

AS TIME UNFOLDS

AS ALONG THE WAY

AS WEEK BY WEEK

AS reflecting, skimming from one dot to another, towards my final project.

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- AS ON THIS STAGE
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- AS INNER
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- AS PROCESSING
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- AS UNFOLDING QUESTION
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AS
#
WEEK
BY
WEEK

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#35 AS lines are re-markable

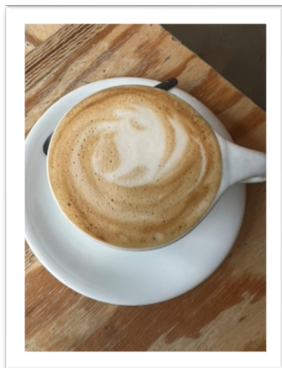
AS approaching the new semester. AS I wonder how to gather everything in my performance. AS I read parts of my script, still finding it too lofty. AS my videos are still there. AS I'm making new ones every now and then. AS if the story will unfold from within.

AS I'm excited to start the process again. AS I hope to bring possibilities into my work, more options. AS well as stay with a strong inner campus in my learnings.

AS I need new perspectives and rewriting. AS if I'm No sure if how. AS feel like I want to open the storytelling.

AS wondering, how much backstory is needed?

AS when I visit my



#36 AS in my cup

father, it feels like his stuck in some stories even though he is making up new from

time to time. AS if his stories are intertwined with his dreams. AS it depends on his dreams and his stories how interested he is in the world around him.

AS nothing is in the right place, finding it place. Wondering what the real story within my family. AS what story do you tell someone how loses her memory?

AS meeting everyone again feels like home. AS I feel like school has a new beginning and new faces.

AS presence in everyday life is an original braid to connect the phrases, isolated worlds of life experience.

AS what type of spectacles do I have on today? AS what kind of questions do I ask? AS how to word my sentences. AS what meaning unfolds in my words?



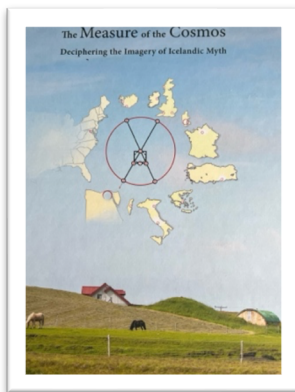
#37 AS sitting in silence at Hugarflug stating the absent of evidents.

AS stumbling finding the words for space. As if I could kill time without injuring eternity of the dialogue

AS I want to bring it all forward in a way, I get silenced. AS I wonder how did I become the one how wants to be silent?

AS traffic accident on my way to school was unexpected somethings totally different unfolded. AS I was present, still in silence, stating some traces of my being. AS this was a great week for the group in coworking. AS felt, I can always find a way whatever happens.

AS this leads me to ask how many layers my hearing can have. AS well as how can I stage different kind of hearing for audience?

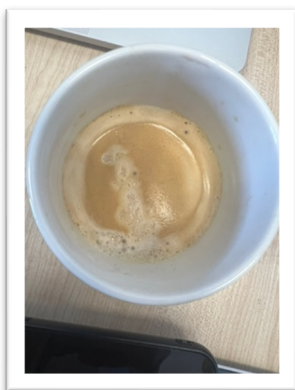


#38 AS dramaturgy is outlined.

AS well explored from the placing and stating once act. AS experienced this week, various ways to state few lines. AS how important security is for curiosity to be playful.

AS staging again with minimum of words, just feeling the movements, moments and belonging. AS a new beginning.

AS exploring how the first dot, act, statement, sound and placement is like a magnet to viewers. AS a marker or a ruler of everything that follows. AS how can I flame a spark, raise the curiosity in the opening act in my writing?



