

you should breathe them in, embrace them, compliment them and act upon them as if they are a gift. BECAUSE THEY ARE A GIFT! Totally ☺! Like you do when you are in real life, listening, looking, observing, acting and reacting in a way that you continue your life, ~~not to~~ and let the odds be WITH you, not AGAINST you. And only you are able to make that decision YES!!!!

In some letters later you share with me that you are happy and excited to translate the topic of madness and honesty in your body, and see how much you have digged into that? Today during the run I saw and FELT you clearly from your guts, honestly acting upon the chair. You made the invisible visible. There's totally NOBODY sitting on that chair, but you make the world appear there; and it will be different for every single viewer. (in reality you are just hitting with a rope on ~~without~~ a chair) The more you believe and create your inner reality, the more it is possible to let it manifest ☺! And now... I haven't heard you saying I KNOW anymore those last days, really, much changes going on there in that little titanic white body ☺

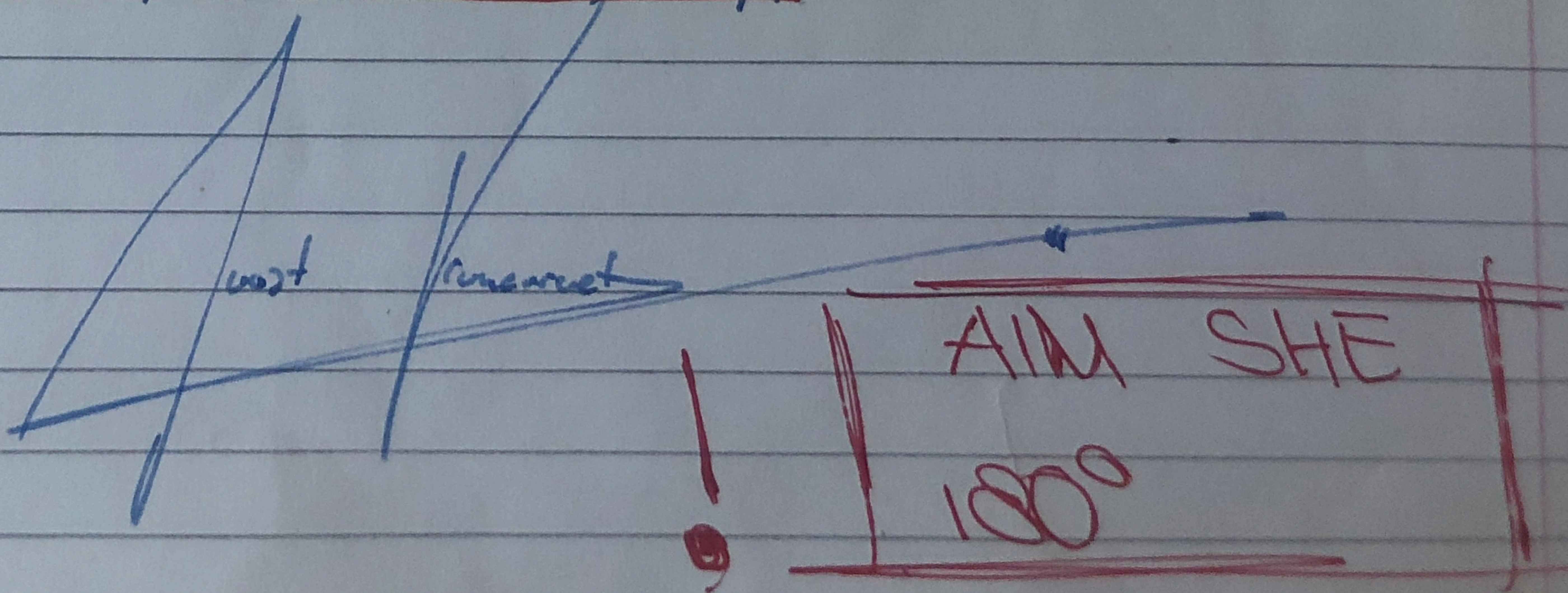
I could continue a whole lot, but I need some space for sleep and distance. But I would like to recall one very important thing that I shared with you and which you have repeated to me passionately: "I'm eager to take this challenge and look at everything upside down!"

(J. Wranks, Choreographic Love Letters, 03-03-2019)

This upside down concept is now the moment for you to embrace it → turn the stuff 180°, feel contradiction internally and you will have the sensation of flight, I guarantee you.

Welcome in my world dear Joany,

Yours,



180°
per-
for-
mer