

MACEIRA, 6 March 2019

written in the
evening

Dear Sonny,

Honesty, fragility, sincerity... And then the stage 😊 It was great to have done the practice this morning on these topic reflections.

True, to be honest could mean to do COMPLETELY nothing, saying nothing, not being engaged in any kind of active action; SO TRUE! But... how much do we ask from our

audience to be able to be with your honesty that you feel from within? Somehow we would need to engage in activating something that sends out this inner most honesty. I think that this act of bridging our inner world (honesty) ~~too~~ with a perception of an audience is the active act of the artist, regardless the discipline.

And the practice doesn't care at all on the form, but it needs a form. And it doesn't matter what it is, as long as the witness (audience) feels or understands that the form is the extension of

honesty. And the best practice is to truly engage yourself in reading, navigating and listening yourself from within and transport that in a way outside. Only an extreme extreme

experienced artist with much craftsmanship could -only sometimes- 'fake' a moment without being noticed. But still, I doubt it, I actually think that those artists would do their best to find something else in the moment to not fake it, but rather embrace something else that is honest. The most significant, but also puzzling and vertiginously confusing

example is Pinocchio: he cannot resist performing his lies: when he is NOT honest, the world sees it immediately, his wooden nose grows longer and longer and will

not stop until he is in line with honesty. His body

Also Pinocchio's body doesn't lie 😊 To be a real boy and grow up human, he loses that body, he should get rid of the honest wooden skin that he has been

carrying... That is the pain of the artist: we are supposed to be grown up human beings, but our duty is to act from complete and total honesty, only then the audience

is happy and accepts their place as being audience. The

Act of bridging our inner world with perception of audience

FORM
PRACTICE
AUDIENCE
↓
HONESTY

PRACTICE

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