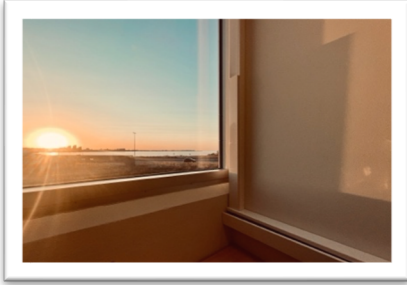
#39 AS ongoing pattern is finding my pace.

AS rhythm in working and interacting. AS finding a mentor has been interesting. AS our first meeting was fruitful, I became more hopeful.

AS I noticed how different storytelling can help me along the way. AS hoping to get more from my shredding mode of editing. AS for preparing for writing I'm reading scripts as well as listening to audiobooks on directing and acting.

AS on working with scripts and act in classes in directing I notice how difficult I find it to learn and memories my lines. AS I need to find method before staging.

AS for now I have outline of a timeframe for the upcoming 19 weeks until my final performance.



#40 AS sorting, repacking feels like brain dumping.

AS final project, writings and research board are a ongoing protects I need to go back. AS reflecting on my previous semesters. AS my artwork workshops, writing, dairies, videos. AS some of my work is still in progress and others are not.

AS if now, I need to see the threads going backwards and finding where to fit what and reframe, relabel as well.

AS when making new categories it feels like new structuring reveals itself. AS researching has been broad, experimental artmaking sometimes a moment of acting it out.

AS a result, I have cleaned up, clouds are lifting in my head.



#41 AS hang on a wishing tree in the lobby of Reykjavik Art gallery. AS a t theme and thread in my final project.

AS first outline of final project is outlined, AS one act play. AS for in a sharing. AS questions are asked. AS statements are made. AS ideas are brought up alongside different views. AS great support is behind it all.

AS playing with the elements of 12 types of storytelling, myths and archetypes felt a lot. AS simplifying the storytelling will be my task.

AS diffracting between true and truth, becomes a great guidance.

AS leaving some of the treads behind. AS well as what I thought would be the backbone of the story. AS fundamental as it felt isn't. AS I can always put it in the forefront in other work.

AS how can I be safe but still on the brick of vulnerability? AS how personal do I dear to have this story? AS is it sustainable for me and the artwork?

AS questions becomes more about opening, inviting others into the world, interacting I become conduced. AS this is a story about isolation being ignored. AS ongoing element of being more inviting makes it ironic.

AS lingering thought within me is to make the storytelling with closeness to the audience. AS there are opposites and battle within me and perhaps my writing.

AS feeling the need to explore and stay true to my values and ideas about bringing for front the reality of environmental illnesses. AS I feel like I'm stepping from that in my

performance I need my research to state the issues clearly. AS how to intertwine the storytelling with the audiences?



#42 AS feedback sessions and sharing ideas were fruitful.

AS meeting new audience knowing nothing about the backstory it was interesting experiment to try out new version of the opening act of the play.

AS noted, twelve became 8, in a round.

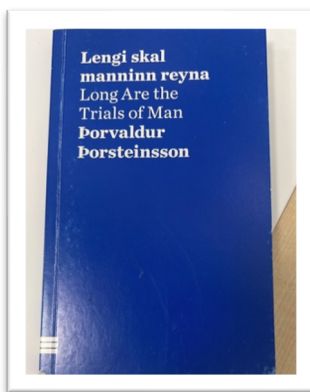
AS it turned out, giving some audience the task as being in the meeting works in this setting. AS did the frame of the meeting

points.

AS aiming towards some new elements of rewriting, I find it easier to start a total new instead of working with the old script at all.

AS a side project in a workshop, I painted on used paper some keyword, with coffee leftovers and painting.

AS noted in my notebook, can the unfolding part still be the same. AS asking if it all the same in common believes of the ego, decision, traditions and the unsettling feeling of grieving.



