

# THE ECOLOGY OF ARTISTIC RESEARCH



The Ecology of Artistic Research  
a Poetic Lexicon  
by Elizabeth Torres

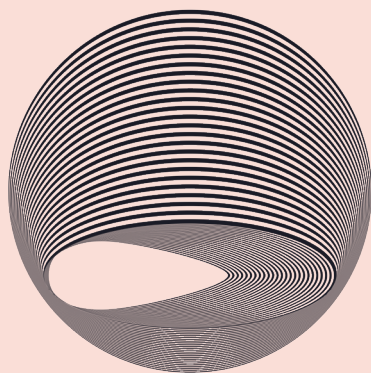
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# A Poetic Lexicon

By Elizabeth Torres





To Seek

Acrylic and thread  
on paper.

## Academy

The temple dedicated  
to knowledge and learning  
can be seen as a hive  
to hone one's craft,  
as a platform  
to share ideas with others  
or as an arid space  
where structures are defined  
sometimes with the flexibility  
of the *Welwitschia mirabilis*.

It depends  
on how you approach it.

## **Agency**

A footprint  
an occupied space  
an impact  
a shape which is given back to the world  
transformed through  
actions and output.

## **Ambiguity**

There are many masks  
with which to see all around you

Multiple interpretations  
endless meanings

Inexactness  
the art  
of being open to fluid paths.

## **Aesthetics**

Beauty  
might be in the eye of the beholder  
but some of us  
make it a profession  
to study its many traits  
through a set of principles  
concerned with this fine  
and delicate  
appreciation.

## **Analysis**

In order  
such as in chaos  
there must be a breaking down  
a zooming in  
an interpretation.

A listening  
with all our senses.



## **Autonomy**

One thing is to walk alone  
and another to walk  
with one's feet tied  
to the comfort  
of ego.

Seek  
independence for your research  
from external forces  
limitations  
for your structures  
but more importantly  
seek what path leads you  
to ask deeper questions.

## Archive

Maybe the true purpose  
of humanity  
isn't always just to discover the new  
but to define and protect what is a constant  
through records  
documents  
and artifacts

A collection  
to always remind us of previous research  
and the wisdom that history provides.

## Association

It could be that  
when you hear this poem  
you remember the blue bird  
which only comes to your window  
during winter

Suddenly your heart  
shakes its colorful feathers  
asks for warmth and some nurturing  
for every memory  
is threaded  
to the flight.

## **Abstraction**

Simplified and reduced forms  
allow us to remember our dreams  
in this reality as in any other.

Complex ideas  
and concepts  
are not to be adorned  
so they too can take flight  
and show us the way.

## **Amplification**

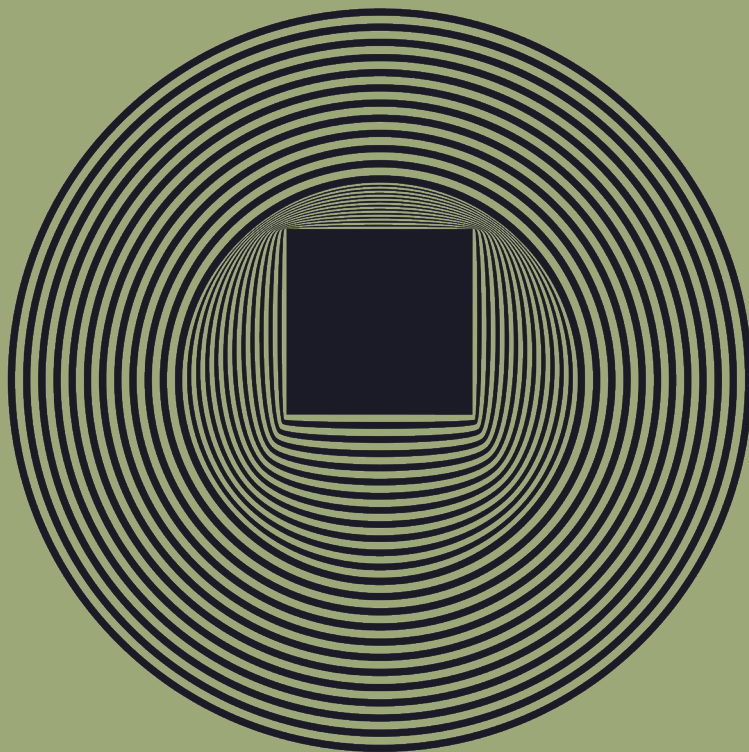
Dissemination  
occurs naturally in our planet  
a breathing system that knows  
seeds require to be carried  
so they can spread and bloom.

This is also true  
with our work  
for our network of ideas  
can produce richer fruits  
as part of an ecosystem.

## **Appropriation**

Every wave  
in this ocean  
contains pre-existing codes  
ideas and elements  
from an ocean  
we all drink from  
called knowledge.

It is recommended to remember  
from where the water was taken  
to map the root of the idea  
so it remains unpolluted  
when announcing its discovery.



## Background

Two key words:  
context  
and history.

One takes you by the hand  
to show you the structures  
repeated patterns  
predicted behaviors

The other reminds you  
why you are here.



## Being

It is doubtful  
that the mirror  
will give you the same answer twice  
when you ask it  
questions such as role  
identity  
presence  
and existence

But the core  
will remain the same  
while you chisel the shape  
to define it  
until you like  
what you see.

## **Boundary**

Every game is more fun  
once the limits and restrictions  
are specified  
and it is so as well  
with creating  
for this defines  
the scope  
and focus  
of your search.

Draw the lines first  
so you can break them later.

## Breakthrough

A good example right now  
would be the feeling  
of the first  
who stepped on the moon  
or held in their hands  
a previously thought extinct  
insect.

Our discoveries  
and significant advances  
no matter their weight  
make themselves known  
in the entire body  
as in the mind...

...and when you look back,  
you can trace their trajectory.

## Broader context

Here come good questions:

Those, which give purpose  
but also the backing of strong forces  
by shaping influence.

Economic  
social  
political  
cultural  
factors  
and how these are linked  
to what you hold in your hands  
right now.

## Belonging

Without moving an inch  
an entire planet  
was recently removed  
from our solar system  
due to no longer meeting  
the criteria.

Sometimes  
this too happens to us,  
organically,  
and to our work  
when patterns no longer fit.

Connection and community  
are what keep us  
in orbit.

## Binary

Opposing  
and contrasting elements  
can provide a code  
but our field  
is not just 0s and 1s.

See the world around you  
as a rainforest  
where no linearity  
no repetition  
no two of the same  
is what makes beauty  
so abundant.

## Becoming

As you read this  
and the poem enters your pores  
you no longer are  
who you were  
before you opened this book.

It does not matter  
if the questions  
remain the same.

By seeking,  
we develop  
mirages  
of ourselves.

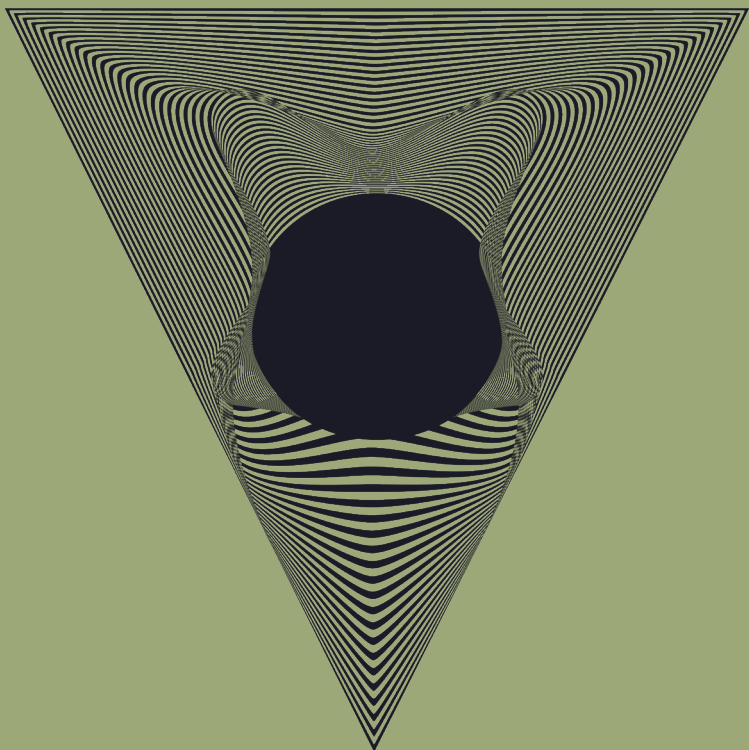
What do you see?

