

2022-05-19

4-6³⁰ Wake up. Stretch, try and sleep more.

I keep waking up every 20 min/30.

Really want to sleep! Really don't want to miss my alarm.

6³⁰-10 Travel to Stockholm.

10-13²⁵ Feedback session. We go overtime.

13²⁵-14 Lunch

14-16³⁰ Feedback session. We perform our small concept, made before lunch, and get feedback with the agreed protocol.

16³⁰-18³⁰ Walk & talk with Alexis. Very enjoyable. I'm shy about my work.

19-20⁴⁰ Elverket. I see a performance by Gullberg Company. Choreographer: Jette van Dinter. It's very heavy and disturbing. Something mostly to do with the dancer's way of being in the material. There's no innocence.

20⁴⁰-21⁴⁰ Walk to Central Station. Talk to family.

21⁴⁰-24²⁰ Travel back to Linköping. Think about yoga sequence. Watch some yoga practices. Talk to mom: she wants advice on a letter. Th. calls Pas.

01¹⁵ Sleep