

30-03-19

Dear Joost,

Yesterday was again a very nice day for me, it was tough to do a run at the end of the day but it was very good and necessary for me to experience. It's not an easy piece to do for me, internally it's very demanding and asks a lot of concentration, focus, precision and empathy (intending), it feels like a train you step on and don't get off anymore. It's a road of madness you take and whether I'm already able to communicate that towards the audience or not I do feel it when I'm doing the piece. I feel I would like to do a run more often or even maybe twice in a rehearsal because I feel it's a very different work and also path / story within myself when I do the run and all scenes are connected, they're much more intense and it feels like you can not really do one without another. I mean ofcourse it's good to do the scenes separately and dig in each one and work on each one but I would maybe also like to see how one affects the other more, but then again I'm talking more about the internal influence than the technique. I feel the need for myself to get the materials more precise to then also have more easiness and freedom in letting go of this material and break it. It's a lot of information when I do the piece fully and to get a grip on it I need to do it. I feel there's still a lot of theory in the scenes, which is normal and I don't see it as a problem but I still haven't reached any point in any of the scenes. Or maybe any point is not the right expression, but at least not the point that I want to reach or feel like I have reached before sometimes in a rehearsal.

Now I think this is most of what I wanted to express after yesterday. Lets keep on working!

Love
Joany