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ACTIONS

and honest human being on the stage. The daily, casual actions need not to be different from the poetic, choreographed actions. I think that there's no action that cannot be done in a true and honest way, it really depends on how you do the action. You can totally put a chair on your head and the audience accepts it, but we can also easily see that when you 'just' walk on stage that you are not honest and that the walk is loaded with a tension that is either misplaced or that the intention is from a wrong place.

But, there's certain actions that are closer to you than others, easier to embody. This does not mean that a work needs to be composed solely by the easy, personal actions that you know already: that would be possible, but since we have REHEARSALS, we commit in expanding our actions and make them more than we already know. It can be also very useful and meaningful when a performer commits in an action that he/she is totally not close to, that it feels weird or strange. That alienated sensation can bring a quality of the performer at the light which can be for example fragile and humble.

It is all about sensitivity Joany, being sensitive at what is going on in the moment and TRUSTING in that!

Trusting in doing stupid things, wrong things, being ugly, being funny, being sexy, being happy, sad, sorrowful, frustrated (that one is tricky, needs more care and work in a process to deal with), being playful... Joany, I am just an in between person.

I have always compared myself with an analogue radio: there's frequency's everywhere in the air, wherever you go. Somewhere more than elsewhere, and more or less stronger. I pick up these frequencies and try with my creative eye and craftsmanship to tune in with these frequencies and make them see and feelable to people who wanna listen the radio. Then I play a bit with other channels, volume buttons, equalizer, switch on and off, to choose also for being 'in between' the channels to create some confusion or even some irritation... I have thought about this image maybe 9 years ago, when I made a

comparison Radio: description of how you work!

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