

Dear Joost,

28-03-19
written in the
morning

I'm very happy with the work we did yesterday, it was nice and refreshing for me to start with the walk outside and it was a very good feeling afterwards to dive back in the studio.

For me it was good to do a run of everything we have until now and see a line of the piece, the line in scenes felt good but it made me more aware of what I need to focus on now; intention, feeling, timing, spacing, relations between one scene and another, not just in theory but in practice. During the run I got frustrated I think because I got a bit lost in the material and I didn't feel so much space to take the time with that or try things, even more than usual, which I think is a good thing to observe and work with. (I felt it because of the audience). Now afterwards I felt it was good that there were people though, not just to observe what happens to me as a performer but also to share the process with people, the research and not just the "finishing product", if we can ever call something a finished product.

At the end of the day I reflect a lot, I'm extremely critical about work but especially when it comes to my work / part of the work. Now when you told me 'don't be moody' I didn't feel like that but when I'm very thoughtful I first need time to let things sink in and this for me has nothing to do with not being happy with something or being unsatisfied because I'm very happy with the work we did until now, yes it still needs a lot of work but I feel that I'm slowly starting to feel the piece more as a whole and it's not separated scenes anymore. It feels like now we're constructing this piece or I would like to refer to it as a book more and more and the story is getting ready to be told, now it's up to me to find a way of telling it; how do I want to tell it and why do