

Bon, I'm asking all these questions because I personally find it not easy yet to get my mind clear on this topic. It's so wide and spread, yet I feel that there is not enough and I don't know or understand enough still to narrow it down or get my mind clear.

I would like to do research on it and reflect more and come back to this later in another letter and discussion. It's a hard egg to crack but there's a lot to find ☺

Love,  
Joany