## Blueprint

Taking a walk  
can be a peaceful act  
good for the body and brain  
unless  
it's in pitch darkness  
and with no directions.

There is fun in seeking, yes,  
but a framework  
lets us know  
where we are going  
and why.





## **Creativity**

I have yet  
to understand  
what is more essential  
than an idea.

A new approach  
leads to new connections

it takes more than binary procedures  
to explore unknown  
territories.

Creativity isn't a fountain  
it is an intricate network  
of ideas.

## Collaboration

It depends  
on how deep  
you want the well to be  
and how long  
it will take  
to build it...

But it also depends  
on how many  
get to decide  
what the well looks like  
and who will drink  
from it.

## Context

Everything requires  
a container  
a limitation  
a surrounding environment  
a what's inside  
that separates it  
from outside.

Such things  
define  
situational, historical,  
cultural and theoretical factors  
and allow for the mind to know  
where what belongs.

## Conceptualization

To develop  
an idea  
and a theory  
into physical form  
is to become  
a sculptor  
of concepts.

## Craftsmanship

The mastery  
of creating  
often looks  
like waiting.

Skills and techniques  
may vary  
once the idea  
has made an appearance.

Craftsmanship is the art  
of manifestation.

## Critique

Some make it an art  
to evaluate  
and analyze  
the inputs and outputs  
of others.

But it takes true craftsmanship  
to be able to do this  
for one's own work.

## **Culture**

The social  
and artistic values  
traditions and interconnections  
that inform  
and influence  
artistic research  
do not belong  
in pedestals.

For our society  
to remain  
culture must be shared  
like daily  
bread.



## Chaos

I would be lying to you  
if I said  
that unpredictability  
disorder  
and randomness  
don't play  
a fundamental role  
in the process.

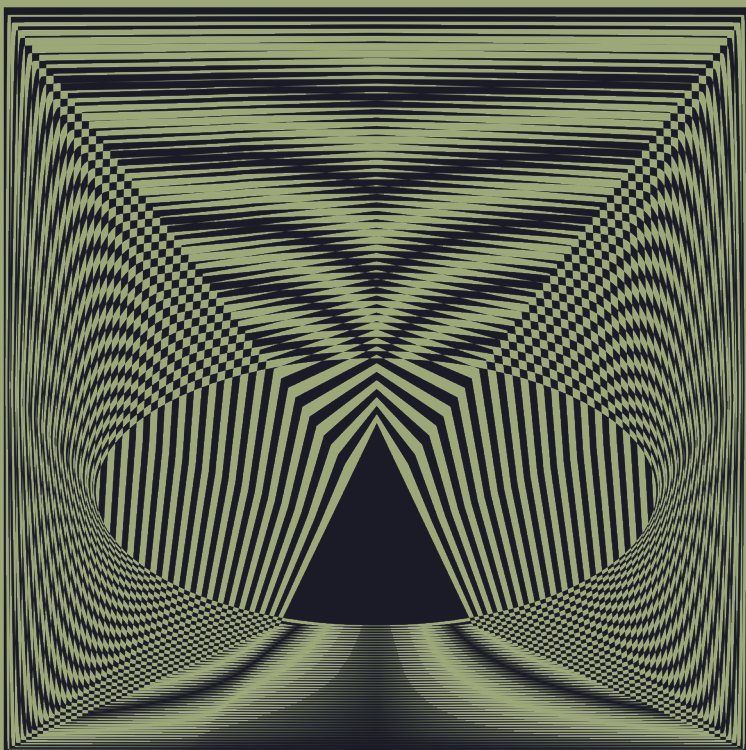
It takes a true artist  
to submerge in the darkness  
to bring back its opposite  
in the form of answers.

## Community

As a poet  
I've been traveling the world  
sharing bread with builders and politicians  
researchers and activists.

Their truths were many  
of all shapes and sizes  
but one thing remained a constant:  
We are not alone.

The role of the artist  
is not to "make" community  
it is to visibilize it.



## Discovery

There are many approaches  
to finding new insight  
knowledge is all around us  
but it takes strategy  
to know what to look for  
and where to begin.

## Diversity

In an echo chamber  
a person encounters only  
endless repetitions  
of information or opinions  
that reflect and reinforce their own.  
The water is so stale  
it is not recommended  
to drink from it.

In an open, alive space, such as a rainforest  
you will find many specimens  
an endless amount of species  
and no two hearts  
that sing the same.

## **Development**

Everything that is alive  
is in movement.

One way to confirm  
the presence of life  
is to look for growth  
and change.

## Documentation

In the 1600s the Anglican Bishop  
and Philosopher  
Dr. George Berkeley allegedly asked:  
*"If a tree falls in a forest  
and no one is around to hear it  
does it make a sound?"*

Documentation  
is the reason why  
we still remember  
these words.

## Dialogue

A dance between voices  
an exchange of ideas  
a space for understanding

Through words spoken  
and words unspoken  
we find connection  
and meaning.



## **Dimension**

A world of possibility  
unfolding before us  
with endless layers  
and infinite space.

What is possibility? A world of possibility  
unfolding before us  
with endless layers  
and infinite space.

## Depth

A coral  
a hideaway  
a truth so pristine  
it eclipses fear

A bravery  
a new-found purpose  
a certainty  
firm ground  
a passage...

we won't know  
until we get there.

## **Difference**

A source of richness  
and diversity  
that adds color and depth  
to the fabric of everything.

## **Deconstruction**

Like a puzzle  
that can be put together  
into various forms  
to confirm the core  
of a truth.



## Emergence

Just like truth  
knowledge  
has the tendency of becoming visible  
after being concealed.

I am not saying the concealment is intentional.  
All I know  
is it's good to welcome it  
with open arms.

## Evolution

Something about caterpillars and butterflies  
a flapping of wings  
that causes hurricanes in the other side  
of the planet  
Something about certainty rather than faith  
the clarity  
of the known.

## Experimentation

A poem  
can take any form or shape  
when it needs to set itself free.  
The challenge  
is to know how to provide it  
the perfect combination of tools  
so it can withstand the weather  
once it's ready  
to come out.



## **Experiential**

Once you come out  
of the forest of insight  
its entire foliage  
will be stuck to your body  
this is how I see it  
to know is to become  
to bloom  
to embody.

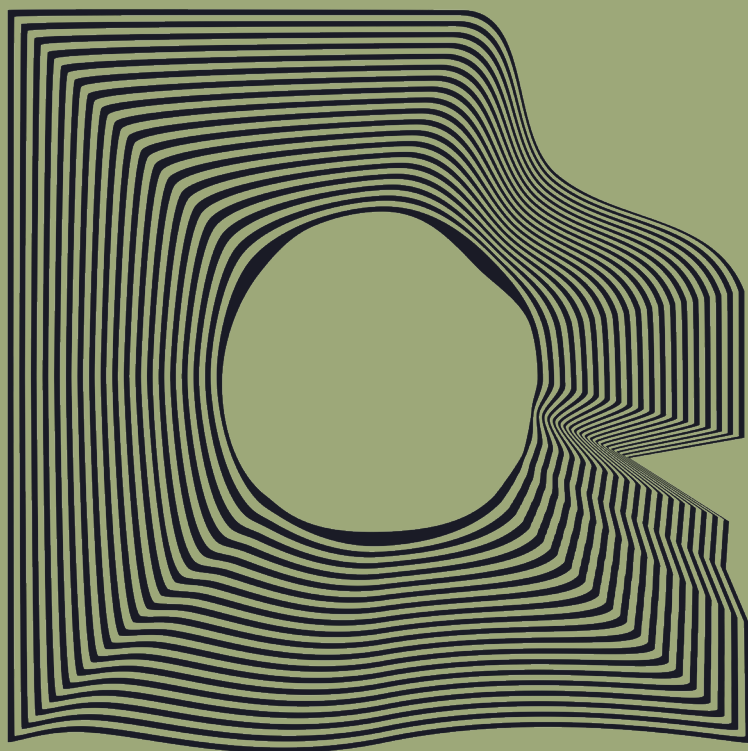
## **Embodiment**

is the art  
of being present.  
But you already knew that.

