WORKSHEET 1

PRESENT LEVEL ASSESSMENT FORM: WHERE AM I?

- 1. Make a list of qualities and skills that you think are important for mastering your instrument and repertoire.
- 2. Rate yourself for each item by making a mark on the line.

Quality or skill	Your level									
	Very low								v	ery high
1	0	1	2	3	4	5	6	7	8	9 10
2										
3										
4										
5										
6										
7										
8										
9										
10										
	0	1	2	3	4	5	6	7	8	9 10

Source: Susan Williams, Quality Practice – A musician's guide, © Susan Williams, 2017 · www.quality-practice.com

WORKSHEET 1

PRESENT LEVEL ASSESSMENT FORM: WHERE AM I?

Look at your list and answer the following questions:

- **1.** What do you notice?
- 2. Are there certain skills or qualities that affect some of the others?

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- 3. Which items do you need to work on in the coming period?
- 4. What do you need in order to improve these items?
- 5. Design a practice schedule or adjust your present schedule.

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