= between 40 and 55, durations need not be exact. players are in opaque contact (fog being)



players begin together but play at individual tempi between the above range remain in opaque contact (fog being)

quietly
using any suitable octave
continuously repeat the scale (breathe where needed)

vary the timbre of the sounds, use mutes, harmonics etc. allow notes to ring on where instruments permit

play this for at least 5 minutes

at some point after 5 minutes, still repeating, choose an alteration to make to your scale

alterations:

- take away one note from the scale, either replacing it with a silence or just removing a beat
- choose a note to play twice
- insert a short/medium-length silence anywhere in the scale

keep picking from the list of alterations slowly transform your scale (alterations are permanent and carry over across repetitions) you do not have to alter your scale with every repetition

the piece is over once every player has removed every note in their scale or replaced them with silence