

Pairing Food and Music- Experiment I. Part I

Please answer each question before moving on to the next.

1. How do you feel after experiencing the performance? *

Content

2. How did you experience the relationship between music and food during the performance? *

I noticed the first bite of each food very strongly and then as I continued to eat I noticed the taste less and noticed the music more.

3. Do you have any other thoughts you would like to share relating to the performance?

Part II

4. To what extent would you say that the music and food matched each other? *

- There was a perfect match between music and food
- The music and food worked together acceptably well
- The music and food did not match each other at all
- Other:

5. To what extent was your eating experience enhanced or disturbed by the music? *

- I feel that my eating experience was more mindful and richer thanks to the music.
- The music did not enhance or disturb my eating experience
- I was distracted by the music and could not focus as much as I would have liked to
- Other:

6. To what extent was your listening experience enhanced or disturbed by the fact of eating the different dishes? *

I feel that my listening experience was more mindful and richer thanks to the food that I was eating during the performance.

The food did not enhance or disturb my listening experience

I was distracted by the food and could not listen to the music as much as I would have liked to

Other:

The food distracted me from the music slightly but I felt I could then come back to the food in between each food selection

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Pairing Food and Music- Experiment I. Part I

Please answer each question before moving on to the next.

1. How do you feel after experiencing the performance? *

Calm and satisfied

2. How did you experience the relationship between music and food during the performance? *

I felt that (weirdly enough) I enjoyed more the movements connected to the food I liked the most!

3. Do you have any other thoughts you would like to share relating to the performance?

I enjoyed the fact that it was really cohesive and while each movement had a distinct soul, it still felt like a organic composition .

4. To what extent would you say that the music and food matched each other? *

- There was a perfect match between music and food
- The music and food worked together acceptably well
- The music and food did not match each other at all
- Other:

5. To what extent was your eating experience enhanced or disturbed by the music? *

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- The music did not enhance or disturb my eating experience
- I was distracted by the music and could not focus as much as I would have liked to
- Other:

6. To what extent was your listening experience enhanced or disturbed by the fact of eating the different dishes? *

- I feel that my listening experience was more mindful and richer thanks to the food that I was eating during the performance.
- The food did not enhance or disturb my listening experience
- I was distracted by the food and could not listen to the music as much as I would have liked to
- Other:

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Pairing Food and Music- Experiment I. Part I

Please answer each question before moving on to the next.

1. How do you feel after experiencing the performance? *

I don't really know how I feel, it was a very interesting experience but i'm a bit out of context i think

2. How did you experience the relationship between music and food during the performance? *

Everytime that I had to eat or I was eating I was disconnected from the music

3. Do you have any other thoughts you would like to share relating to the performance?

Both things were amazing, but i think that i didn't appreciate the music as much as possible while eating because I could hear chewing sounds

4. To what extent would you say that the music and food matched each other? *

- There was a perfect match between music and food
- The music and food worked together acceptably well
- The music and food did not match each other at all
- Other:

5. To what extent was your eating experience enhanced or disturbed by the music? *

- I feel that my eating experience was more mindful and richer thanks to the music.
- The music did not enhance or disturb my eating experience
- I was distracted by the music and could not focus as much as I would have liked to
- Other:

6. To what extent was your listening experience enhanced or disturbed by the fact of eating the different dishes? *

- I feel that my listening experience was more mindful and richer thanks to the food that I was eating during the performance.
- The food did not enhance or disturb my listening experience
- I was distracted by the food and could not listen to the music as much as I would have liked to
- Other:

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Pairing Food and Music- Experiment I. Part I

Please answer each question before moving on to the next.

1. How do you feel after experiencing the performance? *

Content, calm, present, and satisfied :)

2. How did you experience the relationship between music and food during the performance? *

Very nice pairing! I was thinking more than usual about how flavors and sounds can compliment each other and make you realize things about each thing that you wouldn't have if they were separate. Like faster spots made me notice more flavors more quickly and slower spots made me want to savor each individual flavor one at a time.

