

Practical Guide

LAB 3 | COLOGNE

Target group

Students of Bachelor, Master and PhD level in study programmes of music and dance, particularly those with a specific interest and curiosity in the field of artistic research

Duration and intensity of the Lab

5 Day workshop with approximately 6 hours per day

External experts needed

Regarding the strong interdisciplinary approach of intertwining music and dance practices it is recommended to involve experts in music and dance practice as well as in improvisation.

Group size

10-20

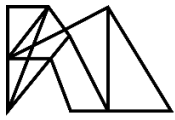
Interdisciplinary potential

The Lab and its focus on “embodied reflection” builds on the premise that dance and music practices can enrich each other in manifold ways: in gaining new knowledge by focusing on the sensorial and bodily apparatus, in relating sound and movement and in widening the understanding of listening and sounding as deeply embodied practices.

Related musical disciplines

The Lab includes perspectives from various cultural and social fields of research: sociology of space, theory of perception, gender and feminist theory, sound studies, phenomenology, theory of the senses. The Lab benefits from the participation of composers, improvisers, performers, dancers, choreographers, and pedagogists, musicologists and researchers in dance theory.

Skillsets of teachers



Reflection-Based Artistic Professional Practice

It is recommended to involve teachers especially from dance and musical practice and improvisation. In addition, and in order to carry out the workshops about “Reflection as Sensing Sound, Space and Movement” and “Reflection as Multisensory Inquiry” some preparation in the field of sound studies and in sociology of space are recommended. For this further literature references are provided in the specific chapters of the Lab Handbook (tbd).

Availability of materials for the students

Materials for students have been posted on the RAPP Labs Website, including 3 information letters in preparation of the Lab, workshop sheets and interview material (please check the various materials available under “Documentation”). Artistic results (audio files, written documents, pictures and videos) carried out by the participants have been posted on the RAPP Labs internal web-platform.

Preparation needed by participants (or not)

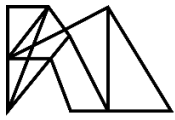
Formulating a short abstract of their current research interest and about their experiences in interdisciplinary practices.

Infrastructural needs (rooms, media, technique, ...)

Various spaces should be used for the conducting of the workshops: outside in public space (Workshop Sensing Sound and Workshop Walk and Talk), insided in rehearsal studios and dance studios (Workshop Multisensory Inquiry and Workshop Reflection as a Holistic Phenomenon of Music, Dance and Movement).

Suggestions of expected outcomes

Improvisational knowledge between dance and music and between wording, sounding and moving.
Elaborative experiences in realizing the embodied potential of one’s own artistic practices and how this potential can enhance individual artistic outcomes.
Improvisations and Performances based on the workshop sections.
Learning new epistemological ways of defining what music could be more than sound.

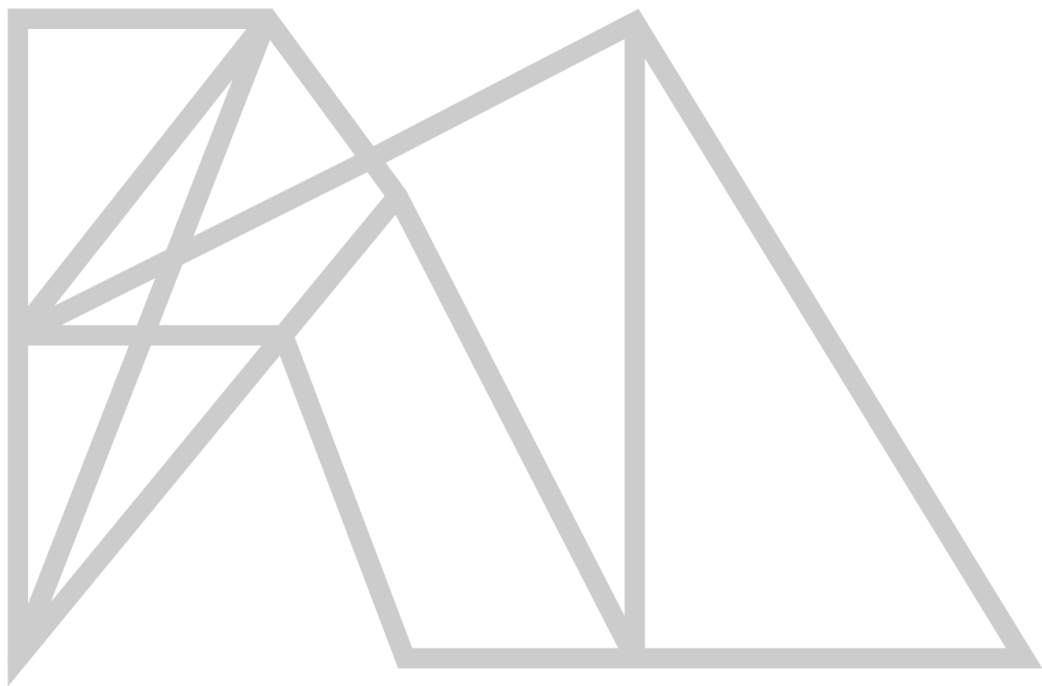


Reflection-Based Artistic Professional Practice

Student assessment

Ability to critically reflect on and with their own bodily perceptions in music or in dance

Willingness to lose one's own comfort zone and cooperate with other participants from related artistic fields



RAPP Lab