



Testing (the) Ground
— setting up the conditions

There is always a before. It is never the first.
Creating a scene, it will come when the
conditions are conducive.

Opening Attempt
— warming and flexing

Imagine carving a channel and then
moving into it. Descending into it. Not just
downward, dipping; maybe leaping too.
The preparatory isn't necessarily one of
knowing what will unfold. There is a letting
go before you can let go. Stretching —
muscular, bodily. Pushing at the edges or
the limits. This achieving and letting go —
a reaching towards.

Entering the Arc
— trust, twist, torque

Forging a different relationship. Coming
into movement, with confidence. Close
your eyes to the normal sequencing of
the world, the normal speed of the world.
There is a gap but this is only temporary.
Your eyes will be required again shortly.
You will not be left behind. There is much
work to do not to respond habitually.
It will take a while to acclimatize.
The studio can be a space for building this
resilience. Forces and currents, bending of
energy: receptive.

A Commitment Made
— working against impulse

Purposefully engaged, not random, not
some idle frippery. Mute, opaque, yet not
secretive. Drive of the intuitive, to disobey
the habit that would have us upright,
to trip this tendency up. *Renunciáre* —
put aside, hold back, resist. Bring to bear,
to concentrate on; intensify in effort.

Voluntary Vertigo
— *ilinx*, inclination

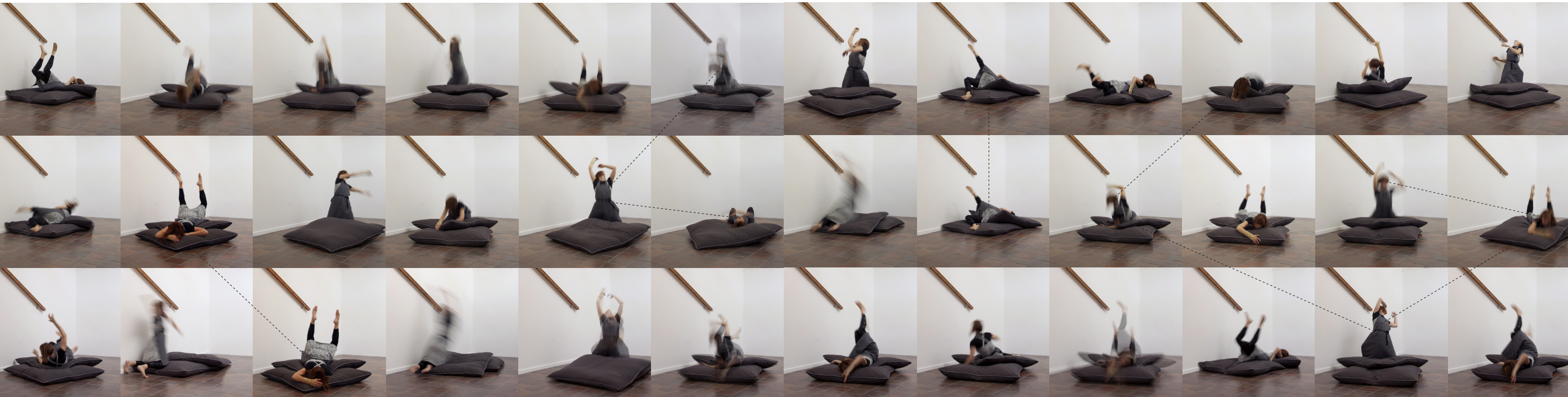
Head strong, head long. Edging or a leaning
into — willfully, to deviate from the strictly
horizontal or vertical. Predisposition.
Disposition. An attitude. *Étude*. Incline
— to dip or slope downward, to scoop.
Tendency towards. Bent. Descent.

*First provocation — trust
the principle of back-footed-ness.
Enjoy unruliness, (im)potent
turn. Flow with an idea: intuitive
and empirical, alchemical. Take
the lesson: there is no weak/
strong.*

Becoming Diagonal
— the italic *i*

Geometry helps. Finding the right
angle. From infinite permutations
between the horizontal and vertical,
hair thin lines comprise the fiber of the
curve. The distribution of force is not a
representation of time as space. A vector
of force, rising again — unexpected lift.
The impression of exterior simplicity
belies the interior complexity. Arguably,
its sequential order is not consistent.

*Counter-balance. Training
against the corrective tendency.
A different habit forms,
cultivating second nature.
Towards agile subjectivity:
supple; lateral, lithe. Steps for
working against — firm support
from the side, beneath.*



Soft properties — no tension in the plunge; de-territorialisation of the push and pull. Con-jure — to swear together, to recognise affiliation.