3. Do you have any other thoughts you would like to share relating to the performance?

This was so cool and fun! I think it's really helpful for people to stay present and allow their minds to daydream and wander. Such a great alternative to social media and could help people connect more genuinely if they did this regularly.

Part II

4. To what extent would you say that the music and food matched each other? *

There was a perfect match between music and food

The music and food worked together acceptably well

The music and food did not match each other at all

Other:

5. To what extent was your eating experience enhanced or disturbed by the music? *

I feel that my eating experience was more mindful and richer thanks to the music.

The music did not enhance or disturb my eating experience

I was distracted by the music and could not focus as much as I would have liked to

Other:

I would switch between being more mindful and being distracted for a second. Maybe that's because I'm a musician and have a hard time not focusing on the music and analyzing it? Either way, it was great!

6. To what extent was your listening experience enhanced or disturbed by the fact of eating the different dishes? *

I feel that my listening experience was more mindful and richer thanks to the food that I was eating during the performance.

The food did not enhance or disturb my listening experience

I was distracted by the food and could not listen to the music as much as I would have liked to

Other:

When I would first take a bite, I was more distracted, but then as I understood the taste better, I could pair the music and food more deeply.

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Pairing Food and Music- Experiment I. Part I

Please answer each question before moving on to the next.

1. How do you feel after experiencing the performance? *

Really great and peacefull.

2. How did you experience the relationship between music and food during the performance? *

I foud the 2 first bites where really related to the music, but I didn't really noticed the relation with the 3nd one. The bread of the 2nd one was more grainy and it was separating while eating. And I found there where more seperation and little motives in the music, like in the bread.

3. Do you have any other thoughts you would like to share relating to the performance?

I would have like more time in between each bites (having a longer piece). Mabe you can play more with contrasting textures, in the food, as well as in the music.

Part II

4. To what extent would you say that the music and food matched each other? *

- There was a perfect match between music and food
- The music and food worked together acceptably well
- The music and food did not match each other at all
- Other: The first 2 where perfect, but I didn't understood the 3nd one really well.

5. To what extent was your eating experience enhanced or disturbed by the music? *

- I feel that my eating experience was more mindful and richer thanks to the music.
- The music did not enhance or disturb my eating experience
- I was distracted by the music and could not focus as much as I would have liked to
- Other:

6. To what extent was your listening experience enhanced or disturbed by the fact of eating *
the different dishes?

I feel that my listening experience was more mindful and richer thanks to the food that I was eating during the performance.

The food did not enhance or disturb my listening experience

I was distracted by the food and could not listen to the music as much as I would have liked to

Other:

3rd answer, but I was more distracted by the mastication noises than the food itself. I found it quite funny.

Google Forms

Pairing Food and Music- Experiment I. Part I

Please answer each question before moving on to the next.

1. How do you feel after experiencing the performance? *

Relaxed, No strong feelings in particular, curious about the concept/ideas behind it

2. How did you experience the relationship between music and food during the performance? *

I was trying, but I couldnt really see any obvious relation. But I was finding it interesting to be a bit interactive! The music was a little unsettling to me. Also I felt that I was looking forward to hear the food sound.

3. Do you have any other thoughts you would like to share relating to the performance?

It found it very well organised and guided!

4. To what extent would you say that the music and food matched each other? *

- There was a perfect match between music and food
- The music and food worked together acceptably well
- The music and food did not match each other at all
- Other:

5. To what extent was your eating experience enhanced or disturbed by the music? *

- I feel that my eating experience was more mindful and richer thanks to the music.
- The music did not enhance or disturb my eating experience
- I was distracted by the music and could not focus as much as I would have liked to
- Other:

6. To what extent was your listening experience enhanced or disturbed by the fact of eating the different dishes? *

- I feel that my listening experience was more mindful and richer thanks to the food that I was eating during the performance.
- The food did not enhance or disturb my listening experience
- I was distracted by the food and could not listen to the music as much as I would have liked to
- Other:

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Google Forms

Pairing Food and Music- Experiment 1. Part I

Please answer each question before moving on to the next.

