



1

ONE-

I leave the
skin dead and
dry shining light
behind me.

Manuscript.

MARIA ÖHMAN

Dnsdag

~~- övergång~~ ~~toleda puz~~
~~- bits & rading~~

- övergång tutch

~~- cybrigs que~~

- wrists & twists

- a tail a hand a
halt
+ övergång

←
- Letter
que.

→
- låsa iguom switch

→ counter
Haganal

1: A LETTER

ride ride ride ride ride rithe ride ride wride

wryde wride wride write write wridte

write write

rite rite rite

right right right rightt rightrt right

triedto triedto ride tried tried tried trieddo tried to ttttried to ttried

tto ride to ride to ride tto ride tto ride to ride ride

ridthe rithe rith rithe riththe a eye the eye der eye

their eyes their eyes their eyes

der eyethere either either ei there I there I there

I their I their I deaere

I dare I dare I dare I dare I derive I derive

derive derive derive der der rive deride derive

dear ride dear ride dear ride deare ride dearl

dear dear I dear I dear I

dey I dare I try to write

I tried to ride the eye

I deride the ride from the right to ride

to ride either to ride either to ride t I t to der rive

fom either writing the I dear I dear I

I derive

- ~~plåsa~~ skålar

- bok? min??

- Hågrer

- Hånta klocka.

- Smink.

VARA
SMINK

☞ kolla bok på plats
bett på krok

sporrar + gumminoddel.

~~spo~~

panna Ny

~~skålar~~

håstsko ~~##~~ + gummi-band.

festa bok + hår

manus på plats.

Pappersstapp i ficka.

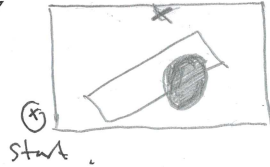
Stå vid vägg.

Gå in.

14.01.20

I4.05 02 Artificial Airst 1/7

gå utan för mattan

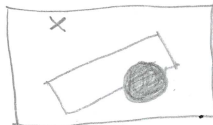


Andas ej

gå till nästa plats.

⁰⁴
I4.05 ~~02~~ halfhalt

I4.05 05 Artificial Airst 2/7



I4.05 06 halfhalt

plast handskar [P]

Penna.

[ligger vid P.]

14.07 fingersinmouthdance

övergolvet.



Cissi kommer och byter av.

~~Laga skriv i bokst.~~

~~14.12~~

~~wriden - VITA SKINNET.~~

~~I read this wridingsince i have ridden myself of writing what cannot be ridden its not a thing of wringing the exercise we continue to practice the perfect circle since circling can go under many names till the letter tw is the space we will come into a being bound i could have said you will be here by now would you have seen the invisible line and circle~~

- ta av handskar. -

~~14.14~~



~~whip the Geraderichten - E~~

~~Schack. mot svart volt.~~

Baga pröva på engång -
uttala orden. Raket -
på sak.

Lägg pappret & boken under ~~den~~ kroken

~~14.15~~ 11

~~bitsandreins 1/4 - VOLTEN~~

När cyklar sluter
läsn de för att ta av

~~14.20~~ 15

LETTER/S - VIO HASTEN

~~14.25~~

~~antidiagonal~~

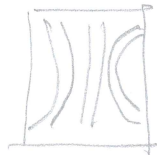
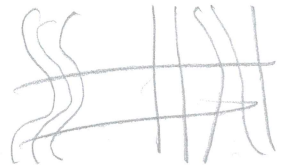
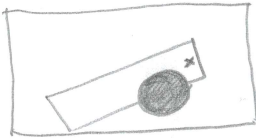
~~14.32~~ 15

double so(u)le

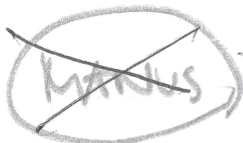
- Sätt foten i kurt,
hålla i armar,

~~14.35~~ 16

Artificial Airs 3/7



Attenda lite inellan.



~~Handwritten scribbles~~

Samma
plats.

~~14.40~~ 17

wrid - bokstav?

