

①

P. 2

1. Describe a movement in basic terms.
(e.g. quick, long, arm movement) →
2. Make and repeat a movement that matches this description.
3. Once everyone is finished, give your description of MOVEMENT 1 to PLAYER 1.
4. Receive a description of a sound/movement, make and repeat a sound/movement that matches that description.

MOVEMENT 1:

Bring knee to chest
and then push knee
away from chest.

②

1. Describe a sound in basic terms. →
(e.g. short, high sound)
2. Make and repeat a sound that matches this description.
3. Once everyone is finished, give your description of SOUND 3 to PLAYER 1.
4. Receive a description of a sound/movement, make and repeat a sound/movement that matches that description.

SOUND 3:

Sound of Scattering;
lots of small things within
one space.

③

1. Describe player 1's sound in basic terms. →
2. Add something or make one alteration to the description. This is SOUND 5. →
3. Once player 1 is finished, give your description of SOUND 5 to PLAYER 1.
4. ^{Repeat} Make a sound/movement that matches the description on the card you've been given.

SOUND 5:

Sighing hum,
Shouting
breath in through tube,
out

~~Sighing~~ ~~hmm~~
Shouting

④

1. Describe player 3's movement in basic terms. →
2. Add something or make one alteration to the description. This is MOVEMENT 7. →
3. Once player 3 is finished, give your description of MOVEMENT 7 to PLAYER 3.
4. Make & repeat a sound/movement that matches the description on the card you have been given.

MOVEMENT 7:

Moving into back space

While weight drops.

Different Surfaces.

Look up.

⑤

1. Choose one of the four descriptions of sound/movement in front of you.
2. Make and repeat a sound/movement that matches that description.
3. Finish when you like.