1. How do you feel after experiencing the performance? *

I feel calm and relaxed, with happy belly

2. How did you experience the relationship between music and food during the performance? *

The first two I think were quite related to music. The first one was a bit "stronger" in flavour but dense so I felt the music was like that too. The second one had a crunchy element and I felt it matched with the pizzicato and short notes but also dense background that matched with the more melodic lines compared to first. The third one was very nice and sweet, leaving good taste for the end.

3. Do you have any other thoughts you would like to share relating to the performance?

I would have liked to know how the music was thought and the purpose and effect you want for the public. But I think this is just curiosity since it's better not to know anything beforehand I guess. I liked the performance a lot, it was very soothing, created a nice atmosphere and even the sun came out to make a super nice environment

Part II

4. To what extent would you say that the music and food matched each other? *

- There was a perfect match between music and food
- The music and food worked together acceptably well
- The music and food did not match each other at all

Other:

The last dish was the one that U felt didn't match so much but maybe it was the music that didn't change a lot in relation with the previous dishes

5. To what extent was your eating experience enhanced or disturbed by the music? *

- I feel that my eating experience was more mindful and richer thanks to the music.
- The music did not enhance or disturb my eating experience
- I was distracted by the music and could not focus as much as I would have liked to

Other:

6. To what extent was your listening experience enhanced or disturbed by the fact of eating the different dishes? *

I feel that my listening experience was more mindful and richer thanks to the food that I was eating during the performance.

The food did not enhance or disturb my listening experience

I was distracted by the food and could not listen to the music as much as I would have liked to

Other:

I liked to see that the sounds in my mouth were connected with what I was listening (mainly second one). For the rest, the taste made the music also feel different in a good way

Google Forms

Pairing Food and Music- Experiment I. Part I

Please answer each question before moving on to the next.

1. How do you feel after experiencing the performance? *

I feel that I took part in a performance that was very different from other experiences, so I was more involved in it than usual. I also felt really curious about how the questions in this questionnaire were going to be.

2. How did you experience the relationship between music and food during the performance? *

On one hand, eating distracted me a little bit from the music, specially during the first seconds of every dish; however, since it was organised when and what we had to eat, it made organize the performance mentally in three parts, and connect every part with a flavor.

3. Do you have any other thoughts you would like to share relating to the performance?

4. To what extent would you say that the music and food matched each other? *

- There was a perfect match between music and food
- The music and food worked together acceptably well
- The music and food did not match each other at all
- Other:

5. To what extent was your eating experience enhanced or disturbed by the music? *

- I feel that my eating experience was more mindful and richer thanks to the music.
- The music did not enhance or disturb my eating experience
- I was distracted by the music and could not focus as much as I would have liked to
- Other:

6. To what extent was your listening experience enhanced or disturbed by the fact of eating the different dishes? *

I feel that my listening experience was more mindful and richer thanks to the food that I was eating during the performance.

The food did not enhance or disturb my listening experience

I was distracted by the food and could not listen to the music as much as I would have liked to

Other:
The food did distract me a little bit, but it also helped me to create a structure of the performance

Google Forms

Pairing Food and Music- Experiment I. Part I

Please answer each question before moving on to the next.

1. How do you feel after experiencing the performance? *

Very impressed music. I think my feeling got to be more sensitive after listening and eating. I could feel more warmly good sunshine from Window and taste quietness.

2. How did you experience the relationship between music and food during the performance? *

Honestly it's a bit difficult to feel each both in the same time. Because music was very beautiful also delicate. During performance I got to be want to be concentrate only one thing. Also I worried the sound I make during having the cakes from my mouth. It prevented my concentration to the music.

3. Do you have any other thoughts you would like to share relating to the performance?

I felt the situation is so important and relate each others.

Like sunshin,time,

I could feel difference feeling if there're live music.And it's depends on kind of music.

