

Guiding bodily pathways

BODYPLACE.
A ROOM FOR BEING A BODY

1.
Find a place you trust, and then try trusting it for a while. – John Cage

Here is a room where four people practice self-sensing and acting from their personal somatic sensibility.

AND SO CAN YOU.

Embodiment process acts as an evolving score in the now.



The "I" here is open and shared.

Us experiencing something is an invitation to feel with.

What does being in the presence of four sensing bodies do for you?

What does being in the presence of your sensing body DO FOR YOU?

How do you relate and respond to the work with your body-self?

- 1)
- 2)
- 3)
- ...