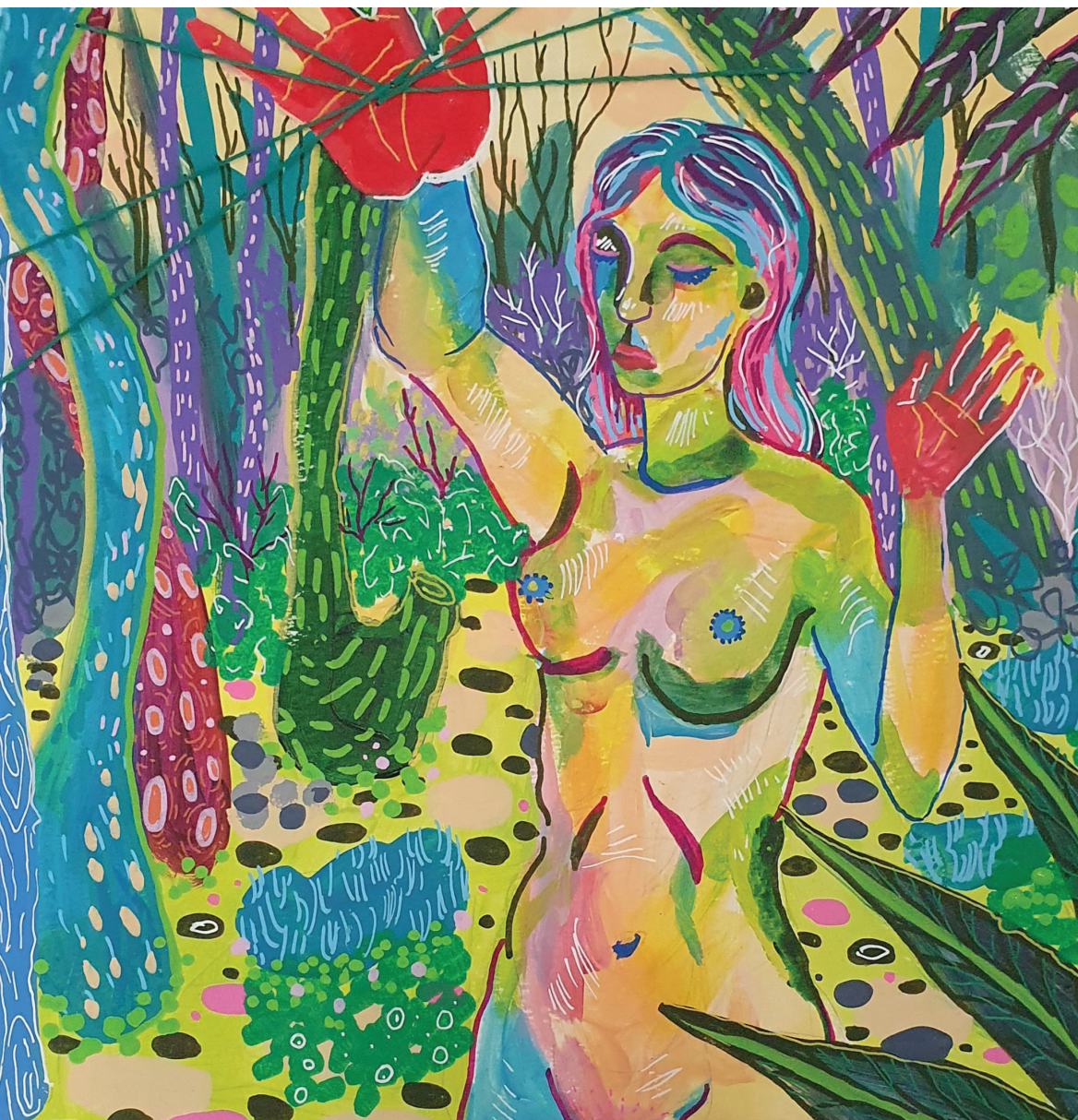
## Exploration

For the past two years  
I've been walking back and forth  
through the unknown  
gathering samples  
so as to share them with you  
but I still do not understand  
what I hold in my hands.

Tell me,  
what do you see?







To Respond

Acrylic and thread  
on paper.

## Formulation

I tend  
to build  
poetic lexicons  
to explain concepts to myself  
constructing sentences  
with care  
with tenderness  
with crumbs of things I know  
so that they'll choose  
to stay close  
and become friendly.

## Fragmentation

The kaleidoskope  
appears so big  
it seems scary

but instead  
of the sum of all its parts  
the trick is to disassemble it  
breaking apart the known  
so the unshown  
can become  
visible.

## Friction

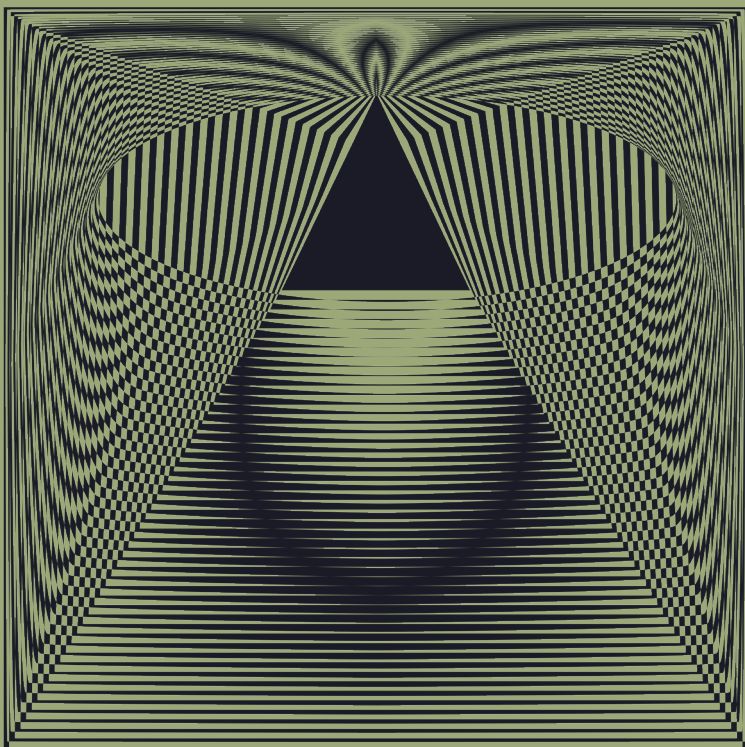
Water  
is a force of resistance  
it creates new paths  
flooding with rage  
but also nurturing all in its path

A good vessel  
is required  
to contain it.

It's convenient to understand its flow  
before choosing to challenge it.

Drink from it  
but only enough  
to understand it.





## **Generate**

Is it really  
that we produce new insight  
or do we just find ways  
to visibilize  
that which  
was always  
there?

## Grounding

If you want to grow a strong tree  
you'll learn to trim its branches  
as it grows  
so the roots and the trunk  
can become  
stronger.