Part II

4. To what extent would you say that the music and food matched each other? *

There was a perfect match between music and food

The music and food worked together acceptably well

The music and food did not match each other at all

Other:

5. To what extent was your eating experience enhanced or disturbed by the music? *

I feel that my eating experience was more mindful and richer thanks to the music.

The music did not enhance or disturb my eating experience

I was distracted by the music and could not focus as much as I would have liked to

Other: I felt music enhanced how delicately I tast

6. To what extent was your listening experience enhanced or disturbed by the fact of eating the different dishes? *

- I feel that my listening experience was more mindful and richer thanks to the food that I was eating during the performance.
- The food did not enhance or disturb my listening experience
- I was distracted by the food and could not listen to the music as much as I would have liked to
- Other:

I consent to the use of quotes from my answers in this questionnaire and from my participation in the ensuing discussion to be used anonymously in the documentation and dissemination of this research and the activities deriving from it *

- Yes
- No

I would like to receive information about upcoming experiments and performances related to this research *

- Yes
- No

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Pairing Food and Music- Experiment I. Part I

Please answer each question before moving on to the next.

1. How do you feel after experiencing the performance? *

Very mindful. I feel a stronger connection between my senses ("and awake your senses..."): the high quality of all the elements (the charming music, the tasteful food and the visually pleasing studio and setting) made me focus very intensively, and yet in a rather emotional than analytical way.

2. How did you experience the relationship between music and food during the performance? *

The taste of every dish struck me very intensively as soon as it reached my mouth. Rarely I felt that food was so good and had such a complex taste! As I said, the experience was for me more mindful than rationally analytical, so it is hard for me to give a clearer explanation or to find a connection between my activated sense of taste and the music. I guess I went very deeply in the flow - which is very rare for me, so, congratulations!

3. Do you have any other thoughts you would like to share relating to the performance?

It sounded great, man! Amazing music!

Part II

4. To what extent would you say that the music and food matched each other? *

There was a perfect match between music and food

The music and food worked together acceptably well

The music and food did not match each other at all

Other:

5. To what extent was your eating experience enhanced or disturbed by the music? *

I feel that my eating experience was more mindful and richer thanks to the music.

The music did not enhance or disturb my eating experience

I was distracted by the music and could not focus as much as I would have liked to

Other:

6. To what extent was your listening experience enhanced or disturbed by the fact of eating the different dishes? *

- I feel that my listening experience was more mindful and richer thanks to the food that I was eating during the performance.
- The food did not enhance or disturb my listening experience
- I was distracted by the food and could not listen to the music as much as I would have liked to
- Other:

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Pairing Food and Music- Experiment I. Part I

Please answer each question before moving on to the next.

1. How do you feel after experiencing the performance? *

Relaxed, grateful

2. How did you experience the relationship between music and food during the performance? *

At beginning it was not so direct for me the association between the food and the music but after the second taste it was easier to find a connection between also the three different bites and the performance itself. I really liked the change of flavour between the second and the third taste.

3. Do you have any other thoughts you would like to share relating to the performance?

I have really appreciated the food (super Chef!) and the story that you were able to create with the performance. Maybe different consistence in the food and more extreme changes in the character of the music?

Part II

4. To what extent would you say that the music and food matched each other? *

There was a perfect match between music and food

The music and food worked together acceptably well

The music and food did not match each other at all

Other:

5. To what extent was your eating experience enhanced or disturbed by the music? *

I feel that my eating experience was more mindful and richer thanks to the music.

The music did not enhance or disturb my eating experience

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Other:

6. To what extent was your listening experience enhanced or disturbed by the fact of eating the different dishes? *

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- The food did not enhance or disturb my listening experience
- I was distracted by the food and could not listen to the music as much as I would have liked to
- Other:

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Pairing Food and Music- Experiment I. Part I

Please answer each question before moving on to the next.

1. How do you feel after experiencing the performance? *

.....

2. How did you experience the relationship between music and food during the performance? *

.....

3. Do you have any other thoughts you would like to share relating to the performance?

.....

