

performativity of each. To be conscious of it in the moment.
How is it finding your score? I'm curious.

K: I find myself wanting to be really clear, in order to find those anchors

A: I was searching longer until I really felt it. Sometimes it didn't come & I left it.

B: first time I'm very much actively thinking. Second round I can explore more with the body, but have to think as much.

K: I didn't do a third loop today...

Gw: If you find a lot of things in your first round your loop might be longer than someone else's. When your score is ended (the loop) do you go finding something completely new?

B: I find something new

A: I circulate around, deviate (my words: A gesticulates it with sounds)

Gw: how things come back in a sporadic stream of consciousness way. Things from our past may resurface briefly in other contexts

A: I'm listening to the movement to see if something from my loop comes. Sometimes something else comes up & I go with it but am available to go back to my loop when the occasion presents itself to go into it genuinely.

Gw: In the third cycle we could allow the associations to cloud the memory a bit. Because the journey back to a memory and the memory itself are different from time to time.

K: it's also nice for us

Gw it's clear after a while that the body is doing the intuiting. That said: I wonder how it would be if we just break, drop whatever you're in and make a proposition. Then you can pick up where you left off or go onto something new. There was a moment with K where I thought that could happen.

When you're finished with the loop do you start something