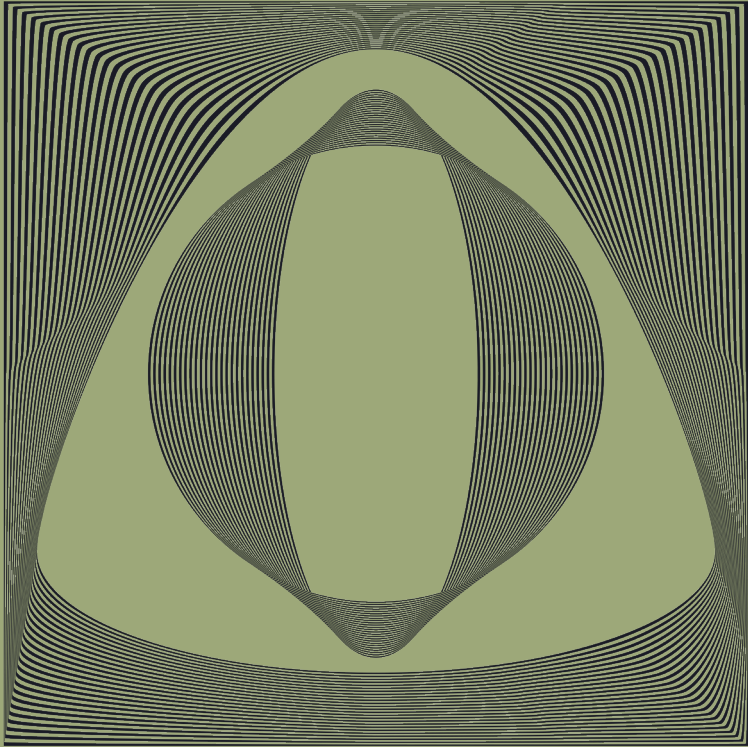
## **Gratitude**

Sometimes in life we are asked  
to express appreciation  
as part of a negotiation  
to secure a contribution  
or simply to cover  
our own asses  
but real gratitude  
is earned.



## Hypothesis

If according to previous knowledge  
you propose an explanation  
for an inquiry  
and I formulate a different solution  
based on my own perspectives  
we find ourselves in the perfect starting point  
for investigation  
cha-cha-cha.



## Interpretation

Place meaning  
into the lines of this poem  
based on the shape it takes  
the color of its letters  
or that silence...

So awkwardly placed here.



## Interest

In Denmark they joke about  
no one ever craving a salad at midnight.  
Particular interests  
specific desires  
the driving force  
sometimes it is blurry  
but when you know  
you know.

## Intellect

I wish this poem was  
about the sheep and the wolf  
a complex metaphor  
about cognitive processes  
and logic  
but I didn't have what it takes  
to stay  
once it showed me  
its teeth.



## Judgement

There is no right or wrong  
but everything can be discerned  
through evaluations

## **Journey**

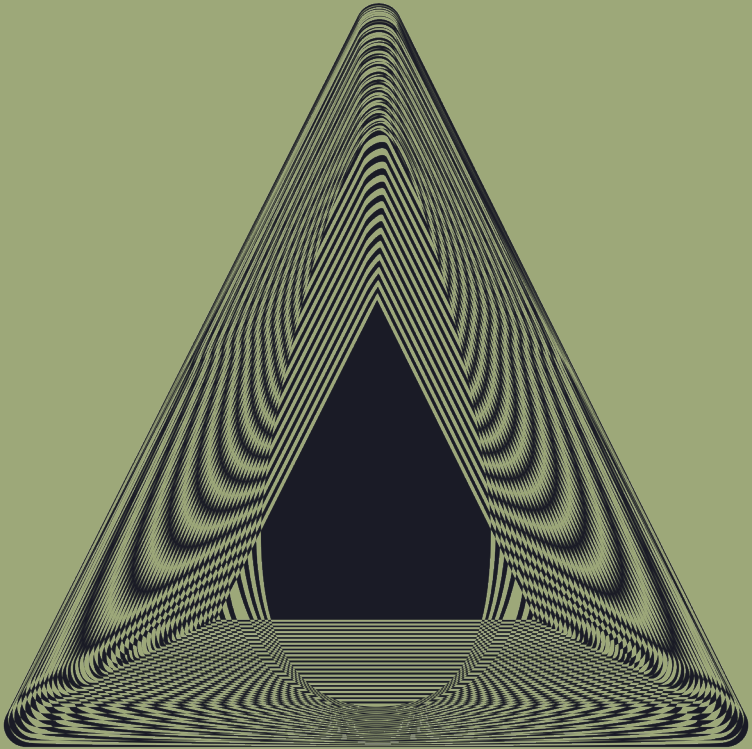
I once met a man  
who never knew how to get back  
to his original point  
one he started a story  
so he kept forcing his audience to stay put  
while he went in circles.

A good journey  
is an adventure  
but it knows very well  
where it is taking you.

## **Juxtaposition**

A term used in artistic research to describe the placement of two or more objects, images, or ideas side-by-side for the purpose of highlighting the differences or similarities between them.

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## **Kinesthesia**

Sensation of movement,  
bodies in motion,  
an exploration of  
the relationship between  
our physical selves  
and the space around us.



## Kitsch

Sometimes a concept  
is in such poor taste  
and lacking of artistic merit  
that it becomes cult-material  
in its own way.

Think of the flamingos in the yard  
but make them speak.

## **Knowledge**

You know what the old proverb says  
about knowledge.  
The problem is the amount of effort it takes  
to confirm it.



## **Limitations**

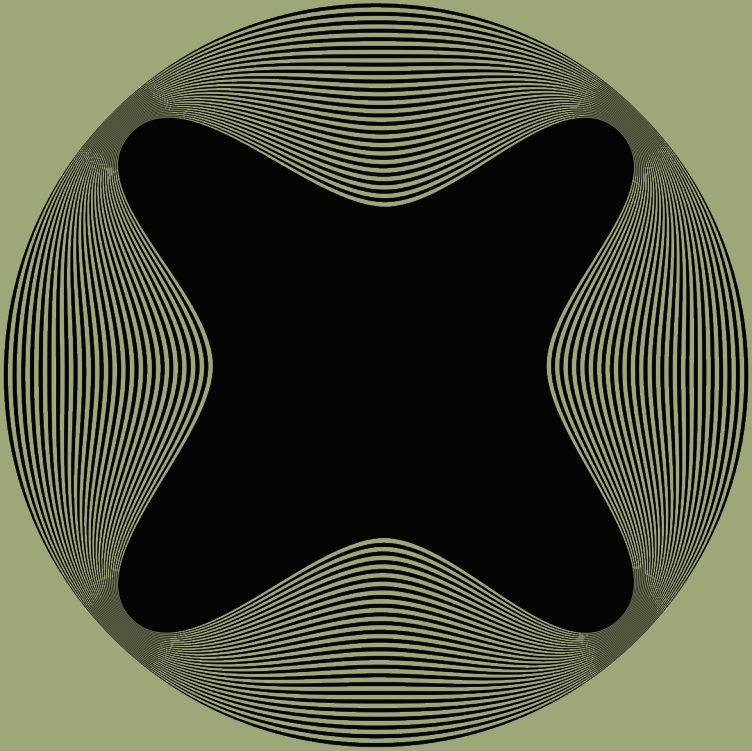
You have three chances  
to get this one  
right.

## **Liminality**

Neither here nor there  
neither yours nor mine  
    blurry  
    undefined  
    transitional  
halfway to somewhere  
    in-between  
    not a place  
    not a feeling  
    not a premonition  
    not a fact  
but not a memory either.

## Listening

-Please don't go - she said  
-I promise I'll make it right this time -  
she insisted  
-don't you miss me too? -  
she asked, finally looking up  
but the idea had found  
other music to dance to.



## **Manipulation**

If you pretend this one makes sense  
I'll draw you something pretty  
next time I see you.



## Meaning

They removed  
the street art on Nørrebrogade  
I used to read every morning on my way to ...  
for the past seven years.

It said  
One man's trash  
is another man's  
treasure.

## **Media**

A movement is a sound is a vision is a feeling is  
a word  
is an idea.