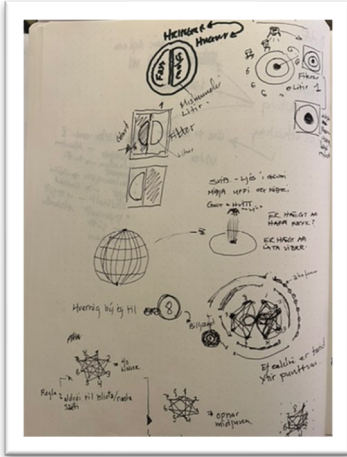
#43 AS hearing familiar voices whispering great ideas

AS a received a beautiful birthday gift from a friend, it was like a great reminder of my thread, inspiration and need for dialog. AS to ask myself, where is the missing thread.

AS for the familiar everyday process of being. AS to take my artwork and fill it with human need for connection and humour.

AS well as speaker setting with a dialog at the entrance.

AS a kind reminder of trusting the process, remind me of the speech he gave. AS perhaps I should just give him the opportunity at the beginning of my performance? Or, perhaps it will be our dialog from “AS far AS off”?



#44 AS spotlighting the gap between seven and eight

AS much as I try to stay focused on writing my theses and research alongside my mind drifts to the staging, lighting, dramaturgy elements of my final project.

AS some great ideas are running wildly through my mind when thinking about something else. I try to draw some ideas of how I could make the most of the stage and lights.

AS I think I'm ahead of myself, time is limited for making something for the stage setting. AS ongoing with reach board and writing I'm starting to spill things over. AS in-between platforms and projects.

AS I have again and again been facing the gap between 7-8 in numbers. AS the number seven has greatly symbolic associations in religion, mythology, superstition and philosophy. AS the seven classical planets resulted in seven being the number of days in a week. AS are the colours of rainbow, notes, planets. AS in between 7-8 lies our pH 7 is a neutral stage, AS well as the frequency we live in. AS seven is a magic number in many ways. AS is the 8, sideways symbolise eternity.

AS the scriptwriting unfolds it's dealing with life, decisions, facing the unexpected. AS how we interact with each other when someone is faced with the unknown. AS asking if you can really go through and leave something behind. AS if I'm staging what is grieving. AS grieving has been described as seven different faces of stages:

1. AS shock
2. AS denial
3. AS Anger
4. AS bargaining
5. AS depression
6. AS testing
7. AS acceptance

#45 AS altering once ego and mirroring; ASSA

AS studying drag and dramaturgy from gender perspectives. AS playing around with different elements in performances. AS realising that my favourite musicians, Prince and

Bowie share the elements of playing with alter egos, plying out different elements, constantly reshaping their own identity and connections.

AS reflecting own my own patterns, I ident with that AS well. AS in the volleyball field, AS a mother, AS a specialist, AS a consultant, AS therapist, AS an Artist. AS stated on stage I'm mirroring back AS becomes ASSA.

AS ASSA is white tailed eagle in Icelandic. ASSA is also famous brand for keys which is a great metaphor for actor AS the one that unlocks. AS ongoing research, I googled: "Meaning: beautiful goddess. Assa is a girl's name of Norse origin. A diminutive form of Astrid, it means "beautiful goddess." This sweet name may fit the bill if you want to encourage your daughter to feel confident and strong like an empowered deity."

AS for this week the task was to find what elements we wanted to look for and uplift from within. AS for now the elements of the eagle as having the overview AS well as the dignity and the courage I draw from the goddess aliens with following inner knowing.

AS if the elements of 8 combines to the goddess, the one with many arms has ability to tap into sources of wealth.

AS Ashta Lakshmi has eight elements, makes me wonder if that might be a key to ASSA's performance:

1. AS Adi, the creator, manifestation= AS the storyteller
2. AS Dhanya, the source of wealth= AS what is known to be wealth. AS well as inner knowing stable.
3. AS Lakshmi, the wealth of courage = AS emotions, facing the fear.
4. AS Gaja, fertility and food= AS nourishment
5. AS Santana, continuity and progeny =AS stainability and rebirthing after fallbacks
6. AS Vidya, knowledge and wisdom = AS from experiencing and the outer world
7. AS Vijaya, victory = AS overcome the battle
8. AS Dhana, prosperity and fortune = AS a driving force towards future

AS ongoing question, what makes ASSA out of it? AS if it is relatable to the seven steps of grieving.

