

I went on the balcony and tried to feel and accelerate the double rotation of the Earth
I slowed down\

I flew by lying on my stomach on the table, like a super hero
I went back and forth from the balcony to the table from the acceleration to the flying
I moved the black mika powder with my breathing
I took my shoes off, emptied my pockets and spread the coins from my purse on the plastic floor.\

I changed places
I wrote the word punctually on a paper and moved it through the space
I vanished the shadow of my hand into the shadow of the window.
I diffracted the sun with a little mirror into another participant's watch that diffracted the diffraction, then I diffracted the sunlight on another participant's hands and handphone, producing a shadow of them on the wall.
I screened the karaoke version of "Creep" by Radiohead on youtube and started to sing it
I repaired my lips applying lipbalm
I sit on a chair and the chair seated on me
then I split \

I started to breath heavily, then I cried and dribbled\

I hug the convenor of the exercize
I throw all the toothpicks and chopsticks in the air
I stopped doing the exercise
I played "Lakes of Canada" on Itunes, lied on the floor with the head in the sun, closed my eyes and started to daydream
then I expanded\

I leant forward but tried not to fall, several times
I plugged myself with my computer charger to electricity
I grasped my computer, fiercely
then I weakened\and shifted

I shuffled some paper
and sent an invitation via facebook to the other par and her boyfriend for joining to the onsen after the session, I also sent an invitation to the boyfriend to be my friend on the former social network
I escaped the immediate by taking photographs of my collaborators
I closed all the curtains and switched off all the lights
Then I refused
and got lost
I opened fast the corner of the curtain and closed it again as soon as opened, letting the sun entering for a split second
I repeated the gesture several times
At the end I said "oh fuck"