Touching Limits
— tilt towards (the other)

The limit becomes a point of leverage, containing and controlling the tilt. To let go, repel, then to reach, a gesture towards a context. Involve — bring into intricate or complicated form. From *involvere* — entangle, implicate. To be bound up with something from which it is difficult to become extricated.

Embodiment/Disembodiment
— mind body partition

The body makes phrases, exploratory gestures, bypassing the mind. Feeling its limitations, irritating blockages, wrestling with ways to articulate. Piecing things together. A whole set of mind and muscle activations, intermingling. Then bifurcation: division and splitting, intensity and extensity.

Conjure forces to the surface, words into the air. Charge earnestly ... to cause to exist, to bring about, render. Affect or influence as if by invocation or spell. To call upon, bring to mind. Summon, raise, invoke.

Formless
— horizontality

Caught between states, working the edges to become less solid. Becoming liquid, now steam; no, now moist particle-filled air. This blur between the self and the world is like the smoke and the air. Renouncing solidity. Light, precise — the I dissolves. Fleeting submersion, a momentary loss of bearings.

A capacity for being porous, less dense; in the flux of things ... the carrier of flow. Mesmer — a charge, magnetic, metallic. Between the spur and the lure, propelling forward and extracting. Teasing out.

Letting Go
— a liquid state

Immersion (in the undercurrent): becoming fluid, liquescent. Release. Flow. Optimistic collapse. Not thinking of the edges, but still, stretching the meniscus. There is a moment where it holds shape beyond the limits of its containment. It is totally to do with the curvature of dynamic motion. It could break at any point.

To convert from one state, condition or category into another. Not through irritation or agitation, rather to propel, to whisk. Fluid bubbling. To become more than. Effervescent.

Ecstatic Impotency
— the jouissance of impuissance

Losing language. But you still have to talk about desire ... without veering off course. Not wayward. This is where restraint comes in — a refusal to be seduced. Restrained rapture. Measure. Exercise discipline to maintain the sense of tension. A momentary loss of concentration; energies dissipate through lack of focus. Turned upside down or overthrown, over the helm. Overwhelm. This is not an end in itself. It is not about getting carried away. Groundedness is required. So, be prepared to stem the flow. Tone it round. Caution against (over) elevation: the excessive I, the elevated I.

Tenderizing of flesh and metal, sinews and skin; vulnerability in the rawness of transformation. Muscles can repair, ideas remold. Willfully shaping oneself through habit ... undoing habit ... a willful unlearning, making ready.



Folding of Attention
— a heightened subjectivity

Not disorientation but a shift in orientation. Elemental transformation. Composition. Composure. Compose. Fall into an arrangement. Going inward. Turned backward. Inverted. Inversion — to turn or change; turn inside out, to fold. To turn around on an axis; revolve — from *volvère*, to roll or wind. Turn over, rolling on the tongue; the release of language from itself.

Gravity/Levity
— striking the right balances

Hand striking the floor, marking time. Push and pull; lag or drag. Tempering — to calm, to modify its properties. Restraint has positive force, a necessary tension. Keeping form, one foot on the ground. Anchoring, maintaining the equilibrium. Retaining the lightness, bring to ground without weight.

Breathless
— ventilating the idea

Decompress. Distill. Cooling down but not towards resolution. Maybe it is useful to bring in fermata, the inverted arc ... extended beyond normal duration. Beyond sustaining a note. Considered pause, return or realignment.

To tune, to make tones available to different keys. Temper. Temperate. Temporal. Repeat the heating and cooling, softening and solidifying of language. Molten flex. Changes in temperature – plunge to cool, desire to distill, regroup. Melt it down again. Avoid the snap back into brittle form.

Binaries mark out the pitch within which to play, enables the curves to happen, something to work against. Goading us. Hot/cold. Liquid/solid. Soft/hard. Doing/ thinking. Attending to the interval – as an active space, against the desires of habit.

Voluptuous Recovery
— return, yet charged

To bring to mind — to scan has haste and necessity, yet nothing about its swiftness is inaccurate. Rotational survey. To focus or centre upon, alert. Elasticity becomes extraordinary through exhaustion, a productive slackening. At that moment of relax and slack, extension; a hovering non-dispersal.

Something intervenes; temporary resolution — what can only be known in retrospect. Depths encountered through the whole of oneself. Take a pause.

Recalibrate ... Loop
— desire to repeat

Revolve — to move in a circular or curving orbit, to keep the momentum. Recompose, with transformation. Reconfigure. Reassemble. Resolve — to bring more or less deeply into something. Steadfast, a recommitment is made. Temporary states, always having to be produced. Reset, retune — continuous present and a continual beginning again and again.

Not to start at the start. Infinite permutations. It will never be the same each time. Repeat to set a rhythm. No fixed destination. Return until one stops.