when moving through a mountain body you easily loose balance by

stepping on lose rocks

walking through rock debris

trudging through snow

but you can also find the balance back

together with

these loose rocks

this rock debris area

in the snow field

move (together) through the space

stimulate mo(ve)ments of resisting and giving-in to balance and unbalance (together, each other).

move your whole body to do so

move only parts of your body to do so

move with other entities in the space to do so

move only contacting body parts to do so