



This form is a tool to explore a chosen material in multiple and unforeseen ways.

Start by filling in words into the three categories. The words can be random – selected from a book, video, a conversation or other material – or chosen by a particular interest or topic.

Category I      WHAT  
5 things, places or times (e.g., winter)

Category II      DOING  
5 actions or movements (e.g., drift)

Category III      WHERE / HOW  
5 placing in time or place, or describing,  
using 1–3 words (e.g., all afternoon)

Now, use the words from each category to fill in the next form ready to cross-pollinate. Note that category II should be filled out twice – once in each of the two sections below.

Category II – DOING

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Category I – WHAT

Category III – WHERE/HOW

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Category II – DOING

For each of the words in category I, you will now have 25 cross-pollinated variations representing different sensory information. Explore each cross-pollination through moving, drawing, and/or writing.