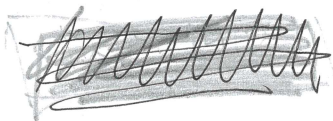
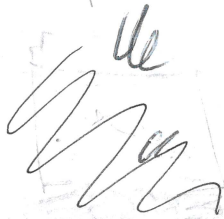


- Upp med lapp.

- ~~tas första meninga~~

Här blocka här,

Handwritten scribbles



~~vid pelaren.
lapp + manus.~~

vanster fram. - glösa hopp. - snabba fötter.

ten.
and.

issenheit

- Artikulera
- ordvärdare
- frambak.

- vid mitten
stanna.
skruva.
titta.

ss eases sitting in these steps since tension intensifies slithering
listen:

a, see saw, sawing is a bad substitute

Exhibitor 1: sit in these steps, twitching the attention, see side steps slipping, intensive exercising eases it

Exhibitor 2: sittings rise and sink synchronizes listening seats. **Listen, intensely:**

Exhibitor 3: this song sits sideways and stitches its sis 'silence' into seeing stepping lines slipping easily into this senseless singing

Exhibitor 2: steps in this listening seems to survive in silence, steps anticipate sittings rise and sing

Exhibitor 1: since sitting sisters, slipping into silence, exercises easy singing, stitching whispering lines like this singing is seeing the lines of senseless side steps listening to these silly sisters whispers

Exhibitor 3: slips steps slip

Exhibitor 1: sis (to exhibitor 3), sense less, it takes feel, see: this easy: this stitch sings. was ist los? the exercise is slithering, feel see feel see feel see, it isn't: ea-sy

Exhibitor 2: sit (to exhibitor 3) stitch this bitch (to exhibitor 3 about exhibitor 1) willing-ness exercises sideways, it sees intensity slipping into singing


Exhibitor 3: lines sit, lines seems to twitch, seeing whispering as stitching thinking, whispering sees lines while lines sink and rise

Exhibitor 2: **seeing is silencing willingness**

Exhibitor 3: whispers twitches singings ci ca

Exhibitor 1: stitch this song it slips ea-sil(l)y

~~Vrid.
hopp.
Kopp.
hopp.~~
Vid ant
Samma
riktning
som de
andra.

- 14.23  balca mot cybrig.
14.23. Få ett spö av cybrig - ~~Den över golvet.~~
whip role.
14.24 [Få liten serpentin i nummer]

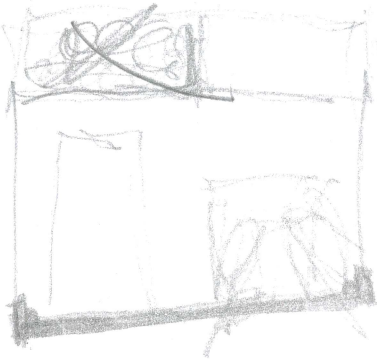
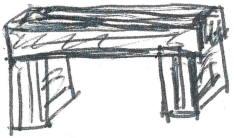
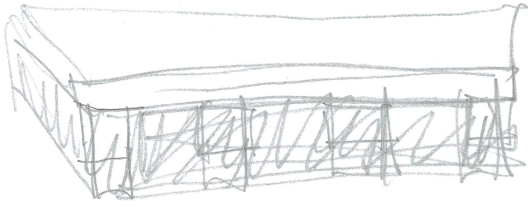
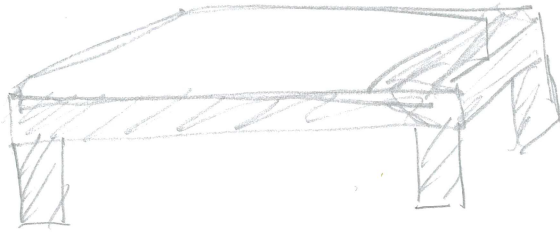
14.24  wridden vita skinn.

you should have seen it being wringed to fit into the perfect circle it could have followed you this riders hand will have been tracing the words all this way tracing the invisible letters as you turn the written bend think as it moves forward through the thing it tread to be ridden.

sät fast text på ryggen.