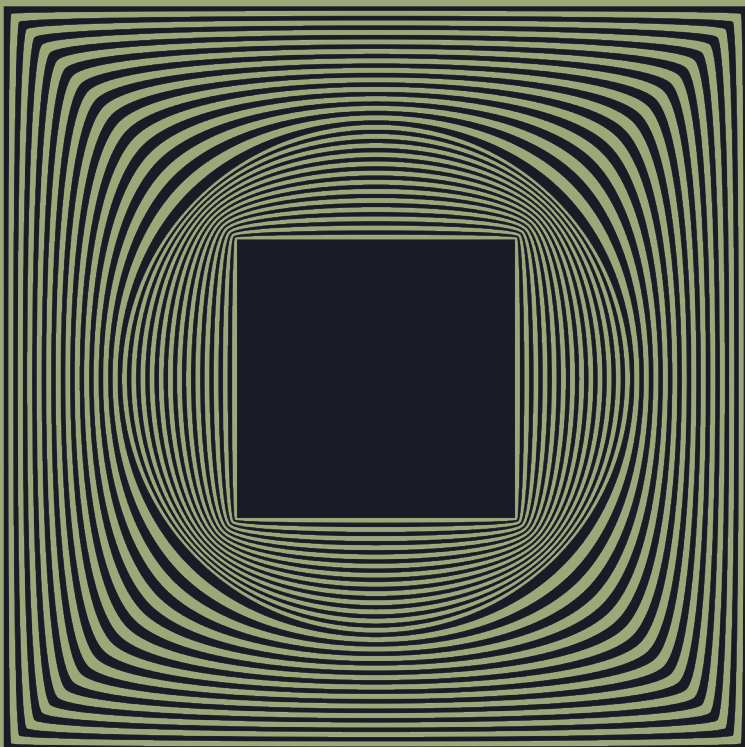
## Metaphor

When I speak of this ecology  
of its many branches  
organisms and structures  
you clearly know  
I am not speaking  
of a forest...

But  
you get  
the idea, and it  
smells good.

## Method

Even hyenas know  
they can catch small prey alone  
but to survive a bigger hunt  
they gotta act like wolves  
and together take it down  
by biting into it  
and dragging it  
to the ground.



## **Narrative**

Lights! Action!  
First came the host  
then the two contestants  
and suddenly the sequence of events was  
interrupted  
by an artificial intelligence  
controlled by a crowd  
hungry for emotional activation.

All the techy voting kept them distracted  
from the real twist  
standing right  
in front  
of them.

## Nature

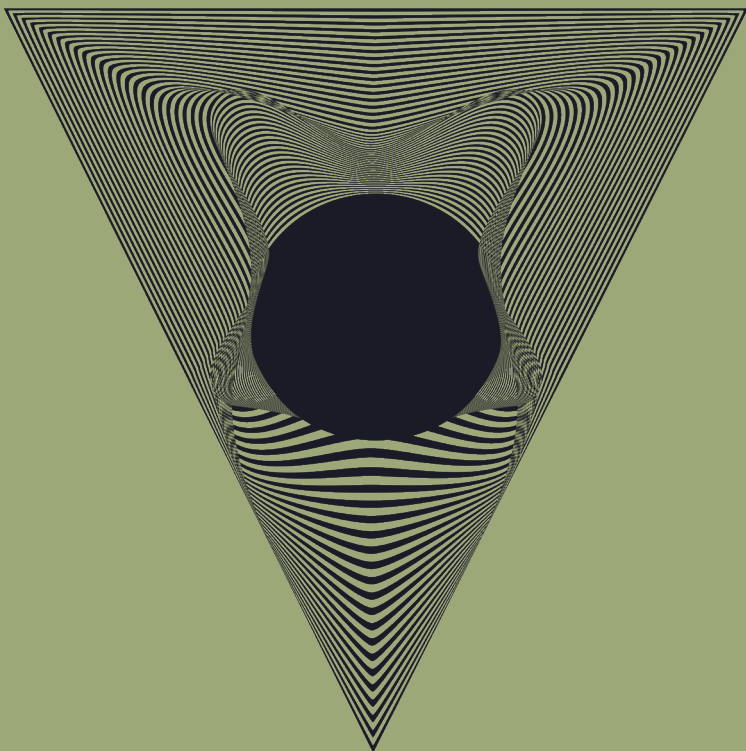
The nature of the predator  
is a survival instinct  
an inherited mechanism  
a series of behaviors and traits  
that help them get through life.

It would be wrong  
to expect them to behave  
otherwise.

## **Nonsense**

Incomprehensible  
and absurd  
can be an approach too  
if you allow it to disrupt meaning  
create ambiguity  
and show you new faces.





## Observation

I know exactly how to show you this.

Nevermind.  
It's gone.

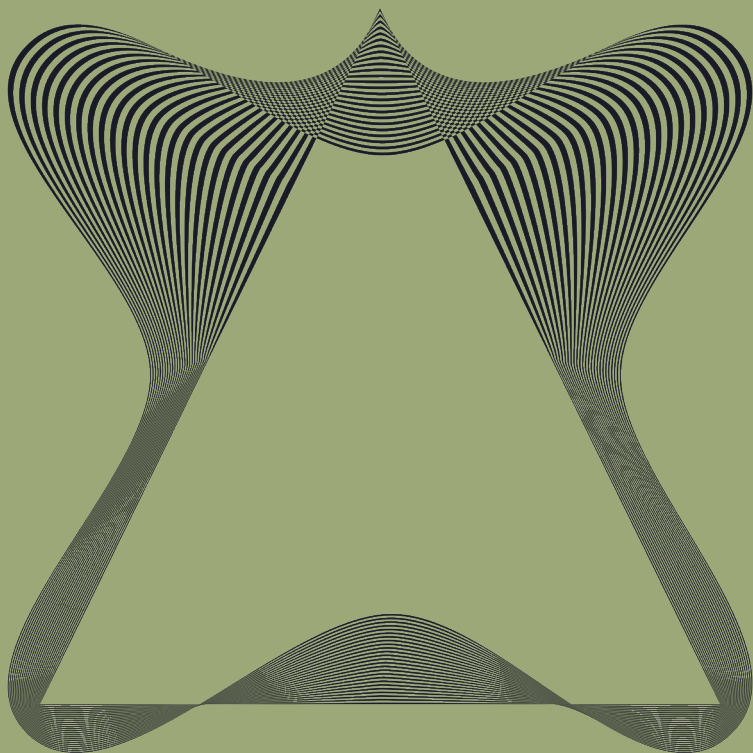
## Opulence

With or without clothes  
an idea can bring forth  
an abundance of resources  
luxurious terminology  
exaggerated decoration  
so much so that it becomes  
a critique of excess  
consumerism and capitalism  
or a commentary  
on inequality.

But opulence  
can apply  
to simple things too  
like knowledge  
An opulence of generosity  
is also a strategy.

## **Objectivity**

I am too close to this poem  
to be neutral.



## Process

Oh yes  
one more step  
and one more step  
and the precision  
of each step  
a march  
a trek  
a  
revolution.

## Performance

This one  
for example  
has paper puppets  
controlled by a group of opera singers  
dressed in black  
with curious turquoise masks

And in the intermission  
the whole room takes the form  
of a withering rose  
unless you  
water it.

## Phenomenon

Right before the pandemic  
I was scheduled to go see  
a solar eclipse  
in Antarctica.

No other event  
has inspired more  
creative exploration and interest in the subject  
than having missed it.

Inspiration is exceptional like that.



## Potential

Dylan Moran has a perfect sketch  
about potential  
that I like to go back to  
when I get too excited about something.

-That's a very dangerous idea - he says  
Stay away. You'll mess it up.  
Leave it! Don't look at it.  
It's a locked door.  
Then at least, in your mind, the interior will  
always be pleasurable.-

The good thing about potential  
is that it's unknown.

## Practice

repeat until you get it right.

repeat until you get it right.

repeat until you get it right.

repeat until you get it right.

repeat until you get it right.

repeat until you get it right.

repeat until you get it right.

repeat until you get it right.

repeat until you get it right.

repeat until you get it right.

repeat until you get it right.

repeat until you get it right.

