

Navn
Name

HURTIGSKRIVING (5 MIN.) FAST WRITING (5 MIN.)

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and extend across the width of the page. There is no handwriting or other markings on the paper.

Skriv i fem minutter uten stopp. Skriv med penn eller blyant på papir. Alternativt: Skriv på datamaskin med avskrudd / svart skjerm. Eksempler på bruk: Etter en observasjon eller et intervju, skriv i fem minutter: Hva var det viktigste inntrykket? Når du skal definere mandater for forskjellige roller i en gruppe: Skriv hva du forventer fra lederen eller andre medlemmer.

Write in five minutes **WITHOUT** breaks. Write with a pen or pencil on paper. As an alternative you could write on a computer with the screen turned off / turned into darkness. Examples of use: After an observation or an interview, spend five minutes writing by hand: What was the most important impression(s)? To define mandates for different roles in a team: Write what you expect from the leader or other members.