14.25 kryp baklänges ut. runt pallen. Rebecca går med klett och laser.
~~Text på ryggen~~
~~med ett skinn~~

14.25
Påse Rainback.



14. ²⁹

Artificial Airst 4/7

ndx i mitten.

- Nancybrig last tlast
5a.

14.30. WRISTS AND TWISTS mot svart volt.

~~VÄND TILBÄKA FÖR SKÅLAR~~ - när Rebecca
& Sissi avslöte

indanser lite
Thop.

14.37

writingriding

see
her eyes move freely in her skull
bumping up and down in space in a regular rhythm
the exact thought yo-yoing rhythmically between k and r
kaiser and ritter
c..... and c....
c.... and c.....
in the exact position
in her

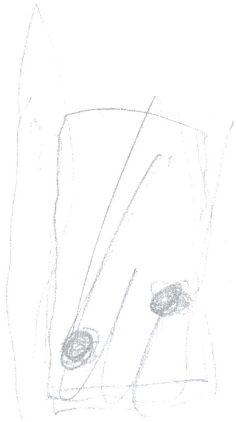
~~var nixig mot
staten
med wrists and
twists.~~

14.37

~~14.37~~

14.38 14.38 hoofbeats

~~14.38~~



14.33

bitsandreins 2/4

med tyglar

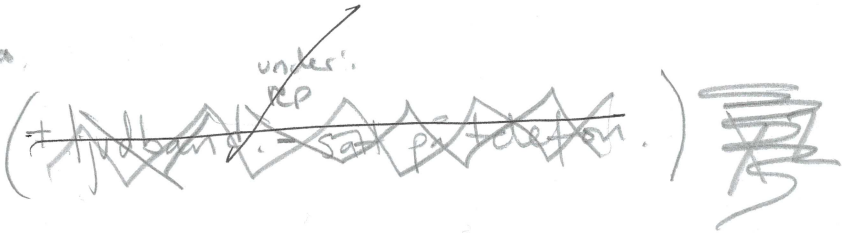
Rakrikta olika delar av kroppen
dra-häl.

Geraderichtung

(Hang upp tyglarna.)

37
14.43

wristsandtwists ^{riktning} mot rebecca.
den nya dansen.
lite mon/bett.



14.44

XonO X2

14.40

Cissi nger på häften - agi ner läs.

~~14.41~~

~~a tail a hand a halt~~ - ~~Acceleration~~ - ~~Acceleration~~
läsa vid arm. utsidan av arm. Accelerera.

14.42

Artificial Airs. 5/7, läsa vidare.
+text. A tail a hand a halt.

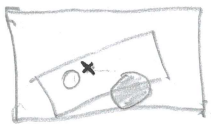
14.43

På med sporrar vid pall -
Artificial Airs 5/7 - vid Cissi:

Sporrar längre
nerre på häften.

44

sporrar,
Ån på
byxor.



- Håll kvar sporrarna
hela vägen till skudet.

14.45

nobitdance - mot rebecca.
Sjukt rogg. som en katt.
ha sporrar på.
Sjistera varandra, med imaginärt bett

14.46

moving support
A LETTER

→ lägg ut sadeln effektivt.

ligga i sadel

15.00

penhorseboxmirrorhair

15.01

LETTER/S

15.02

written i mitten fram.

pullbackthelettersintothesilenceyouareopeningthemouthtomuchmuchtomuchcloseitsomesilent
someformsandreturningsareneverquitewheretheyshouldhavebeenriddenhadyoubeenwrittenint
hewaythebendingwouldrideyourwill

cyklar på hästskan

14.50

~~14.50~~

15.03

bitsand reins 3/4

(14.51.20)

writing riding

- utan tyglar, - hålla sig själv på
korta tyglar.

are you listening

I mean you

can you do you need to tilt your head slightly to the side maybe

(you tilt your head)

sit back and listen

adjust your position just a bit a bit more back

a bit more back

sit further

back

can you see

the betweener

she positions herself

15.06

bitwash

Witt...
här

Står kvar i volten

tyst.