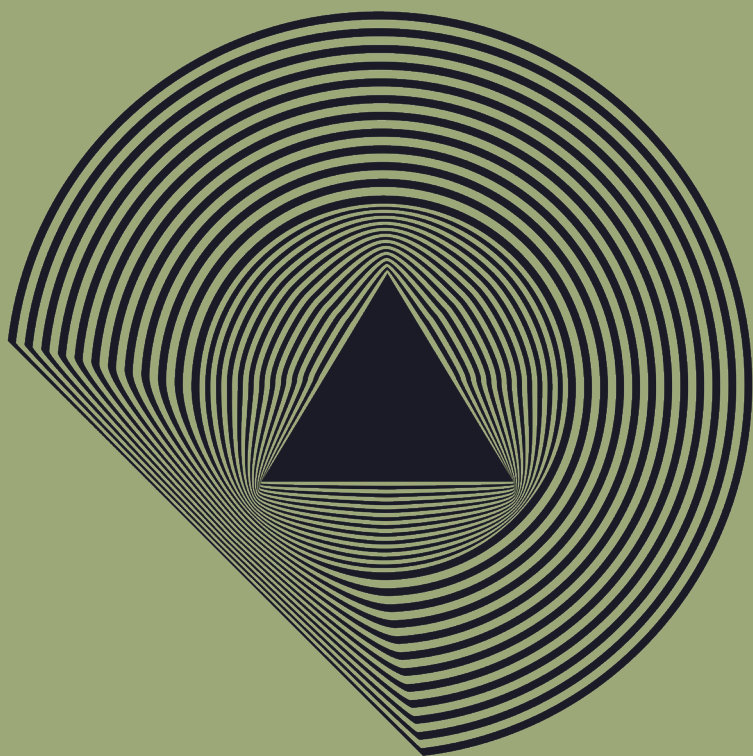
repeat until you get it right.

repeat until you get it right.

repeat until you get it right.

repeat until you get it right.

repeat until you get it right.



## Question

If you do it right...  
the more you ask  
the more you  
why?

## **Qualitative**

It might not be a million voices  
but it is your story  
and that's precisely why  
it matters.

## **Quantitative**

It's all about repetition:

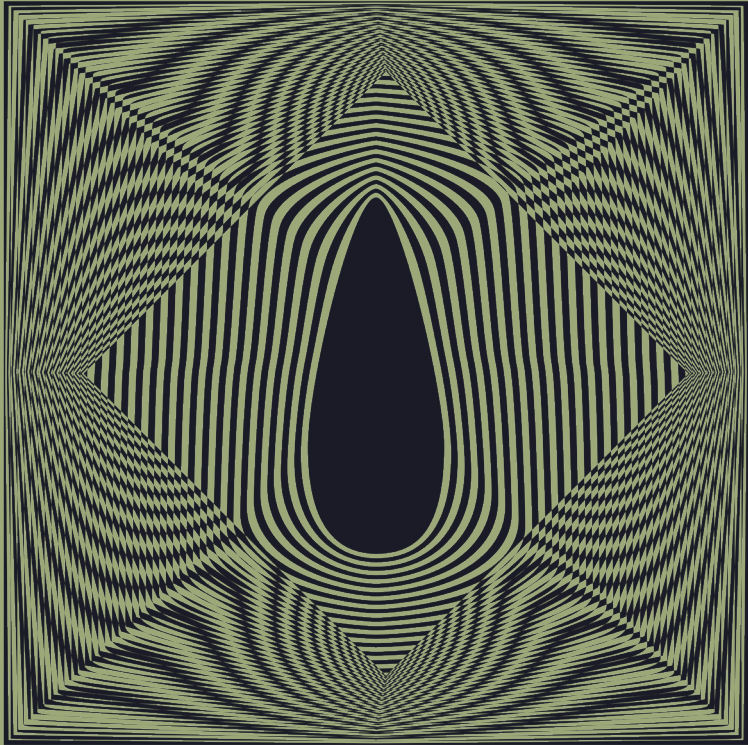
Collecting and analyzing numerical data to make statistical inferences and draw conclusions.

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## Rhythm

A flow  
in a pattern  
of a sound  
or a movement  
a music  
that doesn't precisely need  
a visible structure  
a pacing  
that is tangible  
nonetheless.



## **Reflection**

Looking back  
to look forward  
and viceversa.

## Research

I've gathered samples  
of many leaves in this forest  
and analyzed the sounds  
and sourced graphic material  
done artistic response  
and spent hours  
doing critical thinking  
on this subject  
and traveled through  
the Nordic region  
to speak about it until I grew tired  
and read so many books  
and saw so many things  
only to realize  
that I know  
nothing.

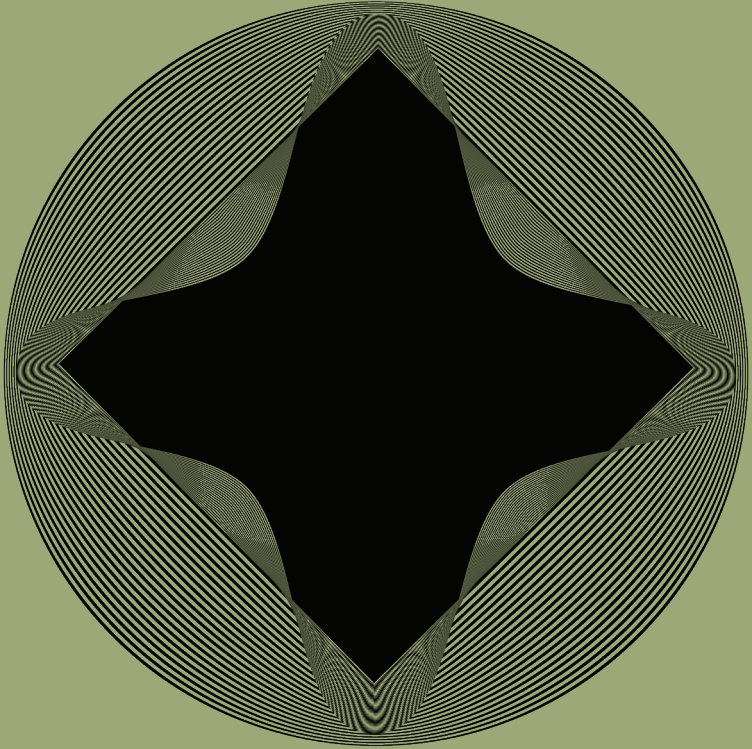
## Representation

In 2023 it becomes  
specially challenging  
to speak of this word's definition  
before people blinking twice  
and tightening their behinds  
to confirm their positions  
reacting to it as  
a political act  
but really  
it's just  
an  
opportunity.

## Root

Like a mirror  
or a pond  
where we can reflect  
seeking origin  
and purpose

A foundation  
from where to reach up  
expanding our branches  
with the certainty  
of what came  
before us.



## **Site-specific**

Very specifically situated on page 114 of this, with both feet grounded and arms stretched out so as to uniquely tailor this poem to this particular location, you see, so it becomes unmovable, permanent, historic to this moment in time and therefore fastened to theory and physical connections found only HERE.

DO NOT MOVE IT.

## Sensorial

Come closer  
to the word  
and let it move you  
it is not poisonous  
look, reach out to it  
stimulate it  
activate it  
touch  
taste  
smell  
feel  
seep through  
become  
engage  
until it tingles in the back of your head.

## Sensation

We learned  
that the skin hurts  
when it hasn't been touched.

We learned  
that the heart aches  
when no one answers back.

Ideas, too,  
require attention  
watering  
nurturing  
caressing  
love making.



## Subjectivity

What you interpret as meaningful  
what I interpret as triggering  
what they perceive as boring  
what she insists is priority  
values  
needs  
viewpoints  
truths.

The dominant narrative  
often leads the conversation  
but that does not make it  
absolute.

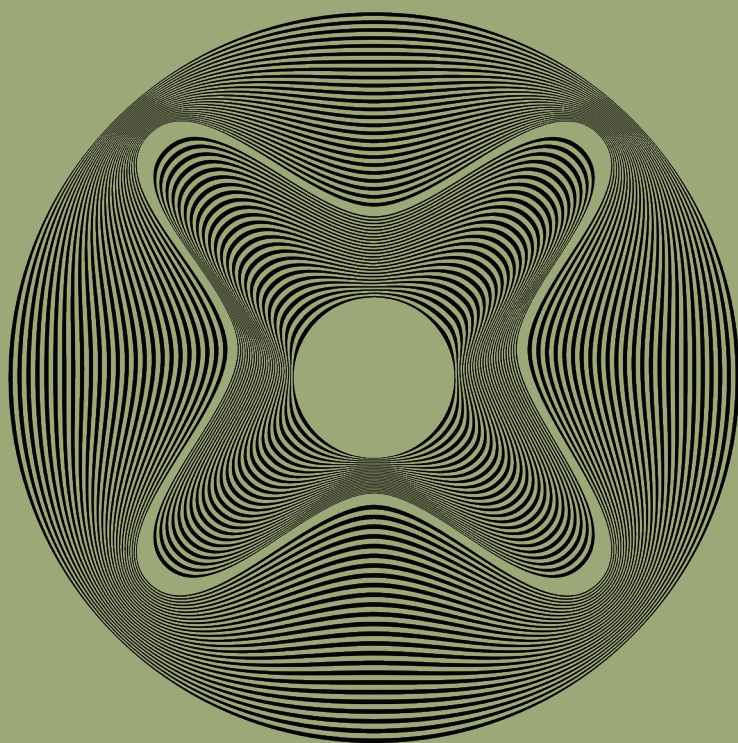
## Sound

Did you know  
that memory  
can be perceived  
through vibration?