#46 AS outlining the narrative AS crossing my list.

AS I dig deep into some aspects of my finding it feels like time is slipping away. AS for now the writing of my script is super slow process. AS I'm still finding the right elements for the storytelling. AS if I know there is something missing.

AS going theme, brought forward from my first vision of telling my story. AS telling my side of a story is a ever changing project. AS there are some elements there that I know about honesty all along.

AS the underlying reason for my video diaries was to keep track of my health. AS collecting evidence of my being. AS a couldn't trust that a was able to write anything of value. AS well as the underlying fear was that nobody would believe my illness. AS I notes how soon I forgot how my health state was, even over the course of one day. AS faced with the question how I was doing, the answer became multiple, laired. AS my conditions and symptoms changed. AS my conditions changes, as in a reflection of my environment and the cleanness of my clothing and surroundings. AS samples and examinations from my body was always in different surroundings. I felt the need to have something at hand not just in my head.

AS alongside new world opens, with a **keyword, crossing**. AS it came soothing to avoid.

AS cross contamination is an important concept because people who have been exposed to toxic mould can cross-contaminate their homes. AS this can occur if you take contaminated personal items from one house to another or if you carry the contaminants on your hair and body from contaminated buildings. AS mould spores are tiny and pervasive, so it's easy for them to travel from one place to another on surfaces, in boxes, or even on clothes.

Cross-contamination happens when mould spores are ejected into air currents and float throughout your home and settle overtime on your possessions. AS these spores are microscopic and are invisible to the eye. When you take possessions out of a mouldy environment without properly cleaning them, you are taking those spores with you where they then re-enter the air currents in the new environment and create trouble. If conditions are right, these spores can even lead to visible mould growth in a new environment.

AS at the same time cross talking. AS it has multiple meanings. AS it is unwanted signals in a communication channel (as in a telephone, radio, or computer) caused by transference of energy from another circuit (as by leakage or coupling)

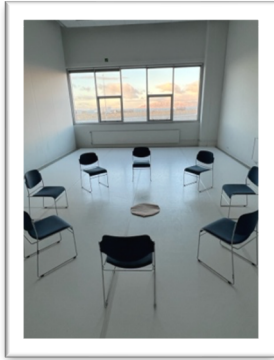
AS in conversations when someone interrupts, or turn into a therapist/mother/advisor by telling the person what they should do, or get into a conversation about what the other person is talking about.

Examples of crosstalk may include, but are not limited to:

- AS giving unsolicited feedback.
- AS making “you” and “we” statements.
- AS interrogating.
- AS criticising
- AS dominating
- AS minimising another person’s feeling or experiences

AS Crosstalk is any verbal or physical response to another person’s sharing. Interrupting, asking questions, and offering advice are considered to be crosstalk

AS how can I bring the cross effect to the stage in a monolog of one?



#47 AS rewriting as stepping in to the circle

AS staging the uncomforted in everyday manners, to make it interesting. AS is a parallel.

AS how do I structure or linger around such a broad task with storyline that is not liner? AS I improvised with the elements of seven and a storyteller it felt upmade, stiff and unsound. AS even though some lines worked great.

AS in my break, reflecting, remembering the source. AS looking closer to the sparks where it feels right. AS pulling from my dwell of inner knowing. AS my struggles are always a lined with energy sources, through my Shakras. AS there in lines my storyline. AS a new compass.

- AS building structure for each character.
- AS energy / inner physicality
- AS body language
- AS story and monologs
- AS inner battles, longings and fears.

AS upcoming or following steps are the dialogue between them. Perhaps that will be ongoing task in the process.