Part II

4. To what extent would you say that the music and food matched each other? *

There was a perfect match between music and food

The music and food worked together acceptably well

The music and food did not match each other at all

Other:

5. To what extent was your eating experience enhanced or disturbed by the music? *

I feel that my eating experience was more mindful and richer thanks to the music.

The music did not enhance or disturb my eating experience

I was distracted by the music and could not focus as much as I would have liked to

Other:

6. To what extent was your listening experience enhanced or disturbed by the fact of eating the different dishes? *

- I feel that my listening experience was more mindful and richer thanks to the food that I was eating during the performance.
- The food did not enhance or disturb my listening experience
- I was distracted by the food and could not listen to the music as much as I would have liked to
- Other:

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Pairing Food and Music- Experiment I. Part I

Please answer each question before moving on to the next.

1. How do you feel after experiencing the performance? *

(Unintelligible response)

2. How did you experience the relationship between music and food during the performance? *

A lot of citrus in the three for parts. It is still lingering on, difficult to get rid of it. It is very sour and the high tones of the flute where too much (more of a pain sensation!)

3. Do you have any other thoughts you would like to share relating to the performance?

The food tasting interrupted the [unintelligible words] the music. The [unintelligible word] of the food influenced the sensation of hearing the music. And there still is the "citrus" [unintelligible words]!

The food detached me. "Dissociation"

I had to close my eyes to concentrate

Part II

4. To what extent would you say that the music and food matched each other? *

There was a perfect match between music and food

The music and food worked together acceptably well

The music and food did not match each other at all

Other:

5. To what extent was your eating experience enhanced or disturbed by the music? *

I feel that my eating experience was more mindful and richer thanks to the music.

The music did not enhance or disturb my eating experience

I was distracted by the music and could not focus as much as I would have liked to

Other:

6. To what extent was your listening experience enhanced or disturbed by the fact of eating the *
different dishes?

I feel that my listening experience was more mindful and richer thanks to the food that I was eating during the performance.

The food did not enhance or disturb my listening experience

I was distracted by the food and could not listen to the music as much as I would have liked to

Other:

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Pairing Food and Music- Experiment I. Part I

Please answer each question before moving on to the next.

1. How do you feel after experiencing the performance? *

contemplating
concentrated
and special

2. How did you experience the relationship between music and food during the performance? *

I concentrated at first on the music, but when I took a food I switched and concentrated on the food. I can't concentrate on both at the same time.

3. Do you have any other thoughts you would like to share relating to the performance?

I was sitting in the sun, it was lovely.

Part II

4. To what extent would you say that the music and food matched each other? *

- There was a perfect match between music and food
- The music and food worked together acceptably well
- The music and food did not match each other at all
- Other: It is difficult to say. I like food and I liked your music. (was oké)

5. To what extent was your eating experience enhanced or disturbed by the music? *

- I feel that my eating experience was more mindful and richer thanks to the music.
- The music did not enhance or disturb my eating experience
- I was distracted by the music and could not focus as much as I would have liked to
- Other:
When you played the tune I got excited! That moments were the most intense (not disturbing).

6. To what extent was your listening experience enhanced or disturbed by the fact of eating the *
different dishes?

- I feel that my listening experience was more mindful and richer thanks to the food that I was eating during the performance.
- The food did not enhance or disturb my listening experience
- I was distracted by the food and could not listen to the music as much as I would have liked to
- Other: I switched my concentration to see if I was doing alright.

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Pairing Food and Music- Experiment I. Part I

Please answer each question before moving on to the next.

1. How do you feel after experiencing the performance? *

I feel very relaxed! The tasty food really was fantastic and its wholesome, nutritious ingredients made me feel happy and healthy. The music was incredibly calm and soothing so left my mind feeling peaceful.

2. How did you experience the relationship between music and food during the performance? *

I felt that the music really was relaxing to listen to, and the sound world was evocative of nature sounds; this really went well with the vegan ingredients, and reminded me of a nature-like atmosphere on a quiet lakeside in the woods. I thought that the music development after each dish was eaten was subtle, so perhaps there could have been more.

