## Baguette Baton

for Orkest de Ereprijs



Written for Orkest de Ereprijs as part of their Composers Meeting 2022

By Aidan Teplitzky

Here is a ranking of the best supermarkets in the UK if you are wanting to get the best value for money in having a plain baguette for lunch:

Lidl - Ideal but they're a bit rarer to find on the high street. Baguettes are usually baked perfectly and are around 20p if you go for a sandwich one. Utter bliss.

Morrisons – Delish but more expensive than Lidl (think it's 40p)

Sainsburys – They're alright, baguettes tend to be a bit thicker than Lidl but quality is not as good. Recipe is a bit iffy but tend to be alright (think it's 40–55p).

Tesco – Always a disappointment, had to go for a tiger baguette many a time and it's not the same. Their recipe also doesn't work as well so regular baguettes can be used as a weapon on occasion. Should be cheaper than what it is.

Marks and Spencer - Rip-off, maybe go there if you're wanting to impress people.

Waitrose - See above.

Aldi - Never tried, seems like a betrayal to Lidl.

## Instrumentation

Flute 1 Vibraphone Projector

Flute 2 Piano

Clarinet in Bb Electric Guitar
Alto Saxophone Electric Bass

Baritone Saxophone Soprano

Horn in F Mezzo Soprano

Trumpet in Bb (w. Mute) Alto
Trombone 1 Tenor
Bass

Tuba

Duration

3 minutes 40 seconds

Dedication

Written for Orkest de Ereprijs

Score in C

## Performance Instructions

The projector should show the end text using PowerPoint slides or a prerecorded film that is cued.

## **Text**

What did you have for lunch today? Was it a sandwich, wrap, or salad? Maybe something from Pret a Manger? If Aidan Teplitzky was out and had to pay for his lunch, he would go for a plain baguette. When Aidan was younger he was an incredibly fussy eater. He would only eat cheap white foods. From the age of two he would have a plain baguette because it was enough to keep him full. His mum would buy cellophane wrapped baguettes that could be frozen then heated in the oven to take to school. More economical that way. At twenty-six he will still choose a baguette for lunch if he is out and has to pay. Aidan is no longer a fussy eater but he cannot move past the cost for value balance with a baguette baton. It can take you between breakfast to dinner for only forty to sixty-five pee. Even if Aidan would want something more fancy he cannot escape the economics of being full for not even a pound of his money. More sustainable that way. Aidan can do this because of his history with fantasy eating.

When Aidan was younger he would see his classmates eating fancy things with lots of toppings, maybe some hummus with posh cheese and meats maybe on a sourdough loaf from Pret a Manger. Aidan would look in awe at what might be and dreamed. He would imagine the flavour possibilities in the way he ate his baguette. Pulling the soft dough inside, like a mouthful of glutinous rice or a fine cheese, pleasingly sweet. Ripping the baton in half and tearing a chunk like a hunk of meat, the crack of the crust lying to his teeth. Having a combination of flesh and crunch, dough and crust, like an exotic tsatsiki with an expensive cracker, the kind you'd go ooh at if served with cheese. Aidan didn't start eating properly until at least sixteen but his fantasy eating still lives on because he has inherited the concern of sustainability. He knew his family's class from a young age, when concerns of money and being savvy was necessity. Aidan can now afford to pay more for lunch but he cannot break the economics of a baguette baton pass between breakfast and dinner for between forty and sixty–five pee. He knows he would be better with topping variety, his body missing out on the minerals needed to be healthy. But he is crippled by the thought of waste in his eating.

