

S has a fever,

2022-05-22

8-11 wake up, Br. Jan, clean up, prepare.

11-13 Yoga. Quite advanced class compared to what I've been used to lately.

I enjoy the physicality and wonder how my back is going to react.

13-14 Lunch, some writing to family

14-14⁴⁵ pick up F from swimming pool

18. Vani ideas about RDP with TL. Nervous.

The rest of the day is family-oriented.

S has a fever. F comes home with a sore throat. More laundry, cooking.

Plenty of talking to mom & So as well as letter-writing to Ro.

The day ends in exhaustion, but with a good movie: "Green Book".

I feel I've neglected my children in order to cater to other family issues. My discussions with mom & So take lots of time and patience (I'm sure they feel the same) but today it was worth insisting and persisting I think.

00¹⁵ Sleep!

My back hurts.