3. Do you have any other thoughts you would like to share relating to the performance?

Contrast in the music to match the highly contrasting food.

.....

Part II

4. To what extent would you say that the music and food matched each other? *

There was a perfect match between music and food

The music and food worked together acceptably well

The music and food did not match each other at all

Other:

5. To what extent was your eating experience enhanced or disturbed by the music? *

I feel that my eating experience was more mindful and richer thanks to the music.

The music did not enhance or disturb my eating experience

I was distracted by the music and could not focus as much as I would have liked to

Other:

6. To what extent was your listening experience enhanced or disturbed by the fact of eating the *
different dishes?

I feel that my listening experience was more mindful and richer thanks to the food
that I was eating during the performance.

The food did not enhance or disturb my listening experience

I was distracted by the food and could not listen to the music as much as I would
have liked to

Other:

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Google Forms

Pairing Food and Music- Experiment I. Part I

Please answer each question before moving on to the next.

1. How do you feel after experiencing the performance? *

I feel fine. At ease

2. How did you experience the relationship between music and food during the performance? *

Hard to determine. I kept thinking about what I was eating

3. Do you have any other thoughts you would like to share relating to the performance?

It was very delicate, I thought

Part II

4. To what extent would you say that the music and food matched each other? *

There was a perfect match between music and food

The music and food worked together acceptably well

The music and food did not match each other at all

Other:

5. To what extent was your eating experience enhanced or disturbed by the music? *

I feel that my eating experience was more mindful and richer thanks to the music.

The music did not enhance or disturb my eating experience

I was distracted by the music and could not focus as much as I would have liked to

Other:

6. To what extent was your listening experience enhanced or disturbed by the fact of eating the *
different dishes?

I feel that my listening experience was more mindful and richer thanks to the food that I was eating during the performance.

The food did not enhance or disturb my listening experience

I was distracted by the food and could not listen to the music as much as I would have liked to

Other:

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Pairing Food and Music- Experiment I. Part I

Please answer each question before moving on to the next.

1. How do you feel after experiencing the performance? *

Relaxed

2. How did you experience the relationship between music and food during the performance? *

First bite: I was trying to find a relationship between food and music. At the last bite: the music was delicate, beautiful, and the food was tender and tasty.

3. Do you have any other thoughts you would like to share relating to the performance?

Music and food go well together

Part II

4. To what extent would you say that the music and food matched each other? *

- There was a perfect match between music and food
- The music and food worked together acceptably well
- The music and food did not match each other at all
- Other: PTO

5. To what extent was your eating experience enhanced or disturbed by the music? *

- I feel that my eating experience was more mindful and richer thanks to the music.
- The music did not enhance or disturb my eating experience
- I was distracted by the music and could not focus as much as I would have liked to
- Other: Especially during the last bite there was an enhanced connection

6. To what extent was your listening experience enhanced or disturbed by the fact of eating the *
different dishes?

I feel that my listening experience was more mindful and richer thanks to the food
that I was eating during the performance.

The food did not enhance or disturb my listening experience

I was distracted by the food and could not listen to the music as much as I would
have liked to

Other:

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Pairing Food and Music- Experiment I. Part I

Please answer each question before moving on to the next.

1. How do you feel after experiencing the performance? *

Calm & relaxed, also very satisfied

2. How did you experience the relationship between music and food during the performance? *

The taste & part of the music didn't really correlate, but the musical cue to eat felt lovely. It was nice to feel that permission.

3. Do you have any other thoughts you would like to share relating to the performance?

I noticed I would stop listening to the music while I was taking in the exciting interesting flavours of the food

Part II

4. To what extent would you say that the music and food matched each other? *

There was a perfect match between music and food

The music and food worked together acceptably well

The music and food did not match each other at all

Other:

5. To what extent was your eating experience enhanced or disturbed by the music? *

I feel that my eating experience was more mindful and richer thanks to the music.