När cyklar läser fast 2. skuta.

15.07

writing riding

shorten her from the leg
 sit light on her back
 make her stay in front of you
 ask her to be submissive to your positioning work.
 she shouldn't think
 she's taking the lead now
 bring her back to you
 back
 she doesn't listen bring her back tell her
 to listen to the inside leg inside leg inside leg
 your leg
 hand
 lower leg inside hand out of your knee handleg your upper hand lower the outside
 kneeleg hand out the leghand below the leekeg your inside handmeg to the upper
 knee inside leg and lower the hand the hand the hand lower it lower the leg inside of
 the hand out of your knee handleg your upper hand lower the outside kneeleg
 but sit light sit light sit light
 she should move freely and willingly into the hand

POVOC

52



Hanta tyg +
Placera Sadlar

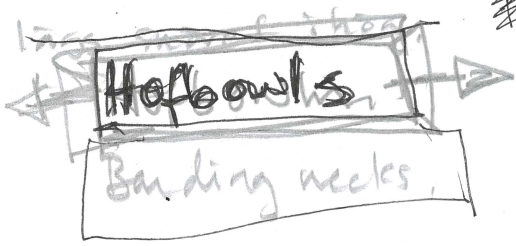
15.08

live dividers - rebecca

rep go ande till rebecca.

15.08

STAY HERE UNTIL I WILL LET YOU GO.



kl
m. 54

15.11

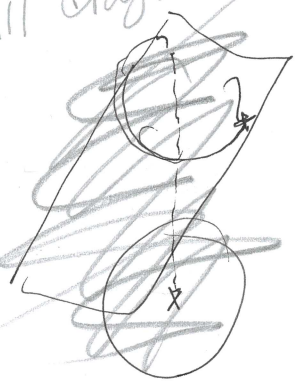
leg yield X

4.56

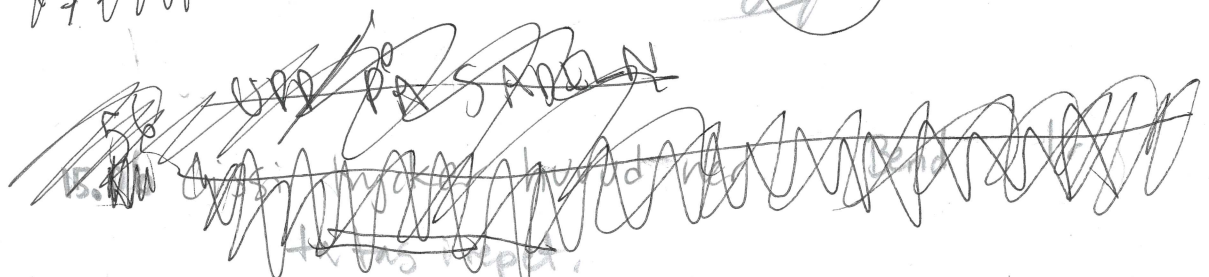
Rainback

till diagonal.

- 58



VANVA.



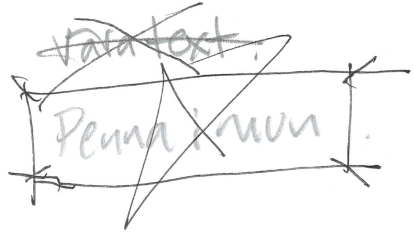
15.13

~~Påhåster~~

~~con-laboration intensivt rebecca~~

~~twist the wrists~~

tilt and bend
 and straighten tilt
 and bend straightened tilt
 bend weight on the r foothoof
 turn a quarter to the left and
 stretch the r leg out to the side
 shift the weight back
 bend over with the r hand
 turn on spot to l tilt the head to H
 carry with bend arms in front
 work the neck
 draw the elbows hands to r with elbows at your r side
 hold on both sides
 pinkies under thumbs above on



15.14

live dividers
~~pay better rep.~~

Mar R. + C.
 Sätter upp.
 gå till.

14.58 ARTIFICIAL AIRS

på silvervolten.

