

Maceira, 26-03-2019

Written in the  
morning.

Dear Joany,

It has been two weeks ago that we ~~at~~ haven't seen in contact with each other through the choreographic Love Letters. It feels good to come back to the ritual, a feeling of security and peaceful 'alone time'. Feeling of CU

So, yesterday we have attacked the first day of the coming period of two weeks. It was a day to check-in, finding the modus to get in touch with the research and the work; also that was like a feeling of coming back to a ritual that wasn't been touch for some time. I needed time to switch and 'reset' my mind to it. It made me become aware that we cannot really do two things at the same time and that we need to finish one thing before to commit in another thing. And yes, that's what we did; with care and consciousness we used the day yesterday to get into the work of the solo Blood Flower (working title) 😊

Importance of:

DISCUSSION

Reviewing and for you re-embodiment the materials was important, of course. Yet, crucial were our talks about the underlying motivation, dramaturgy, ideas and formation of imagery. Fuelling the love for that layer of the work is like fuelling the love for the person integrally, so ~~for~~ to love for a person in its deepest essence. If we ~~would~~ fuel the love for only the movements, it would be ~~like~~ comparable to the love we have for somebody's cosmetic, superficial appearance. It may sound very obvious, yet I find it important to reflect upon. We can get easily drifted away from the essence, or more deeper layer of the work, when we let ourselves be seduced by the thin layer on the surface. But rather, when the layers underneath are being discussed, worked up and reflected, it will be feelable by itself on the surface; the surface will be created by itself. And then, yes, we can have big time enjoying what we see and for you what you do, feel and what your physical sensations are.