## COMPOSITION

# WORK BOOK

COMPOSITION

NAME

## **WORKBOOK** ←

#### ABOUT THE RESEARCH

AS A PART OF MY MASTER'S
RESEARCH AT THE ROYAL
CONSERVATOIRE AND THROUGH A
GRANT FROM THE STICHTING DE
ZAAIER FOUNDATION, THESE
COMPOSITION WORKBOOKS WERE
BORN. PLEASE MAKE THEM YOUR
OWN. THE RESEARCH IS FOCUSED
ON USING CREATIVITY EXERCISES
FROM DISCIPLINES OF ART (OTHER
THAN MUSIC) AS A STARTING PLACE
FOR COMPOSITION.

## INSTRUCTIONS

EACH ONE OF THE FOLLOWING METHODS CAN BE FOLLOWED AND THEN EXPANDED UPON AS DESIRED INTO A LONGER COMPOSITION.

LINED PAPER FOR PLANNING/SKETCHING/IDEAS CAN BE FOUND UNDER EACH EXERCISE AND THE SECOND HALF OF THIS WORKBOOK IS BLANK STAFF PAPER.



ANIMA.

ANIMAL TIMED WRITE

IMPROVISATION RECORDING

ARITHOD C

HAIKU

# METHOD A: ADAPTED FROM TED HUGHES "POETRY IN THE MAKING"

## 

MINUTES WRITE 8 OR MORE MEASURES OF MUSIC ON THE THEME OF THIS CHOSEN ANIMAL. (DOESN'T NEED TO BE FULLY NOTATED)

#### METHOD B: ADAPTED FROM TWYLA THARP, "THE CREATIVE HABIT"

## **──→IMPROV RECORDING**

USING A RECORDING DEVICE (CAN BE JUST AUDIO AND NOT VIDEO), RECORD YOURSELF IMPROVISING FOR 5-10 MINUTES. AFTERWARDS, LISTEN BACK TO THE RECORDING AND NOTICE ANY PARTS OF YOUR IMPROVISATION THAT COULD BE USED TO START A COMPOSITION.

### METHOD C: ADAPTED FROM LINDA ANDERSON/ DEREK NEALE, "WRITING FICTION"

FOR UP TO HALF AN HOUR, WORK ON WRITING A HAIKU. A HAIKU IS TYPE OF POEM WITH THE FIRST LINE INCLUDING 5 SYLLABLES, TH SECOND LINE INCLUDING 7 SYLLABLES AND THE THIRD LINE INCLUDIN 5 SYLLABLES.