (Moodle, UniHub, e-submission/feedback).

Module and Programme talks (information dissemination to each year group twice a year).

National Student Survey Briefing for Students annually.

Academic Advisor to both undergraduate and post-graduate students.

Staff Liaison/Mentor for Graduate Teaching Assistants and Early Career Lecturers.

Mentor for colleagues currently enrolled on the PGcertHE programme.

Staff Liaison for outreach activities (Local schools/colleges, National dance organisations).

Attendance at Board of Studies, Staff and Departmental meetings and Assessment Boards for both Dance and Work-Based Learning.

Relevant external activities

Artistic Assessor, Arts Council England 2009-11

Executive Board member, DanceHE 2011-2015

Co-Producer of *Creative Spaces*, Practice As Research project 2012 to present

Co-Curator and Choreographer in residence for TRIP (Turning Research Ideas into Practice) with Dr Adesola Akinleye, 2013-present

Guest Artist/choreographer at '*Segni de un comunità*' Community Dance Festival, Galatina, Italy 2016

Guest Artist/choreographer at the 4th *International Arts Festival*, Wałbrzych, Poland, 2016

Consultancy

Artistic Assessor/Consultant for Arts Council England 2009-2011

Assessment Reports submitted on the following organizations/companies:

Royal Opera House, Akademi (South Asian Dance), DanceDigital, Sadler's Wells, London Contemporary Dance Trust, Theatre Is, Dance Umbrella, Dance East and ZooNation. Consultancy with the Imperial Society of Teachers of Dancing in the development of new teaching qualifications for the global market. 2014-2017

Professional References available from:

Carrie Washington – carrie.washington@beee-creative.co.uk

Adesola Akinleye – adesola@dancingstrong.com

Benjamin Dwyer – info@benjamindwyer.com