Try this.

Whisper "hold me close"  
with your eyes shut...

Now tell me,  
what did you see?



## Transcendence

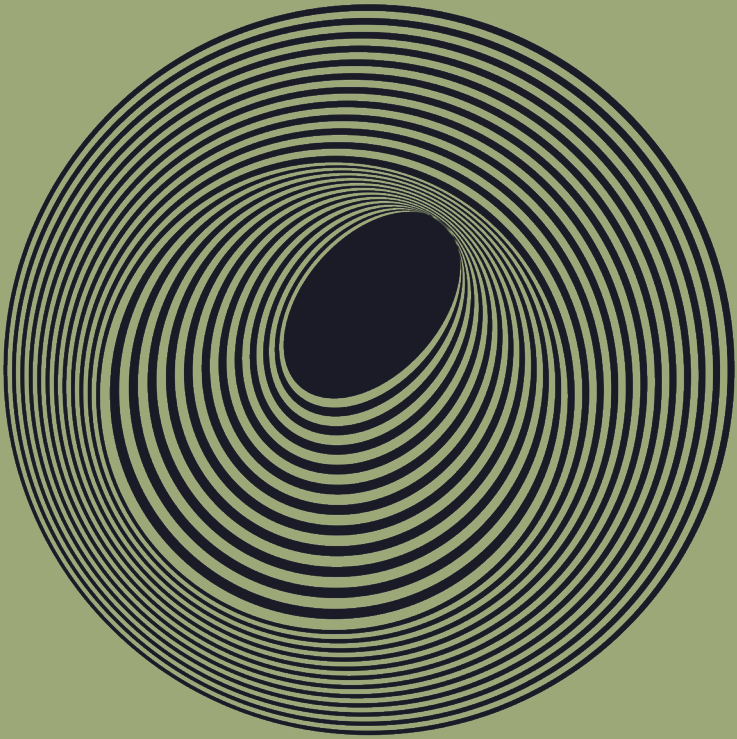
From the clay  
of mundane thoughts  
an idea  
a creation  
a living energy  
once in a while emerges  
a force  
so strong it carries us forward.

## Transformation

In the beginning of this year  
this poem was a cracked egg  
but look at it now  
how it roams freely.

## Technique

controlled  
learned  
exercised  
systematic  
observed  
skillful  
determined  
constant  
neverstopping  
experimental  
approachable  
with boundaries  
possible  
crucial  
creative  
expressed  
applied  
followed through  
developed  
understood  
repeated.



## Universe

The totality of all things that exist  
and do not exist  
from the smallest subatomic particle  
to your wildest dream  
all of this encompassed  
in the blurriness  
before an idea  
reaches our eyelids.

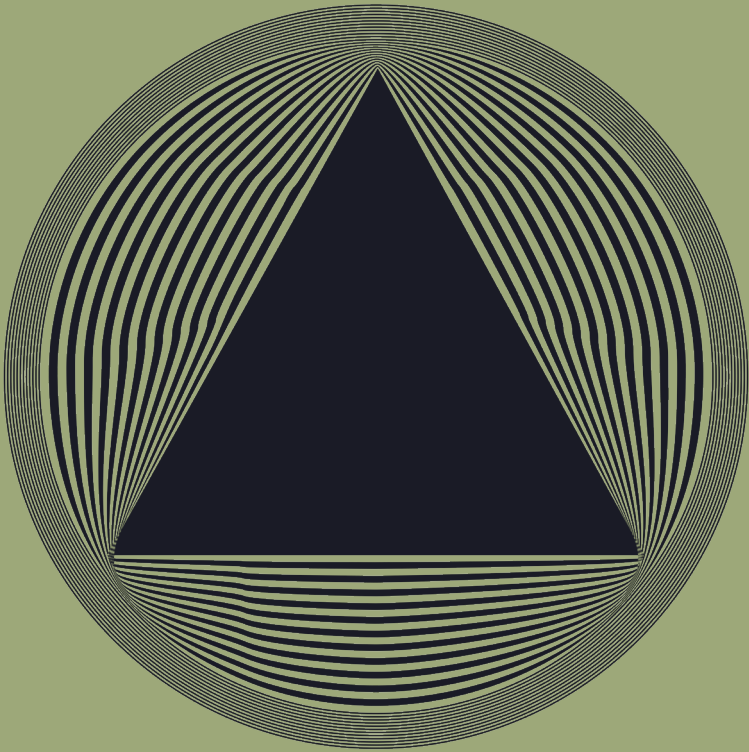


## Unknown(s)

And so it goes  
that the more we know  
the more we know  
we do not know  
it is in this  
awareness  
that the key  
to new insight  
is kept.

## **Umbrella**

I come from a house of umbrellas  
where my voice was nurtured and allowed  
to grow uninhibited  
lucky break  
in a city  
and in a country  
where everything else is trimmed  
and sanitized.  
This is why  
I can tell you  
umbrellas don't just keep us from the rain  
they serve to provide focus  
framework  
shelter  
bread.







To Embody

Acrylic and thread  
on paper.

## Vulnerability

When a nerve is exposed  
it shares and reveals  
the fragility within  
and in exchange  
takes what it needs  
from the universe  
to acquire strength  
or perishes  
due to  
this  
subjection.

## Vanity

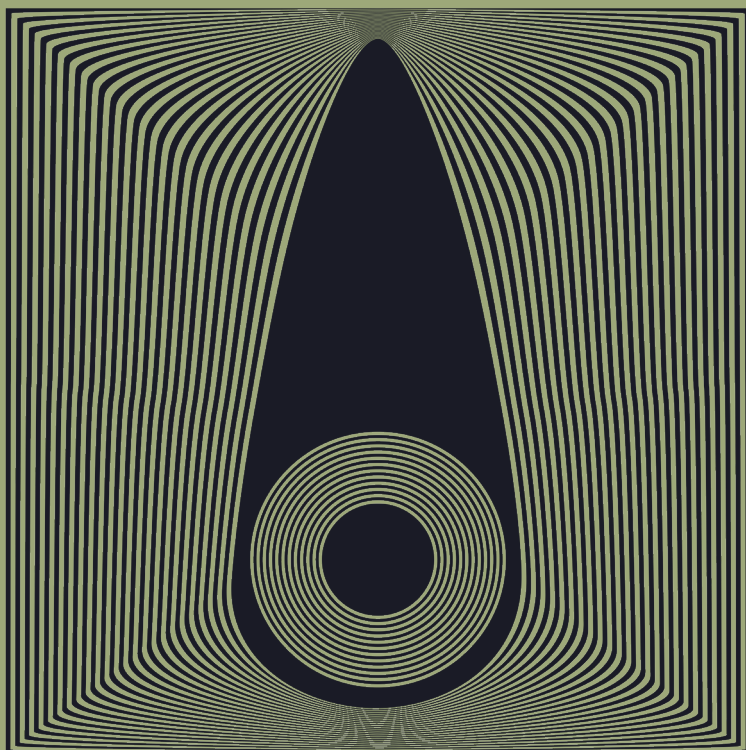
Some say the art of the bonsai  
shows skill and maturity  
in keeping any tree or plant  
aesthetically small.

Ego plays bonsai  
with our talent  
and gives us visions  
of embellished displays...  
but we deserve the greatness  
of a forest of likeminded creatures  
fresh air running through our branches  
and wild ideas  
bursting through our veins.

