

SCULPTURE YOU

WALKING SCORE FOR A SCULPTURE BY BERG DUO

Sculpture You is an act of becoming, an ongoing process of altering your senses and to reflect upon the attention, respect and care you invest while walking the sculpture trail. During the first act you transform into a temporary sculpture. During the second act you perform a ritual in front of each sculpture on the trail. For each of the acts, read through instructions prior to doing the movements.

INSTRUCTIONS

Act 1: Seek out a high spot where you can be seen

Cues:

1. Hold both hands in front of you like you are diving.
2. Move your hands above your head as if you would dive into the sky.

Repeat 5 times slowly.

Act 2: In front of each sculpture along the trail

Cues:

1. Stand with collected feet. Arms and hands along your side.
2. Lift your right arm to the side with your palm facing downwards.
3. Lift your left arm to the side with your palm facing downwards.
4. Stand still with both arms at the height of your shoulders and slowly turn both palms towards the sky. Remain with palms up. Take 4 deep breaths
5. On the 5th breath wiggle both hands before you slowly lower your arms. Meet the sculpture in front of you.

Repeat 1-5 in front of each sculpture in THE SKY IS MOVING SIDEWAYS.



LAURA MORETON-GRIFFITHS
JANE WOOLATT
B.A. ADEYEMO
BLANDINE MARTIN
MANDY PROWSE
JUSTINE HOUNAM
SARAH PAGER
JULIA MALLABY
NAHELLI CHAVOYA
BERG DUO
REBEKAH DEAN

THE SKY IS MOVING SIDEWAYS

SCULPTURE TRAIL

Stephens House & Gardens
1st – 9th September 2024
During garden opening hours
Trail closes 1pm Monday September 9th

Sculpture Workshop, September 4th, 10.30am – 4.30pm
Fun Curator's Tour & Live Performance, September 7th, 2 – 3pm

See website for more details
www.stephenshouseandgardens.com

17 East End Road, Finchley, London N3 3QE

THE SKY IS MOVING SIDeways

SCULPTURE TRAIL 2024

Selected national and international women artists have been invited to present transient and ephemeral artworks within the landscape at Stephens House & Gardens.

The aim of a Sculpture Trail is for viewers to walk a considered distance in-between the artworks. Unlike a gallery space, which presents a confined interior setting with shorter walking distances, a Sculpture Trail offers viewers the experience of being outdoors in the open air, and an opportunity to connect with nature.

FOLLOW THE MAP TO FIND THE TEMPORARY ARTWORKS THAT HAVE BEEN INSTALLED AROUND THE GARDENS.

1. JOHN SOMERVILLE STATUE
PERMANENT SCULPTURE
A CONVERSATION WITH SPIKE 2014, BRONZE

2. JANE WOOLATT
INSTALLATION IN THE WILDLIFE AREA
PERSEPHONE'S ESCAPE 2024, SALVAGED & RECYCLED CLOTH, FABRIC

3.B.A. ADEYEMO
SCULPTURE ON HEXAGON PLATFORM
HOW THE OTHER HALF LIVE 2024, METAL, PLASTIC, WOOD

4. BLANDINE MARTIN
INSTALLATION NR THE WATER TOWER
UNTOLD POSSIBILITIES 2024, CERAMIC, FIBRE

5. MANDY PROWSE
INSTALLATION AT THE CORONATION OAK
EVERY CLOUD 2024, FOUND OBJECTS

6. JUSTINE HOUNAM
SCULPTURE BOTHY WALL
MARY'S CABINET 2024, GLOSS ON FABRIC

7. LAURA MORETON-GRIFFITHS
INSTALLATION AT THE CASCADE
MARY'S MONSTER & FRIENDS 2022, HAND-PAINTED CUT-OUTS

8. REBEKAH DEAN
INSTALLATION NR CASCADE
TEARS OF THE KINGDOM 2024, A4 FRAMED POSTER, FELT, STONE

9. SARAH PAGER
INSTALLATION AT THE POND
NYMPHS AND SHEPHERDS 2024, JESMONITE, STEEL

10. JULIA MALLABY
INSTALLATION AT THE MIDDLE GREEN SPINNEY
SHIFTING 2024, FOUND DOMESTIC MATERIALS

11. NAHELLI CHAVOYA
CURATOR'S FUN TOUR & PERFORMANCE AT THE MIDDLE GREEN SPINNEY
ARBOREAL 2024, SATURDAY SEPTEMBER 7TH 2024, 2 - 3PM

12. DAVID GILBERT WOOD CARVING
PERMANENT SCULPTURE
LOVING GRACE 2017, OAKWOOD FROM A TREE IN THE GARDENS

