

Sharing with the dancers three

I sent the dancers a text with notes and observations of my daily practice (as usual they experiment on their own and then they send me their video recordings). I asked the dancers not to perform or 'create' the text, but utilize it as a ground for observation and exploration.

Creating lines
in the present moment

straight lines, curves, twists
now consists of before and after

playing as you wish with the motif 2-1-1, 1-2-1, 1-1-2, 3-1-1, 1-3-1, 1-1-3 and leave
it
pastpresentfuture

'hearing' my qualities of time
moving in time

creating time in the now
start negotiating with duration

I also gave them some Key-words in order to explore the ways they negotiate with duration: expand, change, oppose, combine- isolate.

Take a glimpse

Lia: <https://www.youtube.com/watch?v=MgWw91KkYjU&feature=youtu.be>

Vicky: <https://www.youtube.com/watch?v=6r2dF2BMCrc&feature=youtu.be>

<https://www.youtube.com/watch?v=slWMwRMmIME&feature=youtu.be>