## expand and contract

more

extreme weathers

more

rainfall

more

snow

more

meltwater

more

infiltration

IIIIIIIIIalio

by water

more

heat

more

drought

leading to rock material expanding and contracting in a higher frequency

> causing the acceleration of an unstable mass breaking apart soon

move very slowly
let your body expand
let your body contract
the order is free choice
what in this space makes you expand?
what in this space makes you contract?
expand with your whole body
contract with your whole body
expand with one or more parts of your body
contract with one or more parts of your body