15.15

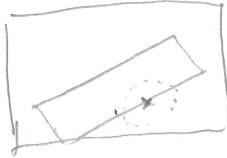
~~binoculars~~
 con-laboration

~~häng upp hänger~~

14.58

15.19

Artificial Airs 6/7



Halvhalt,

15.20

it choreographed - a dancer's ta(i)le

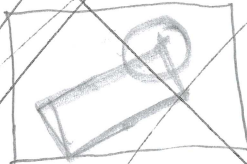
kyge →

scw.

20
15.26

Artificial Airs 7/7

STAY HERE UNTIL I WILL LET YOU GO

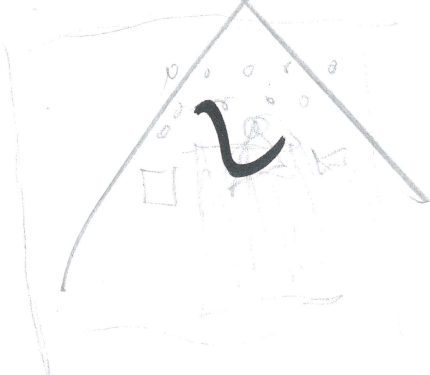


15.21 Halvhalt.

15.27

wriden - binda thop text

staythereuntillwillletyougo



IT WORDED A WE

The flesh made word¹

I YOU I YOU I YOU I YOU I YOU I YOU I YOU I YOU I YOU I YOU I YOU I YOU I
YOU I YOU I YOU I YOU I YOU I YOU I YOU I YOU I YOU I YOU I YOU I YOU

ARE YOU ARE YOU ARE YOU I YOU ARE I I ARE I YOU ARE ARE YOU I YOU ARE
I I ARE YOU YOU ARE I ARE I YOU ARE ARE YOU I YOU ARE I I ARE YOU YOU
ARE I

IT WORDED A WE

The Bondage of Poetry²

1 *The Flesh made Word*, Nick Cave, BBC Radio 3's Religious Services Department, London, 1996
2 From *The Secret Life Of The Love Song*, Nick Cave, Vienna Poetry Festival, 1998

Krypa

gå med spö

fingers in mouth danse på sig själv

Attenda.

hair rains -

den lilla dansen

bending neck

penrole. - stå på ett ben

wiperole

tycka bort.

tycka någons häls framt

Handskar
Pennor

Jag drar vidare nu.

Detta måste dra över.

Jag har bestämt i barn

ska vara vänner.

- internaliserad.

Plasthandskar.

pennor på 2 ställen ^{bok + papper} pappersbit

spörrar

stäl stolar på plats.

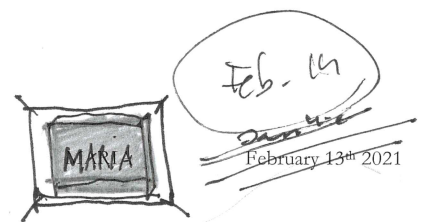
~~pen~~ papper + bok.

life changing events

← H glasögon

- M sång

Repetition
med variation



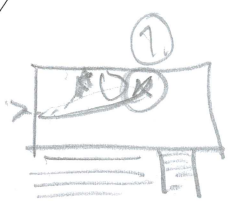
All that has already happened, and continuous to happen, as the audience enters the room, is what we call ONE and this is how it continues.

The world is moving, therefore unreadable¹

~~He vid borden.~~
Frånc. Ständvass.

14.05 Artificial Airs 1/7

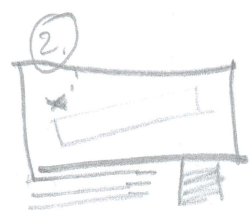
vid väggen



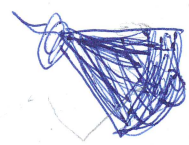
14.06 Wait vid väggen.

6ma
14.08

Artificial Airs 2/7



14.09 Wait



¹ Louise Glück, *Averno*

pena
spanta
lads
bok + papper
19/11/21

14.10

fingersinmouthdance

With Rebecca *fingersinmouthdance*.

