

# MENTAL STATES: Psychedelics and Mental Health

THURSDAY, APRIL 16, 2020 / 6:30-8:00 PM

Wendi Yan '18 and Julia Bornemann '16



The panel will explore questions including:  
How can we more effectively cure a number  
of mental illnesses? How can we better  
understand what consciousness is?  
How can we alleviate human suffering?

Join Wendi Yan '18 and Julia Bornemann '16 as they discuss research on the connections between psychedelics and mental health. While psychedelics are still classified as Schedule I (US) and Class A (UK) drugs—the same groups as heroin, recent research has shown the promise of psychedelics in treating number of mental illnesses: depression, PTSD, anxiety in cancer patients, alcohol addiction, and more.

Yan will screen excerpts from *The Psychedelic Club*, a documentary she is making that chronicles the rise of psychedelic clubs on college campuses. Bornemann will discuss her research in neuroscience and psychedelics as a PhD student at the Centre for Psychedelic Research at Imperial College London.



#### ABOUT THE PRESENTERS:

**Wendi Yan '18** creates works that concerns where the feeling of the ego dissolves. She is interested in how people engage with the constructs of self and emotion. Yan is taking a gap year from Princeton in order to make the documentary, and to learn a variety of skills, including game environment design, interactive music, and Mexican weaving. Her academic work includes the study of architecture, sculpture, the history of science, AI and public policy, and Tibetan Buddhism. She recently published "Neuroscience Informs Design, Now What? Towards an Awe-inspiring Spatial Design," for the Centre for Conscious Design.

**Julia Bornemann '16** is a PhD student at the Centre for Psychedelic Research at Imperial College London. At Exeter, classes that explored psychology, philosophy, meditation, and mysticism, plus an AP Biology class, sparked Bornemann's pursuit of a neuroscience degree at King's College London where she could combine her interest in medicine and mysticism. As a doctoral student at the Centre for Psychedelic Research, she focuses on how psychedelics work and their rich cultural history, and researches possible therapeutic applications of psychedelic drugs on a variety of disorders, including treatment-resistant depression and chronic pain.



Frederick R. Mayer Art Center / 603-777-3461  
[www.exeter.edu/lamontgallery](http://www.exeter.edu/lamontgallery)

**Gallery Hours:** Mondays: By appointment.  
Tuesdays-Fridays: 9-5. Saturdays: 10-4.  
Closed Sundays and between exhibitions.  

**ON VIEW THROUGH MAY 2**

*Being & Feeling (Alone, Together)*  
Lamont Gallery

*Participating artists: Sachiko Akiyama, Andrew Fish, Lauren Gillette, Katya Grokhovsky, Nico Gallo, Stephanie Misa, Tobias Rud, Cheryle St. Onge, Riikka Talvitie, and Jon Sakata + Democracy of Sound (exeter)/DOS(e) Elizabeth Kostina '20, Gigi Gee '21, Daisy Newbury '23, Sophie Turer '21, Chloe Minicucci '21]*