

- U.A.I.T. sense of who you are in your skin
- Feeling edges of the skin  $\leq$  Placing in relation to the flooring
- Where is the skin in room  $\searrow$  edges of clothes and air
- Where am I today in society, responsibility / role in society today
- Role as artist, relation to people we know.
- Naming the feeling in the body
- Do, move into that

Welcome, into to the project

From where you're sitting you're invited to close eyes.

Scan the body. Notice sensations, feelings about being here.

Name them for yourself. What is the space that this is occupying in your body? (Dancers are in the space)

You can now open your eyes with this awareness

Dancers: score of role in society

Audience come back to your body, scan through. Notice associations with memory / audio/vis. that appear. Zone in take the time.

Now/when you're there, open your eyes again. (Dancers already in it). Audience: follow dancer's journey

Dancers: temporal / amp. / chest

new: "Body Art I" - book

We'll find a new score for today and look at how we feel about this today in relation to yesterday.

COMPOSING SPACE: proximity / distance / changes / contrasts / similarity / precising

- ROUND 1 -

I invite you to close your eyes. We're just going to check in with ourselves on who we are today. And we're going to do this through the body. Perhaps there's a feeling in the neck, shoulders legs etc. And how is this in the body?

And maybe some emotion catches your attention