14.12 Kommer cissi och sätter av.

~~14.12~~ 12

From *wriden* - skiva.

egen plats.

ireadthiswridingsinceihaveriddenmyselfofwritingwhatcannotberiddenitsnotathingofwringingthe
exercisewecontinuetopracticetheperfectcirclesincecirclingcangoundermanynamestillthelettertw
istthespacewewillcomeintoabeingboundicouldhavesaidyouwillbeherebynowwouldyouhavesent
heinvisiblelineandcircle

~~14.18~~ 18

Pick up your book and your black out text from *a tail a hand a halt* from the white
volt. entre E.

håsten i skaek

baja 20 sek
efter Cissi

~~14.19~~ 19

whip the Geraderichten.

(2mm)

texten. Bolk på huvudet

får ta

läsa från Jarandas papper

3/19

14.23 16 bitsandreins 1/4

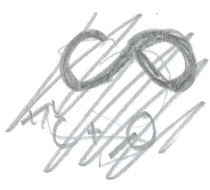
vanligt.

With Cicilia

20

14.20 Something with letters

- (kort grej)



14.28

~~Artificial Ains 3/7~~

vissa - cantor diagonal

14.20

- galopp inmet på sidan.

14.22

Double soul. Hår fot i hästsko - lämnahästsko,

14.23

Artificial Ains 3/7 - (Sadel kammare) relax var.

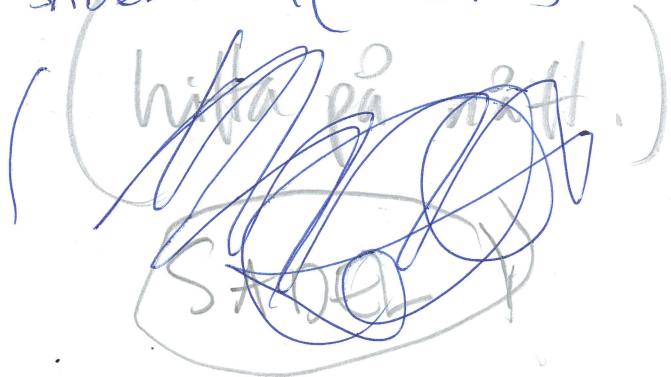
14.24

wrid

- sporrar i sn. med sporrar

14.25 slut på det.

SADEL. +(nått extra.)



~~Hamsta LAPP + ~~RAFFA~~ MANUS,~~
Entre vid H. Hamsta Lapp manus
vegetations,

14.27 Twitch - sing die Losgelassenheit



-gå snabbt i sidan. stå still vid text.

Exhibitor 3: willingness eases sitting in these steps since tension intensifies slithering twitches, listen:

Exhibitor 2: ci ca ci ca, see saw, sawing is a bad substitute

Exhibitor 1: sit in these steps, twitching the attention, see side steps slipping, intensive exercising eases it

Exhibitor 2: sittings rise and sink synchronizes listening seats. Listen, intensely:

Exhibitor 3: this song sits sideways and stitches its sis 'silence' into seeing stepping lines slipping easily into this senseless singing

Exhibitor 2: steps in this listening seems to survive in silence, steps anticipate sittings rise and sing

Exhibitor 1: since sitting sisters, slipping into silence, exercises easy singing, stitching whispering lines like: this singing is seeing the lines of senseless side steps listening to these silly sisters whispers

Exhibitor 3: slips steps slip

Exhibitor 1: sis (to exhibitor 3), sense less, it takes feel, see: this easy: this stitch sings. was ist los? the exercise is slithering, feel see feel see feel see, it isn't: ea-sy

Exhibitor 2: sit (to exhibitor 3) stitch this bitch (to exhibitor 3 about exhibitor 1) willingness exercises sideways, it sees intensity slipping into singing

Exhibitor 3: lines sit, lines seems to twitch, seeing whispering as stitching thinking, whispering sees lines while lines sink and rise

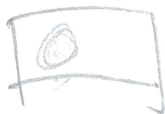
Exhibitor 2: seeing is silencing willingness

Exhibitor 3: whispers twitches singings ci ca

Exhibitor 1: stitch this song it slips ea-sil(l)y

- 14.30 slot.