## **Vision**

Artists often brag about  
thinking out of the box  
breaking the mold  
and being out  
of the  
ordinary  
but without  
a conceptual framework  
we're just blinfolded children  
trying to pin the tail  
on the idea.





## **Welcome**

Openness  
inclusion  
and support  
often serve as appetizers  
in galas with powerpoint presentations.

I know of very few  
who make of this word  
their artistic approach.

## Wandering

Three paintings on paper,  
with thread and dripping ink:  
    one is to seek  
    one is to respond  
    one is to embody.

Wandering can take many forms  
walk away from preconceived notions  
and let the gut-feeling of new insight  
    guide you.

## **Xenoglosia**

In Japanese aesthetics  
it refers to a sense of mystery:  
Sounds carved out from language  
without meaning.

In our field  
a sense of inspiration  
without ineffable source.

Kind of like AI  
but done by humans.

## **X factor**

That which is intangible  
the unknown quality  
which makes someone stand out  
from the rest.

Some choose to turn these traits  
into abilities for TV competitions  
others gamble all their lives  
trying to tame it

...a chosen few  
spend enough time staring back at it  
that it answers back  
gets domesticated  
brings them fruits  
becomes their secret  
weapon.

## **Yielding**

The creative process  
is not a wild beast  
it is just an unknown creature  
you can relinquish control  
if you hold on too tight  
like sand  
it'll dissappear from your grip.

## Yearning

We become enamoured  
with ideas  
particular concepts  
specific practices  
OUR art  
becomes so personal  
it hurts to let go of.

Sometimes  
in the distance  
the deep longing  
the desire  
keeps burning  
and asking  
for more.

**Zoom in**

**Keep the  
bigger picture  
in yer head  
tho.**



## **Zoom out**

Do not lose perspective.  
Hold on.  
We're almost there.

## THE ECOLOGY OF ARTISTIC RESEARCH: AN INVESTIGATION IN THE NORDIC REGION

In the past decade, artistic research has emerged as a prominent means of generating new knowledge while addressing pressing issues such as sustainability and environmental concerns. However, due to its relative newness, the field lacks a clear mainstream understanding regarding its potential, meaning, structures, and limitations. This, of course, is a subjective observation based on the education received at Den Danske Scenekunstskole as part of my MFA in Performing Arts (Writing specialization) which inspired this investigation, but is also firmly positioned on the Nordic region as the geographic location for these conversations.

The Ecology of Artistic Research is an interdisciplinary investigation that aims to explore the multifaceted dimensions of the field, with a particular focus on the significance of artistic research to researchers and practitioners themselves, and how they perceive, process, and embody knowledge through their practice. This line of inquiry proved tricky, as academics often expected a more defined industry or subject of research, but my actual intention was to understand from others what it feels like to be in an immersive environment of new insight and when/how we know that we

have acquired, processed and “embodied” this knowledge.

This project seeks to identify sustainable approaches to artistic research, demystify and clarify the language of artistic research for lay audiences, visualize the mechanisms of the field, and visibilize structures and networks that pay closer attention to the narratives of our world in transformation.

The investigation is conducted through a cycle of conversations and artistic responses, with a particular focus on the Nordic countries of Finland, Sweden, Norway, and Denmark. Through engaging contemporary artistic practitioners, academic institutions and researchers in conversations, the project seeks to gain insight into their work, concerns, and personal experiences. The output of this research takes various interdisciplinary forms, including audiovisual interviews, articles, visual art, a multimedia exposition, and this poetic interpretation of the field’s terminology, which hopefully allows for intuitive understanding as an introduction to the field.

-Elizabeth Torres.

## THE FINDINGS

1.The ecology of artistic research encompasses multiple dimensions that affect the mental, economic, and environmental sustainability of artists. Effective time management strategies are crucial for promoting mental sustainability while maintaining productivity. Collaborations with institutions can provide important networking opportunities and funding, reducing stress associated with independent research. Diversifying one's network by working with individuals from different backgrounds and disciplines can also promote more inclusive approaches to artistic research.

2.Economic sustainability is a key concern for many artists, and securing funding through different models, such as grants or sponsorships, can help establish a stable financial base. Embracing multimedia resources, such as digital platforms, can expand the reach of artistic work, potentially leading to new revenue streams. It is also important to consider the environmental impact of artistic research, and eco-friendly materials and practices can reduce the carbon footprint and promote more conscious approaches to creativity. Incorporating diverse narratives and perspectives into one's work can foster a more inclusive and sustainable artistic ecosystem.

3.Effective time management is critical for balancing research and creative output in artistic research. This can involve structured approaches that prioritize research activities and creative output, or more fluid approaches that allow for unexpected inspiration. Collaborating with institutions can provide access to valuable resources and expertise that may not be available outside of academic environments, including specialized equipment, facilities, and mentorship. Institutions can also help promote and showcase the work of artists, providing opportunities for recognition and exposure.

4.To create a more engaging and sustainable artistic ecosystem, artists can embrace diverse perspectives and multimedia resources. This can push the boundaries of traditional artistic forms and promote more dynamic and interactive work. Incorporating diverse narratives and perspectives can also challenge dominant narratives and promote greater empathy and understanding. Overall, promoting sustainability in artistic research requires a multifaceted approach that considers mental, economic, and environmental factors, as well as fostering inclusive and diverse perspectives.

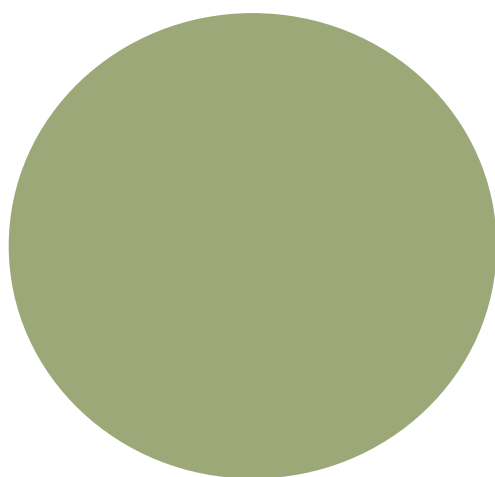
5.The politics of artistic research can significantly disrupt the conventional path of creative development by imposing rigorous accreditation requirements on artists to compete for recognition and opportunities within increasingly challenging circumstances. Such requirements can be subject to various forms of institutional power, which may impede the recognition and dissemination of their work. Consequently, artists may feel compelled to prioritize technical proficiency over social and ecological impact by pursuing narrow, discipline-specific research programs. This has resulted in a complex web of institutional structures that artists must navigate in order to gain recognition for their work.

6. Moreover, the dominance of certain media formats and institutional frameworks can further limit the diversity of narratives that are represented in artistic research. This can result in the exclusion of alternative perspectives from the discourse. To address these challenges, artists must engage actively with the political and institutional dimensions of artistic research while demonstrating a commitment to interdisciplinary collaboration and community-based activism.

This will foster the creation of more inclusive and sustainable practices that can transform the traditional systems of artistic production and distribution.

In summary, the findings of this investigation highlight the importance of considering mental, economic, and environmental sustainability in the context of artistic research. Effective time management strategies, collaborations with institutions, and embracing diverse perspectives and multimedia resources can all play a role in promoting a more sustainable and inclusive artistic ecosystem.

Lastly, as depicted in the Natural Response painting series shared in these pages, the process of embodiment of knowledge, that is to say the acquisition, processing and dissemination of knowledge, is not just a cognitive process, but a holistic and organic one that involves our bodies and the environment around us. By embracing this embodied approach to artistic research, artists can create work that is not only intellectually stimulating but also emotionally and physically engaging, ultimately leading to a more sustainable and enriching artistic practice.





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Author of over 20 books of poetry, in 2022 Elizabeth was the recipient of the Ambroggio prize by the Academy of American Poets.

This lexicon is part of her investigation The Ecology of Artistic Research, a final project for her MFA in Performing Arts at Den Danske Scenekunstskole 2023.

[www.madamneverstop.com](http://www.madamneverstop.com)





The ecstasy of an idea - Acrylic on canvas, 2023





