

29/10/22 – Practice Field Notes

0. BASIC INFO

Location: GW

Day: 29/10/22

Time: [late afternoon]

Weather: drizzly to blustery, grey

Notes: The rain comes & goes, often in great horizontal blasts — sideways treetops

Soggy but invigorating

Mushrooms fading here, springing up there

Many leaves carpet the floor, red & gold, but many remain in the trees—green and yellow

1. CASUAL WALK / PHOTO WALK

Location / Zone(s): various

Discoveries & Observations:

Notes: GW is flooded, the stag hangs by a thread. [This morning's] Annoyance turns to visor as the body gets into groove of motion. I begin to think of Mom in the woods, connecting even the sog & dampness, the snag of a branch [in clothes/hair]. Suddenly these inconveniences become emotionally charged points of possible connection, memory, communication...

2. STILLNESS / SILENCE / MEDITATION

Zone: 2&3

Notes:

- wind & eddies, gnats, one arrow of a bird, standing in different places, get to know new plants, stillness for letting ideas come, letting environment draw you [on]
- the flooding—play with it,
- fly on stag skull, mushrooms on/in trees

There's too much activity to note, inter operating w/Various speeds & time scales, overlapping eddies. It's even absurd to say: "The wind is blowing in such&such direction"

Silence for clarity, stillness as openness... letting something emerge from the chaos, arresting, come this way, draw deeper

3. WRITING #1 : *What am I bringing to the Space?*

Notes: Today a sense of being overwhelmed by all the threads I want to follow
A resistance to soggy weather, an open-ended longing, a curiosity surrounding water

4. CHECKING IN W/SELF AND SPACE

Notes:

- [drawn] to the puddles and new ponds
- flooding as opportunity, [as] surplus
- fly stuck in stag's head as head was stuck in a tree (as tree in the earth?)

Explore water

Grief's: fluidity, floodiness, surplus

5. FREE MOVEMENT

Zone(s): 2

Notes: splashing around, wellies/barefoot, dog water play

(filmed: 50mm portrait prime)

Walking back barefoot — no problem

Adapting and overcoming our constraints regarding future unpleasantness

[would not have even considered walking barefoot out of the forest if not for the barefoot dance... but it was easy and pleasant]

Joyful—surplus—gathering wood—gratitude