14.55 31 From wridden



you should have seen it being wringed to fit into the perfect circle it could have followed you this riders hand will have been tracing the words all this way tracing the invisible letters as you turn the written bend think as it moves forward through the thing it treadstoberidden

gå till Artificial ARS

• när R+C går för: tar live
dividers.

15.47 ~~15.48~~ From *writingriding*

-Lara

15.07.

shorten her from the leg
 sit light on her back
 make her stay in front of you
 ask her to be submissive to your positioning work.
 she shouldn't think
 she's taking the lead now
 bring her back to you
 back
 she doesn't listen bring her back tell her
 to listen to the inside leg inside leg inside leg
 your leg
 hand
 lower leg inside hand out of your knee handleg your upper hand lower the outside
 kneeleg hand out the leghand below the leekeg your inside handmeg to the upper
 knee inside leg and lower the hand the hand the hand lower it lower the leg inside of
 the hand out of your knee handleg your upper hand lower the outside kneeleg
 but sit light sit light sit light
 she should move freely and willingly into the hand

15.07

15.08.

~~15.08~~

16.00 *live dividers*

That rep.
hanta kuta.

With Rebecca



~~15.83~~
~~16.06~~

15.10
legyieldX

With Rebecca

B Cicilia kommer och trycker huvudet.

~~15.55~~
16.08

15.13
twistbwrists

With Cicilia

(2min)

Nära. test.

lite tempo.

- tilt and bend
- and straighten tilt
- and bend straightened tilt
- bend weight on the r foothoof
- turn a quarter to the left and stretch the r leg out to the side
- shift the weight back
- bend over with the r hand
- turn on spot to l tilt the head to h
- carry with bend arms in front
- work the neck
- draw the elbows hands to r with elbows at your r side
- hold on both sides
- pinkies under thumbs above on

~~15.00~~
16.12

live dividers

1514

With Cicilia

ing håller i repet.

På diagrammet

~~16.00~~ ~~16.00/16.31~~ 15.15.

16.20

bitsandreins 4/4 piaff, text and AthroughO, with Maria

Ceitra

punnadimon

From *It Choreographed - Articulation through Obstruction*

I IS
AND
I ARE
I AM:
IT TOO
ASWELL

kanne

Rebecca kunne
ogh sifferar
med pennar

IT IS
WELL
WRITTEN
IT ARE

IT AM
RIDDEN

~~16.00~~ 15.19

16.25

Artificial Airs 6/7

i svart a vollen
darden lag.



16.26

Wait

~~16.05~~
~~16.13~~

15.20

A dancer dar l.

kryper



~~16.27~~ ~~changevolts~~ ~~adams~~

~~16.13~~

~~16.35~~

Artificial Airs 7/7

pi silver volten.

~~16.36~~

~~16.36~~

Wait by

~~16.37~~

From writing riding

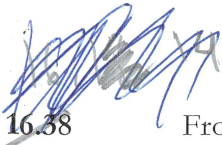
16.15

Choir:

what is it
like
to be ridden

my search made a halt.
I repeat

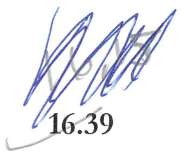
q,



16.38

From *wriddn*

staythereuntiliwilleyougo



16.39

IT WORDED A WE

The flesh made word²

I YOU I YOU I YOU I YOU I YOU I YOU I YOU I YOU I YOU I YOU I YOU I YOU I
YOU I YOU I YOU I YOU I YOU I YOU I YOU I YOU I YOU I YOU I YOU I YOU

ARE YOU ARE YOU ARE YOU I YOU ARE I I ARE I YOU ARE ARE YOU I YOU ARE
I I ARE YOU YOU ARE I ARE I YOU ARE ARE YOU I YOU ARE I I ARE YOU YOU
ARE I

