

## SCULPTURE YOU

### WALKING SCORE FOR A SCULPTURE BY BERG DUO

Sculpture You is an act of becoming, an ongoing process of altering your senses and to reflect upon the attention, respect and care you invest while walking the sculpture trail. During the first act you transform into a temporary sculpture. During the second act you perform a ritual in front of each sculpture on the trail. For each of the acts, read through instructions prior to doing the movements.

#### INSTRUCTIONS

##### Act 1: Seek out a high spot where you can be seen

###### Cues:

1. Hold both hands in front of you like you are diving.
2. Move your hands above your head as if you would dive into the sky.

Repeat 5 times slowly.

##### Act 2: In front of each sculpture along the trail

###### Cues:

1. Stand with collected feet. Arms and hands along your side.
2. Lift your right arm to the side with your palm facing downwards.
3. Lift your left arm to the side with your palm facing downwards.
4. Stand still with both arms at the height of your shoulders and slowly turn both palms towards the sky. Remain with palms up. Take 4 deep breaths
5. On the 5th breath wiggle both hands before you slowly lower your arms. Meet the sculpture in front of you.

Repeat 1-5 in front of each sculpture in THE SKY IS MOVING SIDEWAYS.



Supported using public funding by  
**ARTS COUNCIL  
ENGLAND**



LAURA MORETON-GRIFFITHS  
JANE WOOLATT  
B.A. ADEYEMO  
BLANDINE MARTIN  
MANDY PROWSE  
JUSTINE HOUNAM  
SARAH PAGER  
JULIA MALLABY  
NAHELLI CHAVOYA  
BERG DUO  
REBEKAH DEAN

THE SKY IS MOVING SIDEWAYS

## SCULPTURE TRAIL

Stephens House & Gardens  
1st – 9th September 2024  
During garden opening hours  
Trail closes 1pm Monday September 9th

Sculpture Workshop, September 4th, 10.30am – 4.30pm  
Fun Curator's Tour & Live Performance, September 7th, 2 – 3pm

See website for more details  
[www.stephenshouseandgardens.com](http://www.stephenshouseandgardens.com)

17 East End Road, Finchley, London N3 3QE

**1. JOHN SOMERVILLE STATUE**  
PERMANENT SCULPTURE  
A CONVERSATION WITH SPIKE 2014, BRONZE

**2. JANE WOOLATT**  
INSTALLATION IN THE WILDLIFE AREA  
PERSEPHONE'S ESCAPE 2024, SALVAGED & RECYCLED CLOTH, FABRIC

**3.B.A. ADEYEMO**  
SCULPTURE ON HEXAGON PLATFORM  
HOW THE OTHER HALF LIVE 2024, METAL, PLASTIC, WOOD

**4. BLANDINE MARTIN**  
INSTALLATION NR THE WATER TOWER  
UNTOLD POSSIBILITIES 2024, CERAMIC, FIBRE

**5. MANDY PROWSE**  
INSTALLATION AT THE CORONATION OAK  
EVERY CLOUD 2024, FOUND OBJECTS

**6. JUSTINE HOUNAM**  
SCULPTURE BOTHY WALL  
MARY'S CABINET 2024, GLOSS ON FABRIC

**7. LAURA MORETON-GRIFFITHS**  
INSTALLATION AT THE CASCADE  
MARY'S MONSTER & FRIENDS 2022, HAND-PAINTED CUT-OUTS

**8. REBEKAH DEAN**  
INSTALLATION NR CASCADE  
TEARS OF THE KINGDOM 2024, A4 FRAMED POSTER, FELT, STONE

**9. SARAH PAGER**  
INSTALLATION AT THE POND  
NYMPHS AND SHEPHERDS 2024, JESMONITE, STEEL

**10. JULIA MALLABY**  
INSTALLATION AT THE MIDDLE GREEN SPINNEY  
SHIFTING 2024, FOUND DOMESTIC MATERIALS

**11. NAHELLI CHAVOYA**  
CURATOR'S FUN TOUR & PERFORMANCE AT THE MIDDLE GREEN SPINNEY  
ARBOREAL 2024, SATURDAY SEPTEMBER 7TH 2024, 2 - 3PM

**12. DAVID GILBERT WOOD CARVING**  
PERMANENT SCULPTURE  
LOVING GRACE 2017, OAKWOOD FROM A TREE IN THE GARDENS

# THE SKY IS MOVING SIDEWAYS

## SCULPTURE TRAIL 2024

Selected national and international women artists have been invited to present transient and ephemeral artworks within the landscape at Stephens House & Gardens.

The aim of a Sculpture Trail is for viewers to walk a considered distance in-between the artworks. Unlike a gallery space, which presents a confined interior setting with shorter walking distances, a Sculpture Trail offers viewers the experience of being outdoors in the open air, and an opportunity to connect with nature.

**FOLLOW THE MAP TO FIND THE TEMPORARY ARTWORKS  
THAT HAVE BEEN INSTALLED AROUND THE GARDENS.**

