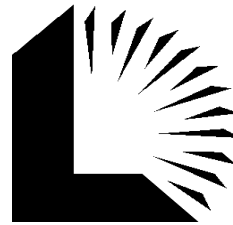


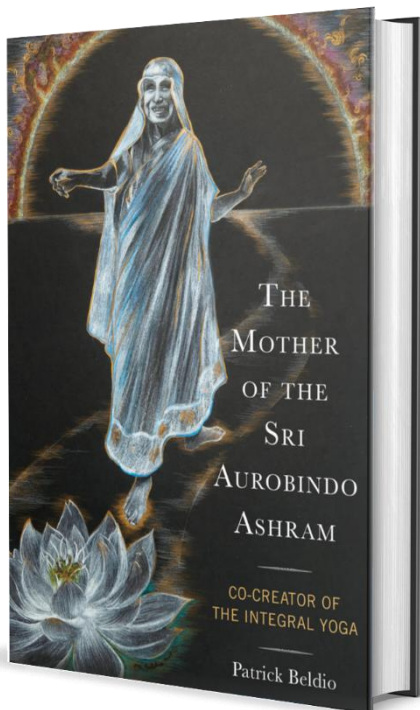
NEW FROM  
**LEXINGTON BOOKS**



GET 30% OFF

## THE MOTHER OF THE SRI AUROBINDO ASHRAM: CO-CREATOR OF THE INTEGRAL YOGA

by **Patrick Beldio**



“Patrick Beldio’s creative and pioneering study, *The Mother of the Sri Aurobindo Ashram: Co-Creator of the Integral Yoga*, examines the various ways that Mirra Alfassa helped to shape, and further develop, the Integral Yoga tradition inaugurated by Sri Aurobindo. Combining scholarly acumen with a disarmingly personal approach, the book breaks new ground in our understanding of the spiritual and philosophical contours of Integral Yoga and provides an urgently needed corrective to the tendency in scholarship to emphasize Aurobindo at the expense of the Mother.”

— **Swami Medhananda, UCLA and University of Southern California**

“This original study offers significant new research and insights into an often-overlooked figure. As the first extensive academic exploration of Mirra Alfassa, *The Mother of the Sri Aurobindo Ashram* rectifies her longstanding marginalisation in the field of Aurobindo Studies. Beldio highlights her critical role in formalising Aurobindo’s innovative ‘Integral Yoga’ while also re-establishing her significance as a spiritual leader in her own right.”

— **Alex Wolfers, University of Cambridge**

### ABOUT THIS BOOK

*The Mother of the Sri Aurobindo Ashram: Co-Creator of the Integral Yoga* analyzes the contributions of the Mother (née Mirra Alfassa, 1878-1973) to the Integral Yoga that she and Sri Aurobindo (né Aurobindo Ghose, 1872-1950) co-created for his ashram. Scholars have ignored Mirra for Aurobindo, which prevents a full understanding of their spiritual practice. Scholars have also avoided examining work Aurobindo produced after they began their partnership in 1920 until his death in 1950, and privileged the written output in his journal *Arya* from 1914 to 1921. In this initial fertile period, he put forth his innovative teaching about what he called the “Supermind,” an emergent human faculty that he said would manifest a new humanity and a new earth through Mirra’s body. Mirra claimed that after his death in 1956 this manifestation happened as he foretold. Mirra’s work in the ashram from his death until hers in 1973 reveals important ways that she both fulfilled and changed Aurobindo’s initial vision. These developments are chiefly based on her experiences of mental dissolution while her body gained a new supramental form and consciousness.

### ABOUT THE AUTHOR

**Patrick Beldio** is visiting assistant professor of the Theology/Religious Studies department at the University of Scranton.

Hardback:	ISBN 978-1-7936-2426-0	February 2025	Regular price: <del>\$145.00</del>	After discount: <b>\$101.50</b>
ebook:	ISBN 978-1-7936-2427-7	February 2025	Regular price: <del>\$60.00</del>	After discount: <b>\$42.00</b>

\*eBooks can only be ordered online.

## Special 30% Discount Offer!

To get discount, use code **LXFANDF30** when ordering.

**(This order form is not for Resellers or Institutional Bulk Orders)**

\*For individual use only and may not be combined with other offers and discounts

## EASIEST WAY TO ORDER WORLDWIDE: USE OUR WEBSITE

<https://Rowman.com/Lexington>

In North, Central, and South America and the Caribbean you can also

- ✓ Call Toll Free: 1-800-462-6420
- ✓ Call: (717) 794-3800

\*All orders from individuals must be prepaid. Prices are subject to change without notice. Shipping charges and sales tax will be added where applicable. Discount applies to these ISBNs only and may not be combined with other offers. For individual use only. eBooks can only be ordered online and must be purchased separately from print books at [www.rowman.com/ebooks](http://www.rowman.com/ebooks). For online purchases, apply the promotion code during the checkout process. For email or phone orders, provide the promo code **LXFANDF30** for the 30% discount in your communication.

## MORE PRAISE FOR *THE MOTHER OF THE SRI AUROBINDO ASHRAM*

“In a work that is both structured by systematic scholarship and suffused with spiritual sensibility, Patrick Beldio explores the teachings and practices of Sri Aurobindo and Mirra Alfassa. He highlights certain synergies with respect to their visions of the transfiguration of humanity and also delineates certain clarifications and amplifications developed by Mirra. Sketching the distinctiveness of Mirra’s search on yogic and aesthetic pathways, Beldio correlates it to some contemporary quests for truth in contexts of religious diversity. Through Beldio’s sagely guidance, the reader is directed towards landscapes of Integral Yoga animated by the power of the divine feminine.”

— Ankur Barua, University of Cambridge

“*The Mother of the Sri Aurobindo Ashram* is a welcome and needed addition to the library of Aurobindo studies, as Patrick Beldio gently but insistently restores to Mother Mirra Alfassa her rightful place in the story of the integral yoga. We are shown too a panoramic view of the remarkable community of spiritual masters east and west to which Mirra and Aurobindo truly belong. Indeed, Beldio himself turns out to be not just an observer but a welcome participant — pilgrim, artist — in the spiritual awakening of our times.”

— Francis X. Clooney, SJ, Harvard Divinity School