

Pausing

“It is exactly in that time parenthesis where life and movement are suspending in time and art becomes a sublime.”

An interview with a musical composer


Despina Kapoulitsa: Choreographer/ interviewer

Adam Siagas: Musical composer / interviewee

Despina Kapoulitsa: What is a pause in music?

Adam Siagas: *Pause in music is when no sound is produced by the instrument.*

Despina Kapoulitsa: Could you describe an image or a symbol concerning pauses in music?

Adam Siagas: *Fermata is the Italian name for the sign  , which in English is commonly called a Pause, and signifies that the note over which it is placed should be held on beyond its natural duration. It is sometimes put over a bar or double bar, in which case it intimates a short interval of silence.*

Despina Kapoulitsa: What is your image?

Adam Siagas: *My image on pauses is this of stillness, emptiness or black space.*

Despina Kapoulitsa: How would you symbolize pauses?

Adam Siagas: *As a black sphere or circle.*

Despina Kapoulitsa: Is there a particular musical instrument that its sound offers a restful sensation?

Adam Siagas: *I think Tibetan bowls or percussive instruments as gongs.*

Despina Kapoulitsa: Which instrument is close for you to the 'notion' of pauses regarding its sound, structure, shape, way of playing?

Adam Siagas: *The drum set, the ney flute and vibraphone.*

In this light:

- *The musical composer chooses an instrument.*
- *He makes a live dialogue with the choreographer following the below score. The choreographer will be moving following the same score with the composer.*

(It will be a live improvisational 'dialogue' focusing on diverse types of pausing.)

A score for a musical composer and a choreographer ...

Could you create a reality through silence?

- Pause while you are playing/ moving
(You interrupt something in the mid-action.
You suddenly suspend a flow of sound/ movement
- Pause to see where are you and where are you going.

- "Go to either restful pauses or sharp cuts while you are playing/ moving
- Pause to see where are you and where are you going.
- **Could you maintain a transparency of pausing while playing/ moving?**

(‘When pausing:

play with the duration of the pauses)

•Give your feedback regarding your exploration and insights (video, recording voice, written text, letter, diary).

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