IT WORDED A WE

The Bondage of Poetry³

² *The Flesh made Word*, Nick Cave, BBC Religious Services Department, 1996
³ *The Secret Life of the Love Song*, Nick Cave, Vienna Poetry Festival, 1998



Handwritten text on a rectangular piece of paper, oriented vertically and slightly tilted to the right. The text is written in pencil and includes the following words:

- Handwritten at the top: *Handwritten*
- Inside the rectangle, from top to bottom:
 - Yams,*
 - Kithamun*
 - 7th*
- Handwritten at the bottom left of the rectangle: *Fossil*

14.36
~~15.03~~

Artificial Airs 4/7

nd utta tader



~~14.08~~

~~14.37~~

14.37

Boja lät.

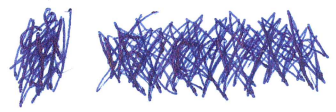
se sid 18, i tabell. text

uppläst
(när text
är slut ??)
i högtalare

~~15.04~~

~~walk with hoofbowl~~

14.38

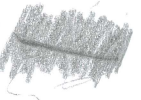


14.39 - ~~14.43~~

43

~~15.10~~

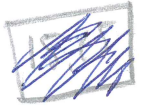
bitsandrens 2/4 piaff



små steg fram motsatt riktning.

With Cicilia

14.43 - 14.44



Wists and twists - dans. (den nya dansen.)

14.44

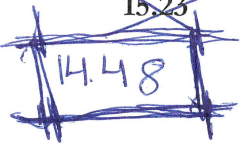
X on O

när assen går förbi
är jag och tader



15.23

a tail a hand a halt



14.48

sata mig vid speglar sput åt sidan - tillbaka.

-14.53

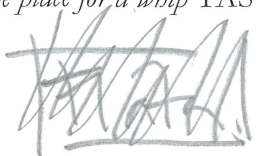
- Alla slutar tillsammans.



lås tygl

a tail a hand a halt and a shoe a side step a bit a flying change a rein a neck a sit bone some leather a shoulder in a heel an eye four eyes a touch the grease a skin oil water metal to mouth a seat a leg a back a hand a hoof two eyes the smell the sound the flesh a rhythm hair whip where is the place for a whip a tail a hand a halt and a shoe a side step a bit a flying change a rein a neck a sit bone some leather a shoulder in a heel an eye four eyes when is the time for a touch the grease a skin oil water metal to mouth a seat a leg a back a hand a hoof two eyes the smell the sound the flesh a rhythm hair whip where is the place for a whip a tail a hand a halt and a shoe a side step a bit a flying change a rein a neck a sit bone some leather a shoulder in a heel an eye four eyes a touch the grease a skin oil water metal to mouth a seat a leg a back a hand a hoof two eyes the smell the sound the flesh a rhythm hair whip where is the place for a whip a tail a hand a halt and a shoe a side step a bit a flying change a rein a neck a sit bone some leather a shoulder in a heel an eye four eyes when is the time for a touch the grease a skin oil water metal to mouth a seat a leg a back a hand a hoof two eyes the smell the sound the flesh a rhythm hair whip where is the place for a whip

TAS BORT VID UTSKRIFT ORIGINALMANUS



~~to something with letter~~ SADEL 1453
look look look
look look

tillsjäs för minque

14.54 Artificial Airs 5/7 (vid de ~~andra~~) cissi

14.55 no bit dance. — mot Rebecca.

Sitta på sadel (A letter) glida upp / ner.

14.56 läsi it wited to

15.06 Wait

15.00

~~15.37~~ penhorseboxmirrorhair - installation.

15.01

something with letters.

15.02 Widden. (senra)

~~15.41 bitcircle~~

15.03

relere

~~15.43~~ bitsandreins 3/4 piaff and text with Cicilia

med manus i hand

are you listening
I mean you
can you do you need to tilt your head slightly to the side maybe
(you tilt your head)
sit back and listen
adjust your position just a bit a bit more back
a bit more back
sit further
back
can you see
the betweener
she positions herself

15.06

~~WASH~~

tratta
min murr.