Tereza Reichová boasts a dual degree from FAMU and the Literary Academy, with specialisations in Documentary Film and Interactive Media - Creative Writing. Her portfolio includes directing original documentaries screened at various international festivals, highlighting social and human rights issues, such as THE CIRCLE - A PORTRAIT OF A DEMONSTRATION (2009), A GUIDEBOOK FOR CREATING A TERRORIST (2010) and THE EPIDEMIC OF FREEDOM (2017).

As a lecturer at FAMU, she leads a practical filmmaking workshop and dramaturgy seminar for documentary film students and amateur filmmakers, helping them bring their ideas to life. Having studied at the Faculty of Education with a focus on Teaching and Pedagogy of Civic Education and Foundations of Social Sciences, she now trains aspiring teachers of audiovisual studies as part of FAMU's pedagogical minimum. In 2021, she embarked on her doctoral journey at FAMU. Her PhD research delves into the creation of her unique Constellation Games approach and its potential application in the educational realm of documentary filmmaking.

She is currently pursuing Gestalt therapy training for the assisting professions. Additionally, she has extensive experience in Dialogic Negotiation with an Inner Partner and Experimental Systemic Constellations.