

## CHOREOGRAPHY OF CONSTELLATIONS

In terms of unconscious passivity:

How much passivity does it take to be activated into these movements?

A Exercises for passivity through the following movements:

- lying
- sitting
- standing
- walking
- falling

*Optional: during each of these exercises, one specific figure of thought is being cogitated while the body is in one of the above positions.*

B Do the same with the following movements:

- breathing
- thinking

C Find habitual and automatic movements in relation to the following fields:

- distraction
- everyday technologies