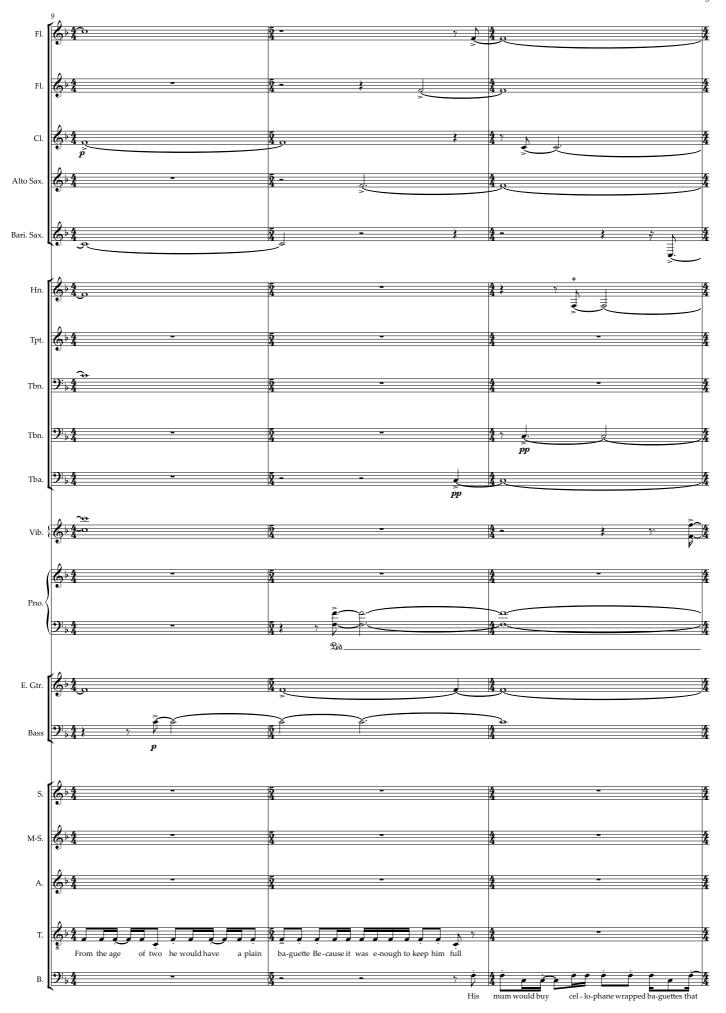
The fuss of Aidan's eating was the fear of throwing up, to reject what was given and have it wasted on his being. He knew there would be an extra economic cost which wasn't needed because he can be full on forty to sixty-five pee. He tried to break this thought by eating something stupidly fancy, langoustines. But when it came to the plate, his fear attacked, and he refused in case he took a bite and threw it right back. His family wanted him to eat more and would have paid the cost but Aidan couldn't handle the thought that money was wasted on him testing whether he liked something or not. The fear of waste and needed value for money has made him continue to live by the basis of sustainability. When he is out for dinner Aidan won't order what he wants because of its cost and knowing he can be full on the cheap. again he will fantasy eat, dream of what might be, only now because he doesn't want to feel cheated in paying more and wasting his money on want than need.

So he will eat a baguette baton to keep on between breakfast and dinner at the low cost of forty to sixty-five pee. A baguette baton pass being his way of working-class sustainability.

Aidan Teplitzky J = 100 Flute 1 Flute 2 Clarinet in B Alto Saxophone Baritone Saxophone Horn in F Trumpet in Bb Trombone 1 Trombone 2 Tuba Vibraphone { **p** Led Electric Guitar Bass Guitar Soprano Mezzo-soprano Alto If Ai-dan Te-plit-zky was out and had

Projector H 3



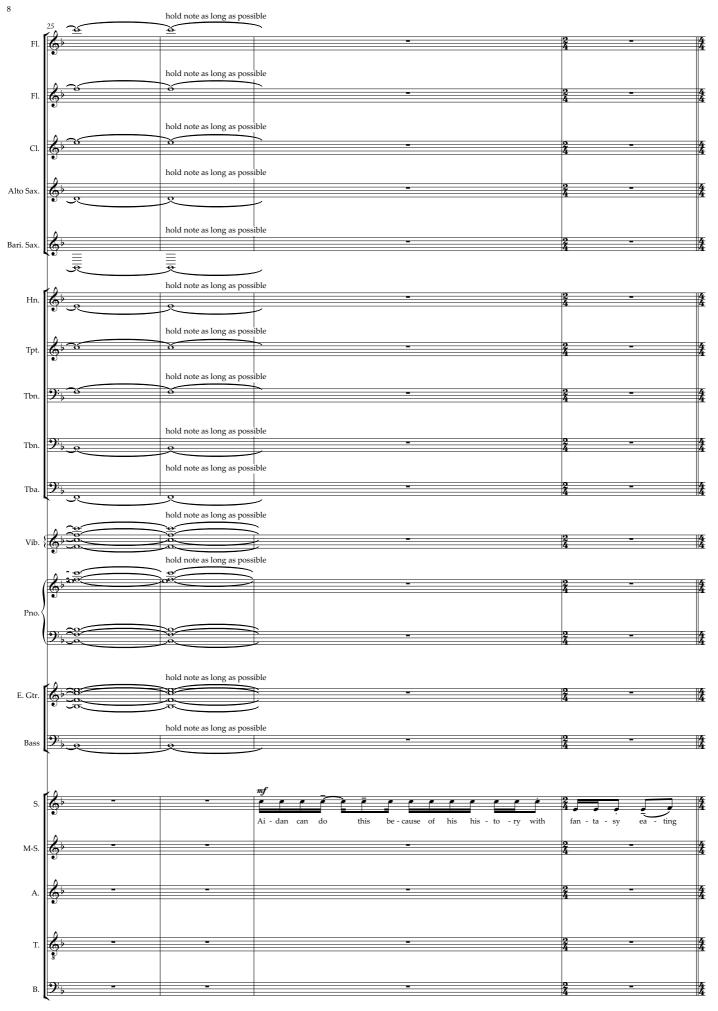






























top-ping va-ri-e-ty, his bo-dy mis-sing out on the mi-



