## Resume

### Dr. Habib Ahmed Afsar

Nationality: Pakistan (Swiss resident/C since 2008)

Date of birth: 7 December 1970 Place of birth: Manama Bahrain

www.habibafsar.com

### Education

- 2013: MA Expressive Arts European Graduate School, Saas Fee, Switzerland.
- 2008: Course on International Health Consultancies, Liverpool School of Tropical Medicine/ Liverpool Associates of Tropical Health, Liverpool, UK.
- 2004: MSc Health Systems Management, London School of Hygiene and Tropical Medicine, London, UK.
- 2002: Fellow of College of Physicians and Surgeons (FCPS), Community Medicine, the Aga Khan University/College of Physicians and Surgeons, Karachi, Pakistan.
- 1996: Bachelor of Medicine; Bachelor of Surgery (M.B; B.S), Ayub Medical College, Abbottabad, Pakistan.

# **Work Experience**

- Since 2009: Practice as artist and expressive arts practioner (details follow)
- Since 2008: Freelance as International Public Health- Consultant (details follow)
- 2006-2007: Health Information Analyst, Emergency Cell, World Health Organization, Islamabad, Pakistan.
- 2006 Technical Officer, Monitoring und Evaluation, Family Health International Islamabad, Pakistan.
- **2004-2005:** Public Health Physician/ Teamleader for Somalia, Action Africa Help International, Nairobi, Kenia and Bossasso, Somalia.
- 2002-2004: Manager Service Development, Aahung, Karachi, Pakistan.
- 1998- 2002: Resident Community Medicine, Division of Public Health, Department of Community Health Sciences, Aga Khan University, Karachi, Pakistan.

# Consulting positions

- Since 2013: Advisory Council, Build a Bridge, Philadelphia, USA.
- Since 2013: Team member, A Step Ahead, Berlin, Germany.
- Since 2009: Member Board of Directors Mountain Welfare Development Organization, Islamabad, Pakistan.
- 2008 to 2013: General Advisory Body, SOS Rasissmus, Zürich, Switzerland.

# Selected work as artist and expressive arts practitioner

#### 2015

- Expressive arts workshop with acid burn survivors in Pakistan. Acid Survivors Foundation, Islamabad, Pakistan
- Exploring zine making as a tool for community development.
  Prohelvetia Art Research grant for Kolkata, India
- Building Bridges. A Poetry Seminar for Art Therapy students, Step Ahead Berlin

#### 2014

- Expressive arts sessions (X4) in Belfort (France) and Porrentruy (Switzerland) as a cultural mediator in collaboration with the theatre piece "Requem de Salon", Cours de Miracles, Delémont, Switzerland
- Lead trainer in Poetry Seminar for MA Expressive Arts Students (Kunst Module), Step Ahead, Berlin, Germany
- Exploring Peace Building. Two residential expressive arts workshops for peace volunteers, South Asia Partnership, Lahore, Pakistan.

#### 2013

- Exploring Peace Building. Two residential expressive arts workshops for peace volunteers, South Asia Partnership, Lahore, Pakistan.
- Expressive arts session with asylum seekers in project titled "Stories from Home and Here". Won special prize "Salut l etranger! 2013" from Département de l'économie et de l'action sociale (DEAS), Neauchatel.
- Participated in group show (Installation and collage) titled "What means to be Swiss", Künstlerhaus Solothurn, Solothurn, Switzerland

#### 2012

- Expressive art workshop with migrant children in integration class at Schulhaus Hofstrasse, Zürich.
- Participated in group show "Ein Buch bei Nacht", Lavin (GR), Zürich (ZH), Oberegg (AI).
- Participated in "Kunst Szene Zürich", Zürich, Switzerland.
- Participated in group show (DIVO institute), Cabaret Vulgaire, Perla Mode, Zürich, Switzerland.

### 2011

- Conducted workshop "Organizational Review using arts", South Asia Partnership, Lahore, Pakistan.
- Week-long workshop and wall mural with teenagers "Health is my right", Imperial Public School, Lahore, Pakistan.
- Exhibition and poetry performance "Separation", Paradox -Gallery, Zürich, Switzerland.
- Participated in group show "Living in the abyss", National Gallery Prague, The Czech Republic.
- Participated in group show "Motel Nirvana", Rote Fabrik, Zürich, Switzerland.

### 2010

Participated in project "Webstall", Pignia (GR), Switzerland.

 Participated in group show "Living Sculpture"with the DIVO Institute, Fridericianum, Kassel, Germany.

# Selected work as public health expert

#### 2013

- Development of student book and trainers pack for Community Workers called "Arts and Community Health" as part of the Diploma Course in Community Art
- Part of technical team for baseline survey (qualitative research) in DEZAfunded Citizens Actions for Pace and Development in tribal areas in Pakistan , Islamabad, Pakistan

### 2012

- Conducted qualitative data analysis and contributed to report on Baseline Survey of Information Dissemination, Access, Gap and Needs for the "Media for Early Recovery Project" in 6 districts in Pakistan
- Provided technical input (and editing of report) for the USAID funded study "Social and Legal Response to Rape in Pakistan" under the Gender Equity Programme (concept, research proposal, tools and report writing)
- Conducted a real time evaluation for Merlin's 2010 flood response towards developing a longer term vision for Merlin Pakistan and London HQ

