

### *Negotiating with duration*

In order to intensify my attention to my body moving in the present time, I moved towards technical bodily tasks. I focused on creating straight, curved and twisted lines with the whole body as well as with diverse body parts.

Then, I started negotiating with the duration of these lines, playing with oppositions and changes in speed: I was slowing up and fastening the initiation of my moves or I was accelerating and decelerating.

[https://www.youtube.com/watch?v=-DwC\\_5TFepU](https://www.youtube.com/watch?v=-DwC_5TFepU)