



# Lucija Mikas

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Lucija Mikas \*1976. is a contemporary dancer, dance pedagogue and yoga teacher.  
Author and manager of sociocultural and artistic projects.

## WORK EXPERIENCE

### DANCE PEDAGOGY

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|-------------|---|
| since 2012  | <b>State school of music and dance "Blagoje Bersa", Zadar, Croatia</b><br>Contemporary dance teacher                |
| 2014 - 2016 | <b>State school of contemporary dance "OŠ Jurja Dalmatinca", Šibenik</b><br>Contemporary dance teacher              |
| 2006 - 2015 | <b>Association for culture and arts In Flux, Croatia</b><br>Dance coach and workshop leader                         |
| 2007 - 2010 | <b>Kindergarten "Cvit", Sv. Filip i Jakov and "Vrtić Biograd", Croatia</b><br>Dance teacher for rhythmic education  |
| 2002 - 2003 | <b>Freie Universität Berlin, Germany</b><br>Classical ballet teacher  |
| 1998- 1999  | <b>Ballett am Schloss, Urbach, Germany</b><br>Dance teacher for classical ballet, rhythmic education and jazz dance |

### CONTEMPORARY DANCE PERFORMANCES

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|----------------|--|
| 2004 - ongoing | <b>Full evening dance performances</b><br>"Drop on the palm" (2022., prod. Uo Irida; chor. Mikas, Bugarija, Lisica)<br>"Islands" (2022., prod. Sign Dance Company; chor. Isolte Avila)<br>"Vjetrometina" (2018, prod. Zalet, chor. Iva Burčul & Lucija Mikas)<br>"Odras" (2017, prod. Histeria Nova, chor. Marija Šćekić)<br>"Translacija" (2014, prod. Zalet, dramat. A. Acev)<br>"etcetc..." (2012, prod. Orion Theatre, chor. Mehdi Farajpour)<br>"Odijelo ne čini čovjeka" (2009, prod. Zalet, chor. Irma Omerzo)<br>"He danced his did" (2004, prod. Tanzfabrik Berlin, chor. C. Winkler) |
| 2002 - ongoing | <b>Performance and choreography of short solo works</b><br>"Dodolica" (2021., dance video); "In the deep" (2021., dance video)<br>"My orange life jacket" (2014, Puppet theatre, Zadar); "Der Froschkönig" (2013, TRAFO Zadar); "Desha" (2012, Puppet theatre, Zadar); ".trisolation.i." (2008, Arsenal, Zadar); "1000 atm" (2003, Ballhaus Naunynstrasse, Berlin); "Kalasch Nikola" (2003, Rothebühlbau, Stuttgart; int.competition); "KalaschNikola" (2002, Ballhaus Naunynstrasse, Berlin); "Hosenträger" (1988, Staatsoper Stuttgart)  |
| 1982 - 1992    | <b>Dance performances</b><br>Classical ballet performances at National Opera Stuttgart and children's showcases in Germany   |

since 2002

### **Choreographic experience**

Numerous short group choreographies for dance productions, competitions and performances (since 2006); short form choreographies, dance videos and movement studies (since 2002); co-choreographer for dance performances "Kap na dlanu" (2022), "Vjetrometina" (2018,) and urban dance performance "Pinokio" (2015); choreographer of dance performance "mass.me.dia" (2008,)

### **CULTURAL AND ARTISTIC PROJECTS**

2022 - ongoing

Ongoing collaboration with Signdance Collective (Isolte Avila&David Bower)

2021-2023

Author and artistic director of interdisciplinary project "Drop on the palm". Research and promotion of local cultural and natural heritage. Artistic and scientific research, production of multimedia exhibition, dance performance, organisation of ethno-musical workshops.

2021 - ongoing

Coordinator of "Cinema Platform" - civil platform for cultural management; author and stakeholder of project "Cinema Platform"

2018 - 2020

Author, artistic director and stakeholder of EU project "K.IN.O." – foundation of socio-cultural centre DKC Kino in Sv. Filip i Jakov (Croatia) managed through civil-public partnership and execution of over 20 inclusive sociocultural and artistic programmes.

2006 - 2020

Author and project manager for In Flux Association in the field of urban youth culture: "Urban Jam 023 – Hip hop, a ne dop!" (2008-2019); "Radionice urbanih plesova" (2015-2020); "URL – Urbani Laboratorij" (2016-2017); Urban dance performance "Pinokio" (2015); Eu project "RAP - Real active participation" (2013.)

2017

Dance performance "Reflection"- performer and co-producer

2013 - 2014

International dance project "Transit"- author, performer, producer

### **EDUCATION**

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2012 - 2016

#### **European Yoga Federation (Croatia)**

Certified yoga teacher

2013 - 2014

#### **University of Zadar (Croatia)**

Pedagogical-psychological-didactic-methodical education  
State licensed contemporary dance teacher

1999 - 2003

#### **Dance academy balance 1, Berlin (Germany)**

Certified contemporary dancer (BA)

1998 - 1999

#### **Balletfachschule Ronecker, Stuttgart (Germany)**

Education in dance pedagogy

1998 - 1999

#### **John Cranko Schule, Stuttgart (Germany)**

Classical ballet education at National opera, Stuttgart

1987 - 1996

#### **Koenigin Katharina Stift, Stuttgart (Germany)**

General education and matriculation at secondary school

### **ADDITIONAL INFORMATION**

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since 2019

#### **Artistic organization Irida (Sv. Filip i Jakov, Croatia)**

Artistic director and founder of contemporary dance company

since 2006

#### **Association for culture and arts In Flux (Zadar, Croatia)**

Artistic director and founder

2004

#### **Free the dragon Filmproduktion (Berlin, Germany)**

Music video production assistant

Languages

German, croatian, english, italian, french