### 2010

- Conducted orientation sessions for staff on disaster management and participatory community disaster preparedness. South Asia Partnership, Lahore, Pakistan
- Developed concept (with methodology, work-plan and TORs) for "Model Healthy Villages" for flood affected districts in Pakistan (the project will be implemented in four sites). South Asia Partnership, Lahore, Pakistan
- Developed report from secondary and primary data on "Health Facility Vulnerability in Pakistan". Ministry of Health (NHEPPR), Pakistan
- Co-authored report (with Dr. Marium Malick, Advisor Disabilities, Pakistan) titled, "Establishing rehabilitation services for post-polio cases in Afghanistan- mission report". As a result of an initial proposal developed in 2007(worth 30,00 US dollars) which was subsequently used to advocate for, and initiate a similar project in Yemen and Afghanistan
- Took part as panel expert for HIV/AIDS as a social issue in the cultural programme as part of the International HIV/AIDS conference. Screened short film on Theater for Development in Museums Quartier, Kunsthalle, Vienna, Austria
- Developed and facilitated workshop on "Critical review of medical literature" for Master of Public Health Students, Health Services Academy, Islamabad

#### 2009

- Developed M&E system and assisted with strategic/institutional development. Gruene Blume Schweiz, Switzerland
- Developed and facilitated five-day course titled, "Essentials of Project Management for NGOs", NGO Management School, Geneva, Switzerland

- Coordinated critical review and developed report on health cluster response in IDP crisis titled: "Overview of health cluster interventions in humanitarian response to IDPs, NWFP, Pakistan- July 2008 to July 2009, WHO, Pakistan
- Designed and coordinated "Impact assessment of Female Welfare Worker (FWW) trainings" by Aahung for Ministry of Population Welfare, Pakistan
- Team leader for health performance mapping of 10 State Ministries of Health under the MDTF- "Technical Assistance to Health Priorities". LATH/ Ministry of Health, Southern Sudan

### 2008

- Conducted evaluation of CERF funded "Emergency health interventions and outbreak response and control in flood affected areas" and developed lessons learnt through participatory methodology, WHO, Pakistan
- Developed concept, guidelines, tools, manual and Log Frame Analysis for health and nutrition sentinel site surveillance system and conducted training sessions for over 20 staff.
- Conducted assessment of M&E system, capacity strengthening and development of outcome indicators (as part of Short Course on International Health Consultancies) Sahir House, Liverpool, UK
- Conducted qualitative study: Perceptions of health among asylum seekers from Afghanistan in Zurich, Switzerland (presented at the Swiss Public Health Conference, September 2008 and accepted for ECO Health Conference, Mexico City, December 2008)
- Designed and coordinated "Household Indigenous KAP survey on scabies, ARI and diarrheoa in earthquake affected districts of Pakistan", WHO, Islamabad, Pakistan
- Developed monograph for Global Fund funded anti-retroviral (ARV) project roll out, Islamabad, Pakistan

### **Publications:**

- Afsar H, My Dady loves me. Visible Poem Festival publication, Bristol, 2013
- Afsar H. My Name, poem published in Poesis, 2012
- Afsar H, Younus M. Strengthening the role of Lady Health Workers In National Programme for Family Planning and Primary Health Care: The LHW perspective. 2004, J Ayub Med Coll Abbottabad; 17(1)
- Afsar H, Younus M. Outcome of patient referral made by the Lady Health Workers in Karachi, Pakistan. J Pak Med Assoc. 2005 May; 55(5):209-11
- Afsar H, Gill S. Theater for Development for Sexual Health Promotion- A Case Study. Journal of Pakistan Medical Association, Sept 2004, 54: 487-490
- Afsar H, Younus M. Patient Referral at the Grass-roots Level in Pakistan. Nature and Science. 2004;2(4):18-28
- D. Nanan D, F. White F, I. Azam, **H. Afsar** and Hozhabri S. Evaluation of a water, sanitation, and hygiene education intervention on diarrhoea in Northern Pakistan. Bulletin of the World Health Organization 2003, 81 (3): 160-165
- Afsar H, Qureshi AF, Younus M, Gul A, Mahmood A. Factors affecting unsuccessful referral by the Lady Health Workers, Pakistan. Journal of Pakistan Medical Association, Nov 2003, 53:21-24
- Mahmood A, Kadir M, Afsar H, Barni N. Health needs of clients: insight by medical practitioners from two districts of Sind. Journal of Pakistan Medical Association, June 2002,52: 239-243

• Afsar H, Mahmood A, Kadir M, Barni N, Ali S. Knowledge attitude and practices regarding sexually transmitted infections in a rural district of Pakistan. Journal of Pakistan Medical Association, Jan 2002,52: 21-24

# Film projects:

- Beauty as resource, in collaboration with Julien Phillipe
- Daddy Loves Me: Video- poem with Julien Phillipe ( shown in Visible Verse, Ottawa, Canada and Poetry Festival, Bristol, UK)
- Breaking walls: A case study on using Theater for Development for sexual health promotion (shown at Ottawa, Bombay, Karachi and Vienna)
- Aliens at Home: A short film about asylum seekers in Switzerland

# Languages

Language	Reading	Speaking	Writing
English (native)	Excellent	Excellent	Excellent
<b>Urdu</b> (native)	Excellent	Excellent	Excellent
Hindi	-	Excellent	-
Arabic*	Fair	Basic	Fair
German* (B1)	Fair	Basic-fair	Fair
Several local Pakistani languages		Excellent	-

<sup>\*</sup> need interpreter and/or translator for support