The music did not enhance or disturb my eating experience

I was distracted by the music and could not focus as much as I would have liked to

Other:

6. To what extent was your listening experience enhanced or disturbed by the fact of eating the *
different dishes?

I feel that my listening experience was more mindful and richer thanks to the food that I was eating during the performance.

The food did not enhance or disturb my listening experience

I was distracted by the food and could not listen to the music as much as I would have liked to

Other:

I listened more closely while I wasn't eating, but was really distracted by the food during the eating part

Google Forms

Pairing Food and Music- Experiment I. Part I

Please answer each question before moving on to the next.

1. How do you feel after experiencing the performance? *

Enchanted. Very aware of my senses

2. How did you experience the relationship between music and food during the performance? *

As being very complex. The strongest relation was in what I call "texture" both of the music and the food. As the piece developed, I became aware of more aspects of texture

3. Do you have any other thoughts you would like to share relating to the performance?

I tried to eat as softly as possible not to miss out any of the very delicate music with the noises my mouth was causing. The act of eating causes quite a bit of noise

With the second bite, I had the strongest sensation of both being connected. But that was only in the aspect of texture

The delicacy of the music influenced a somewhat heightened awareness of the tasting

I found the music extremely delicate and very moving. I became aware of some of the ingredients in the music and how they interacted in different juxtapositions.

Part II

4. To what extent would you say that the music and food matched each other? *

There was a perfect match between music and food

The music and food worked together acceptably well

The music and food did not match each other at all

Other:

5. To what extent was your eating experience enhanced or disturbed by the music? *

- I feel that my eating experience was more mindful and richer thanks to the music.
- The music did not enhance or disturb my eating experience
- I was distracted by the music and could not focus as much as I would have liked to
- Other:

6. To what extent was your listening experience enhanced or disturbed by the fact of eating the different dishes? *

- I feel that my listening experience was more mindful and richer thanks to the food that I was eating during the performance.
- The food did not enhance or disturb my listening experience
- I was distracted by the food and could not listen to the music as much as I would have liked to
- Other:

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Pairing Food and Music- Experiment I. Part I

Please answer each question before moving on to the next.

1. How do you feel after experiencing the performance? *

I feel like there's another aspect of my tastes (both musical and culinary) that I need to explore further thanks to this experiment. I found that the task of considering two different things at the same [time] was actually quite difficult as I didn't want to miss any important moments or details in the piece while thinking about the taste of the food but at the same time I feel I didn't consider the experience of the dishes fully at this expense.

2. How did you experience the relationship between music and food during the performance? *

What appealed to me the most during the performance was the connection between the textures of the music and the corresponding dishes. Another interesting comparison was the sweetness/saltiness and the timbral quality (pizzicato, flutter tonguing, tremolo, etc.). I found I identified sweetness more with the more lyrical parts of the piece, especially with No. 3. Normally, I would expect to find a parallel between tonality and taste (sweet=major, savoury=minor in a very crude sense) but because this piece was more an exploration of musical colours and motifs, the connection between food and music was somewhat surprising as a result of this experiment.

3. Do you have any other thoughts you would like to share relating to the performance?

More of the same! Would have loved the piece to be longer to consider the relationship even more.

Part II

4. To what extent would you say that the music and food matched each other? *

- There was a perfect match between music and food
- The music and food worked together acceptably well
- The music and food did not match each other at all
- Other: (Second part was filled in in another questionnaire by the same participant)

5. To what extent was your eating experience enhanced or disturbed by the music? *

- I feel that my eating experience was more mindful and richer thanks to the music.
- The music did not enhance or disturb my eating experience
- I was distracted by the music and could not focus as much as I would have liked to
- Other: (Second part was filled in in another questionnaire by the same participant)

6. To what extent was your listening experience enhanced or disturbed by the fact of eating the different dishes? *

- I feel that my listening experience was more mindful and richer thanks to the food that I was eating during the performance.
- The food did not enhance or disturb my listening experience
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